HARFORD COUNTY HEALTH DEPARTMENT





DECEMBER 14, 2012

COMMUNITY HEALTH ASSESSMENT













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Harford County Health Department









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I. Executive Summary

The Harford County Health Department's Community Health Assessment (CHA) is an opportunity to learn about the health status of our community. It is a collaborative process that describes the health status of the population, identifies areas for health improvement, determines factors that contribute to health issues, and identifies resources that can be mobilized to improve the population's health.

The Community Health Assessment describes the health status of the residents of Harford County, as compared to the residents of Maryland and the United States. It also examines health trends of County residents over time and identifies racial disparities and geographic areas that lack access to care and that have a high percentage of at-risk populations. Data in this assessment come from a variety of sources, including Maryland Vital Statistics, the United States Census, the Maryland Behavioral Risk Factor Surveillance Survey, the Harford County Department of Community Services, and others.

The Community Health Assessment is part of an ongoing effort in Harford County to identify public health problems and develop initiatives for addressing them. Healthy Harford, a non-profit organization with representatives from a variety of County partners, periodically conducts the Community Health Assessment Project (CHAP). The most recent assessment, conducted in 2010, surveyed residents to identify areas of public health concern. The national County Health Rankings for 2012 and the Maryland State and Local Health Improvement Processes, developed in 2011, provide additional indicators that can be used to assess the health of County residents. These rich sources of data along with the data in this assessment provide a basis for determining the County's most critical public health issues, identifying appropriate initiatives and evaluating chosen strategies.

The demographic data for Harford County suggest a relatively healthy population: Harford is one of the fastest growing jurisdictions in Maryland, with a strong economy and a high proportion of families with incomes above the State average. However, disparities in income exist, with Black or African-American households having a lower median income and being more likely to have incomes below the poverty level when compared to Whites. Most of the County's growth has been along the southern border, an area that also has the greatest concentration of poverty.

For the most part, health indicators for the County compare favorably with those of the State and the nation. However, there are notable exceptions:

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- While Harford County's infant mortality rate is lower than the Maryland rate, the County rate increased between 2001-2005 and 2006-2010, unlike the Maryland rate, which decreased.
- Harford County's mortality rates for the three leading causes of death (heart disease, cancer and stroke), are slightly above the Maryland rates, with both County and State rates decreasing over time.
- Harford County's mortality rate for Chronic Obstructive Pulmonary Disease, the fourth leading cause of death, is well above Maryland's rate and increased by 21% between 2004-2006 and 2007-2009, while the State rate remained the same.
- The suicide death rate for Harford County is well-above Maryland's and almost doubled between 2004-2006 and 2007-2009.
- In 2011, Harford County's death rates from intoxication were the third highest in Maryland.

Health behavior data for the Harford County population help explain the higher than expected mortality rates for County residents:

- Adult smoking rates in Harford County did not substantially decrease between 2005-2007 and 2008-2010, remaining at 20% while the Maryland rate dropped from approximately 18% to 15%.
- Adult and youth binge drinking rates in Harford County are higher than those in Maryland, with the County rates increasing between 2005-2007 and 2008-2010 while the State rates remained the same.
- The rate of narcotic use by Harford County youth is above the Maryland rate and showed marked increases between 2004 and 2007.
- The rate for obesity and overweight adults in Harford County is similar to Maryland's rate, and both have increased between 2005-2007 and 2008-2010.

Access to health care was identified as a problem for some Harford County residents:

- While a higher percentage of the Harford residents have health insurance, as compared to Maryland, the Hispanic or Latino population in the County was two times more likely to lack health insurance when compared to the County population.
- One out of every 10 adults between the ages of 18 and 64 could not afford to see a doctor in 2008-2010, an increase from the previous three-year period.
- Approximately one-fourth of adults between the ages of 18 and 64 had not had a dental visit in 2008-2010.
- When compared to Maryland, Harford County had a lower percentage of colonoscopy screenings, mammography screenings, and vaccinations against influenza.

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- Harford County's ratios of population to dental health providers and mental health providers are above Maryland's, with a severe shortage of mental health providers.
- Four census tracts along the southern border of the County have been designated as Medically Underserved Populations because of a lack of accessible primary care services.

Harford County has a wealth of groups and individuals willing to tackle its difficult public health challenges. The recently convened Local Health Improvement Coalition (LHIC), a component of the Local Health Improvement Process, has over 50 representatives from a wide variety of community organizations. At its meeting in December, 2011, the LHIC identified three major health issues in the County: **obesity prevention**, **tobacco use prevention**, and **behavioral health**, and is working on a Local Health Action Plan to address these issues. Concurrently, the Harford County Obesity Task Force, established by the Harford County Council in October 2011, developed recommendations about programs and policies to create a healthier Harford.

A "Community Health Improvement Plan" is being developed to reflect the work of the LHIC, Obesity Task Force and the goals and objectives of public health improvement efforts. The Local Health Action Plan, supported in part by funding from the Maryland Department of Health and Mental Hygiene, will serve as a road map to reach these goals.

II. Introduction

The **mission** of the Harford County Health Department (HCHD) is to protect and promote the health, safety, and environment of the citizens of Harford County through community assessment, education, collaboration and assurance of services.

To carry out this mission, the health department has adopted the following goals:

- Harford County will exhibit a culture of well-being.
- Residents will value and seek wellness.
- Residents will respect and appreciate the work of the Health Department.



Community health assessments are an important component of carrying out HCHD's mission and are used to inform decisions about public health strategies to improve the health, safety and environment for Harford County residents. This assessment builds on previous efforts to identify and quantify public health concerns, which are described in the first section of the assessment, **Health Assessments and Planning Initiatives**, followed by sections containing

Harford County Health Department Community Health Assessment

demographic and economic information about the County; leading causes of mortality; health behaviors that impact morbidity and mortality; access to health care and healthy foods; and public health care resources.

This assessment highlights trends in health indicators to present a picture of the health of the Harford County population and provide a basis for public health planning. Data in this assessment will serve as a baseline to measure the success of the strategies now being developed to improve the health of all Harford County residents.

III. Health Assessments and Planning Initiatives

A. Healthy Harford

Established in 1993 by leaders from Upper Chesapeake Health, Harford County Health Department, and Harford County Government, Healthy Harford is a community coalition dedicated to improved health outcomes in Harford County. Recognizing that good health extends well beyond the confines of somatic care, Healthy Harford seeks to bring both traditional and nontraditional segments of the community together and by removing barriers and limitations to achieving a healthier lifestyle "create a community where the healthy choice is the easy choice."

Over the years, multiple partners have joined this effort, including additional Harford County government agencies and leaders, public schools, local businesses, healthcare providers, community-based organizations, faith-based groups, and advocacy groups. Some of



Healthy Harford's most ardent supporters include the Harford County Sheriff's Office, Harford Community College, the Harford County Public Libraries, the Department of Planning and Zoning, the Department of Public Works, and other organizational partners not traditionally involved in public health issues.

Healthy Harford maintains both a website (http://www.healthyharford.org/), where residents can access general wellness information, local community activities, and public health updates, and a Facebook page (http://www.facebook.com/HealthyHarford) that provides a more personal interactive venue for health news and trends, local happenings, and events.

Starting in 1996, and roughly every 5 years since, Healthy Harford has conducted a health and lifestyle Community Health Assessment Project (CHAP) survey of Harford County residents to help identify health needs in our community. Based on the Centers for Disease Control (CDC)

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Behavioral Risk Factor Surveillance Survey (BRFSS), this demographically representative phone survey conducted by an independent telemarketing firm provides first hand self-reported data on the health habits and lifestyle activities of Harford County residents. These data are used to develop CHAP Preventive Health and Wellness Report Cards, prioritizing health issues in the community and setting 5 year community health outcome goals which are then re-evaluated and reassessed during the next CHAP survey. The latest CHAP survey was conducted in 2010.

From 1996 to 2006, Healthy Harford had a broad focus, conducting programs and projects on a number of different health issues. In 2007, with almost two-thirds of the County's adult population identified as overweight or obese, with a corollary increase in diabetes, the Healthy Harford Board of Directors voted to narrow that focus to working with community partners to promote healthy lifestyles, improving eating habits and increasing physical activity for the prevention of chronic disease and obesity in Harford County. The goal was not only to provide community education but to improve public health through policy, systems and environmental changes.

In 2008, coalition members conducted a Physical Activity and Nutrition Survey, which delved deeper into the reasons behind the moderate rates of regular physical activity among Harford County residents, as well as the low fruits and vegetable consumption, to explore attitudes, barriers, and possible solutions.

As part of an effort to increase opportunities for physical activity, Healthy Harford advocates for strategies that will enable people to walk and ride bicycles to meet their transportation needs. In 2009, coalition members conducted a Walkability and Bikability Survey around 3 area schools and in 2010, partnered with the Harford County Department of Planning and Zoning (DPZ) to conduct a bicycle survey which reported on residents' interests and concerns about bicycle transportation and their willingness to use bicycles to commute and for routine travel (http://www.harfordcountymd.gov/PlanningZoning/Download/323.pdf).

Information from both of these surveys was used to help draft the 2012 Master Plan and Land Use Element Plan, which for the first time included the concept that the built environment played a strong role in the health of the community. As part of the Land Use Element Plan, a Bicycle and Pedestrian Advisory Board, which includes a number of members from the Healthy Harford Coalition, was convened to draft a Bicycle and Pedestrian Plan (BPP) by the end of 2012. A public workshop/open house took place in March 2012 for the public to learn about the BPP and provide feedback and comments.

In December 2010, the Healthy Harford Advisory Board reviewed information from all of the aforementioned surveys as well as the latest CHAP data and Preventive Health and Wellness

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Report Cards to assess the overall health of Harford County adult residents with the goals of ensuring that health improvement strategies were matching the actual needs. Highlighted indicators that measure the health status of Harford residents, include obesity rates, diagnosed diabetes, use of tobacco, high blood pressure, lack of dental care and behavioral health issues, among others. This information was used to develop next steps which included the drafting of the Obesity Resolution and formation of the Obesity Task Force which will be discussed later on in this report. The full resolution can be accessed online at:

http://www.harfordcountyhealth.com/wp-content/uploads/2012/02/Obesity-Task-Force-Resolution.pdf

B. County Health Rankings



The County Health Rankings project, launched in 2010 with funding from the Robert Wood Johnson Foundation, ranks health outcomes and health factors for nearly every county in the

nation, providing data on a variety of measures that affect health such as the rate of people dying before age 75, high school graduation rates, access to healthier foods, air pollution levels, income, and rates of smoking, obesity and teen births. The *Rankings*, which focus on measuring the overall health of each county on the multiple factors that influence health (http://www.countyhealthrankings.org/about-project), are designed to raise awareness of the many factors that influence health and are provided for counties within each state.

The County Health Rankings Report provides two rankings, one for health outcomes (mortality and morbidity) and the other for health factors (behavioral, clinical, social and economic, and environmental). According to the 2012 report, Harford County ranked 9th highest out of the 24 Maryland jurisdictions on the health outcomes and 8th highest on health factors. Of particular note was the difference within the overall health outcomes measure: Harford ranked 6th out of the 24 counties on length of life, but only 12th on morbidity, with higher average numbers of poor physical health days and poor mental health days.

Within the health factors ranking, Harford County was the 4th worst for physical environment, with 23 air pollution-ozone days compared to an average of 16 for Maryland. For reasons of climate and geography, Harford County has poor air quality, with some blame going to the aging power plants in the Midwest, as well as motor vehicles and industry within Maryland.

The data provided by the County Health Rankings has been useful in drawing attention to the public health successes and challenges faced by Harford County. Both the health outcomes and factor rankings, which fall in the second highest quartile for the State, demonstrate that the

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County has health problems that could be more effectively addressed. This community health assessment provides an opportunity to more fully define these public health concerns.

C. State and Local Health Improvement Process

In an effort to improve the health of all Marylanders, the Maryland Department of Health and Mental Hygiene (DHMH) launched the State Health Improvement Process (SHIP) (http://dhmh.maryland.gov/ship) to focus on health priorities and provide a framework for accountability, local action, and public engagement. Six vision areas, with 39 health objectives, were defined to create and measure progress in Maryland's health. The six vision areas are:

- 1. Healthy Babies
- 2. Healthy Social Environments
- 3. Safe Physical Environments
- 4. Infectious Disease
- 5. Chronic Disease
- 6. Healthcare Access

DHMH provided each jurisdiction in the State with a Local Health Improvement Profile (http://eh.dhmh.md.gov/ship/SHIP Profile Harford.pdf), with local data for the 39 objectives. Harford County is comparable to or better than the State average on 28 of the objectives, but ranks worse than the State on the following 11 objectives:

- Objective 8 Suicide rate
- Objective 19 Air Quality Index exceeds 100
- Objective 24 Adult seasonal influenza vaccine rate
- Objective 25 Heart disease mortality
- Objective 26 Cancer mortality
- Objective 29 Drug-induced deaths
- Objective 32 Adult tobacco use
- Objective 33 Youth tobacco use
- Objective 34 Behavioral admissions to the emergency room
- Objective 35 Alzheimer's related admissions to the emergency room
- Objective 38 Dental care for children and adolescents

With encouragement and support from DHMH, Maryland county health departments developed Local Health Improvement Processes. In Harford County, this process consisted of convening a Local Health Improvement Coalition (LHIC) which reviewed the results of the 39 health objectives in order to determine local priorities, outlined in the Local Health Action Plan. Information about Harford County's LHIC can be found online at:

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http://www.harfordcountyhealth.com/wp-content/uploads/2012/09/LHIP-Main-Page.pdf. The LHIC, chaired by the County Health Officer, first met in December 2011 and utilized the World Café method (http://www.theworldcafe.com/method.html) to set the course for addressing the County's health issues.

The LHIC emphatically declared its top three health priority areas to be: obesity prevention/healthy eating and active living; tobacco use prevention/tobacco-free living; and behavioral health, including mental health and substance abuse prevention. The Coalition understands that physical and behavioral health issues must be addressed in tandem in order to achieve optimal outcomes. Workgroups for each of these priority areas were established, and the strategies designed to address these priorities are included in the Harford County Local Action Plan (http://www.harfordcountyhealth.com/wp-content/uploads/2012/03/Action-Plan-Priorities.pdf).

D. Obesity Task Force

Healthy Harford has been successful in heightening awareness of public health challenges and was instrumental in ensuring the passage of the October 18, 2011 Harford County Council Resolution establishing an Obesity Task Force. The Task Force Committee, chaired by the HCHD Health Officer, has been charged with studying and making recommendations about the programs and policies necessary "for creating a healthier Harford County; to educate Harford County citizens regarding healthier living, food choices, and exercise; to provide for accessibility to healthy and affordable foods; and to identify ways to develop and implement more opportunities for walkable communities and recreational activities throughout the County."

The Obesity Task Force Report, presented in October 2012, is consistent with Harford County's LHIC efforts that have prioritized obesity prevention, as well as tobacco use prevention and behavioral health, as key community health issues. The LHIC Steering Committee serves as the umbrella entity providing direction to and assuring integration of all Harford County community health improvement efforts, including the Obesity Task Force.

E. Summary

Since the founding of Healthy Harford, the Harford County Health Department, Upper Chesapeake Health and other County partners have worked together to assess and improve the health of local residents. The County Health Rankings and Maryland's State and Local Health Improvement Processes (LHIP) provide data on health status indicators, some of which compare unfavorably to the State average, focusing attention on these areas of concern. The

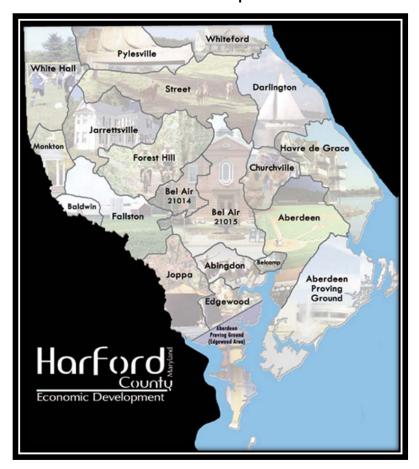
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Local Health Improvement Coalition, established to oversee the LHIP, will provide guidance as health improvement strategies are developed and implemented. This health assessment provides data to highlight public health concerns and to serve as a baseline for evaluation of new initiatives to address health status indicators.

IV. Demographic and Economic Profile

At initial glance, economic and demographic information may not seem to belong in a community health assessment. However, many diseases and causes of death are associated with race, age and ethnicity. The well-being of families and individuals is affected by where they live, the jobs they have, their family incomes and the schooling available. For example, access to health care may depend on the availability of health insurance, often tied to employment, and the availability of transportation to get to health care providers. The profile of Harford County will focus on those indicators that are associated with the health of the population, comparing these to Maryland and the United States, where data are available.

A. Location and Population



Harford County, located in north central Maryland, at the headwaters of the Chesapeake Bay, is bounded by Baltimore County on the west, Pennsylvania on the north, the Susquehanna River on the east, and on the south by the Aberdeen Proving Ground, a United States Army facility.

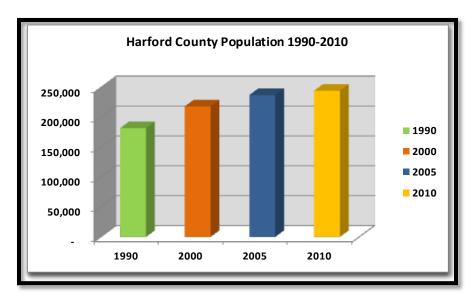
Harford began as a rural county but as the population grows, urban areas are expanding. A suburban "Development Envelope" now borders the traditional agricultural environment of the County as growth has been channeled into the southern portion of the county, along the Route 40 corridor connecting Joppa, Edgewood,

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Aberdeen and Havre de Grace as well as along Route 24 corridor between Abingdon and Bel Air.

The County is one of the fastest growing jurisdictions in the State, with a strategic location between New York and Washington D.C. and serviced by I-95, a major transportation corridor, and rail lines. Harford's population grew from 182,132 in 1990 to 244,826 in 2010, representing a 34% increase; far surpassing the growth experienced by Maryland (9%) during the same 20-year period. Contributing to the growth was the base realignment and closure of Fort Monmouth in New Jersey in 2005. BRAC, as this process is referred to, resulted in a number of federal jobs being moved to Aberdeen Proving Ground and with it an influx of federal employees and their families.

In his 2012 State of the County address, Harford County Executive David R. Craig noted that, during 2011, 80 new defense contractors relocated to Harford County, and the County's retail base expanded exponentially with the addition of new stores as well as the expansion of eight existing companies. He also reported that 2,300 new jobs were created in Harford County, giving the County "one of the best unemployment rates, better than any other place in the Baltimore Region, better than the State of Maryland, and better than the National Government" (State of the County Address, February 21, 2012).



Source: United States Census, Maryland Department of Planning

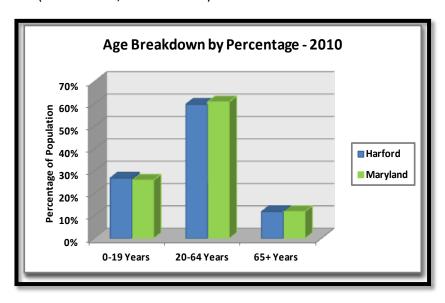
According to the 2010 U.S. Census, the total number of households in Harford is 90,218, with 73.5% considered family households (where at least one member is related to the householder); the majority of these households have a male householder included. Thirty-six percent of households include individuals under 18 years of age while 12% include individuals

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65 years or older. The average family size is 3.13, while the average household size is 2.68. A third of the total households are two-person while approximately 21% are one-person households, the majority of which are female householders.

B. Age

Harford County resembles the State in age distribution, with approximately three-quarters of the population 18 years of age or older. In both the State and Harford County, the percentage of those 65 years old or over is 12%. Harford County's population includes about 15,000 children under the age of five, and approximately 51,700 of the population are between the ages of five and 19 (U.S. Census, Census 2010).



Source: United States Census Bureau, American Community Survey 2006 – 2010

C. Diversity

Harford County's population is less diverse than Maryland's, with a split of 81.2% White and 12.7% Black or African-American, as compared to the State's, where Whites comprise 58.2% of the population and Blacks or African-Americans represent 29.4%. The County has grown more diverse over the last ten years, as the population expanded, and the number of Black or African-Americans living in the County increased by over 50% between 2000 and 2010 (2008-2010 American Community Survey, 3-year estimates, U.S. Census Bureau).

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Percent of Population by Race, Harford County and Maryland, 2010 U.S. Census

Self-reported Race	Harford County	Maryland
White persons*	81.2%	58.2%
Black persons*	12.7%	29.4%
American Indians & Alaskan Native persons*	0.3%	0.4%
Asian persons*	2.4%	5.5%
Native Hawaiian & Other Pacific Islander*	0.1%	0.1%
Persons reporting two or more races	2.5%	2.9%
Persons of Hispanic or Latino origin**	3.5%	8.2%
White persons not Hispanic	79.2%	54.7%

^{*} Includes persons reporting only one race

The percentage of foreign born persons in Harford County is considerably less than the percentage in Maryland: 4.9% as compared to 13.9% of State residents. Most Harford County residents were born in Maryland (65.5%) as compared to Maryland as a whole (47.5%), so it is not surprising that the percentage of Harford County's population that lives in homes where language other than English is spoken (7.9%) is less than half of Maryland's percentage (16.2%) (Quick Facts for Harford County and Maryland, United States Census Bureau, 2010).

A recent survey (2012 American Community Survey 1-year estimate) found a slightly smaller percent (7.1%) of the County population 5 years of age and over, or approximately 16,648 persons, speaks a language other than English at home. A little less than 3% of the County population (6,437 people) speaks Spanish or Spanish Creole at home while a comparable number (6,116 people) speaks "Other Indo-European languages" and 1.3% (3,148 people) speaks Asian and Pacific Island languages. Among individuals who speak another language, approximately one third report that they speak English less than "very well."

D. Education

Harford County Public School District has 53 schools that, during the 2011-2012 school year, served 38,222 students in grades pre-kindergarten through 12. The district's six Title I elementary schools, with the mission to ensure academic achievement for at-risk students attending schools in high poverty areas, are located in the southern portion of the County: two are in Aberdeen, with one each in Edgewood, Havre de Grace, Joppa and Abingdon (http://www.hcps.org/schools/).

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^{**} Hispanics may be of any race, so also are included in applicable race categories Source: Quick Facts for Harford County and Maryland, United States Census Bureau

For the 2011-2012 school year, 87% of the 2,773 Harford County children entering kindergarten were fully "ready to learn," as compared to the Maryland percentage of 83%. These percentages are based on the results of the Maryland Model for School Readiness assessments that measure children's readiness to start school by looking at a number of different domains such as language and literacy, mathematical thinking, social and personal development, and physical development and health.

Not all groups of Harford County kindergarteners had high percentages for readiness to learn:

- 79% of the 829 children who qualified for free and reduced meals entered kindergarten fully ready to learn as compared to 90% of the 1,944 children who did not qualify;
- 81% of the 423 African-American children were fully ready to learn as compared to 89% of the 1,892 White children;
- 83% of the 1,452 male children were fully ready to learn as compared to 91% of the 1,321 female children.

These figures suggest that more African-American, low income and male children were unprepared and face a disadvantage when they begin school (Children Entering School Ready to Learn: The 2011-2012 School Readiness Report, Maryland State Department of Education).

In 2011, the drop-out rate for grades 9-12 was less than 3% for the County, comparable to Maryland's rate, as reported by the Maryland State Department of Education (MSDE) (http://www.mdreportcard.org/). The district was ranked 11th best of the 24 school districts in the State for the 2011-2012 school year according to the website schooldigger (http://www.schooldigger.com/go/MD/districtrank.aspx).

According to the 2010 U. S. Census, a high proportion of Harford residents have high school degrees (91%), as compared to Maryland residents (87.8%). However, less than one-third (30.5%) of County residents 25 years or older have a Bachelor's degree or higher, compared to 35.7% of all Marylanders. The population with the lowest educational attainment is located in Aberdeen and Edgewood, along the southern border of the county (see Map 1, Appendix).

E. Income

The median household income in Harford County was estimated to be \$76,808, higher than the State as a whole (\$70,017), and\$25,000 higher than the median income in the United States. White households had markedly higher median income (\$78,266) than Black or African-American households (\$66,434). Harford County's median family income was estimated to be \$87,636, with White median family income (\$90,324) well above the African-American or Black

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family median incomes of \$74,894 (2008-2010 American Community Survey, 3-year estimates, U.S. Census Bureau).

Harford County has not been immune from the effects of the national recession as witnessed by the steep climb in unemployment, which grew from a low of 2.1% in 2000 to an estimated 7% in 2010, only slightly below the rate in Maryland (7.3%).

10.0% 9.0% 8.0% 7.0% 6.0% 2000 5.0% **2005** 4.0% 2010 3.0% 2.0% 1.0% 0.0% **Harford County United States** Maryland

Unemployment Rate in Harford County, Maryland
And the United States, 2000-2010

Source: United States Bureau of Labor Statistics

F. Housing and Transportation

According to the United States 2010 Census, the percentage of housing units that is owner-occupied in Harford County exceeds that of Maryland: of the total 90,218 housing units in Harford County, 80% were owner-occupied as compared to 67% in Maryland. Renters in Harford County occupy 20% of housing units. While the median income for households in owner-occupied units was \$85,931, the median for renter-occupied units was less than half that amount, \$39,897 (2008-2010 American Community Survey 3-year Estimates).

According to the National Low Income Housing Coalition's 2011 Out of Reach Report, the fair market rent for a two-bedroom unit in Harford County is \$1,263 per month, requiring a \$50,520 income per year, over \$10,000 more than the estimated median income for Harford County renters. This difference suggests that some Harford County residents will be struggling to pay for rental housing.

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The County's public transportation is provided by buses, with the majority of routes located in the lower southern portion of the County, along the Route 40 corridor, with the highest concentration of low to moderate income families (see Map 2, Appendix). The transit routes are not extensive, and it would be impossible to make one's way around the entire County using mass transit. However, less than 5% of households do not have a vehicle, and most households have two or more vehicles.

In Harford County, the mean travel time to work is similar to that of Maryland as a whole, about one-half hour (2008-2010 American Community Survey, 3-year estimates, U.S. Census Bureau). Most workers (84%) drive alone to work, while an estimated 9% of workers carpool. Only about one percent of workers use public transportation (excluding taxicab) to get to work while the remaining workers use other means.

G. Poverty

The estimated poverty rate in Harford County is 6.4%, lower than the Maryland poverty rate, which is slightly above 9%. An estimated 8.5% or 5,168 of those under age 18 are living in families with incomes below the poverty level. At the same time, 1,878 or 6.5% of individuals 65 years and over have incomes below the poverty level (2008-2010 American Community Survey, 3-year estimates, U.S. Census Bureau).

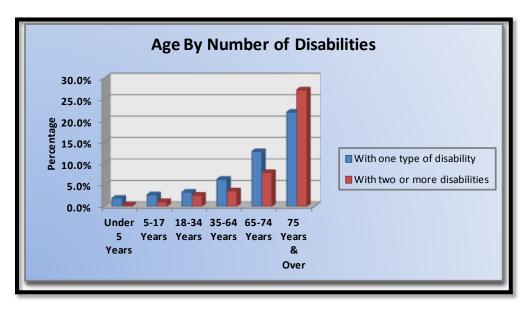
Of the estimated 89,712 households in Harford County, 4,757 households or 5% receive food stamps; an estimated 65% of these households have children less than 18 years of age while 23% have one or more people 60 years of age or older (2008-2010 American Community Survey, 3-year estimates, U.S. Census Bureau).

The poverty rate for Blacks/African-Americans in Harford County is over twice that of Whites, with an estimated 13.5% of Black residents with income below the poverty level as compared to 5.4% of Whites (2008-2010 American Community Survey, 3-year estimates, U.S. Census Bureau). The greatest concentration of poverty is located in the southern portion of the County (see Maps 3 and 4, Appendix).

H. Special Populations

The 2010 U.S. Census Bureau estimates that the County has 341 disabled children under 5 years of age, about 1.6% of the under 5 population; most have hearing and vision difficulties. The percentage of children with disabilities increases for the population 5 to 17 years of age: 3.2% of this age group is disabled, with the most frequent problem being cognitive difficulty.

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Source: United States Census Bureau, American Community Survey, 2008-2010

Approximately 8.7% of adults aged 18 to 64 are disabled, most with cognitive and ambulatory difficulties. Almost one-third (32.7%) of the population 65 years and over is disabled, with more than 18% of this group having difficulty with self-care and independent living. A total of 10% of both White and African-American or Black populations are classified as disabled (United States Census Bureau, American Community Survey, 2008-2010).

The number of homeless individuals in Harford County is growing, doubling from 114 in 2005 to 243 in 2011 (Harford County Homeless Point-in-Time Count, Harford County Department of Community Services). Over a quarter of the population is under 17 years of age or younger.

60% of individuals in the homeless count reported having a disability

Half of the homeless population is living in emergency shelters, with most others living in transitional housing. Twenty-one percent of the population is considered "chronically homeless." Over one-quarter of the homeless population reported having mental health problems, while 12% reported drug or alcohol abuse.

I. Summary

Harford County is a relatively affluent community in one of the wealthiest states in the nation. The median income of households in the County is above Maryland's, and well above the nation's. Indicators of education, homeownership, employment and poverty level draw a

Harford County Health Department Community Health Assessment

picture of a county with a well-educated, prosperous population. However, disparities in income and education have been identified: African-American or Black households have a lower median income when compared to Whites; African-Americans are more than twice as likely to be poor; and African-American children are less likely to be fully ready to learn when entering kindergarten. The County also has marked differences in poverty levels between the populations in the northern and the southern portions of the County, where most of the County's growth has been. The demographic changes over the last 20 years have brought more diversity to the County's population, with the accompanying growth in population bringing a need for increased social and health services.

V. Health Outcomes

A. Births & Infant Deaths

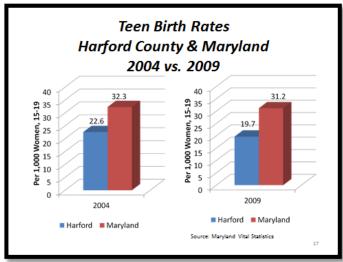
In 2010, 2,708 babies were born to Harford County residents, for a birth rate of 11.1 per 1,000 population, slightly lower than the birth rate (12.8/1,000) of Maryland as a whole. Both Harford County's White birth rate at 10.6/1,000 and the Black rate at 13.5/1,000 were also lower than Maryland's (12.0/1000 and 14.0/1000 respectively). Most births occurred outside of Harford County, with slightly more than 1,000 babies born in the County and 1,395 babies born in other Maryland counties, 204 born in Baltimore City, and the remaining 29 babies born out-of-state. (Vital Statistics Administration, Maryland Department of Health and Mental Hygiene (DHMH))

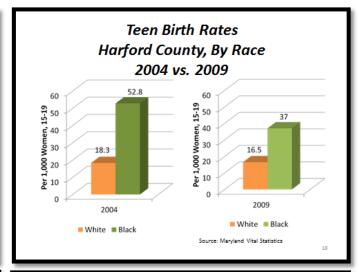
Harford County has seen a decrease in teen births, in line with both national and State-wide trends. Both White and Black rates have decreased significantly since 2001. However, Black rates continue to be higher than Whites.

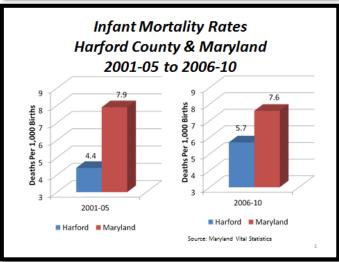
Infants born to teens are 2 - 6 times more likely to have low birth weight than those born to mothers age 20 or older, most often due to prematurity. Infants born to teenage mothers are also at greater risk for developmental problems

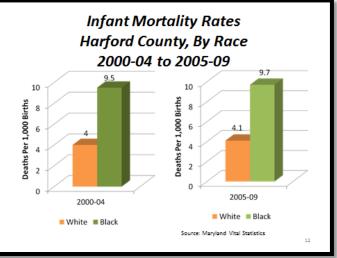
(http://www.nlm.nih.gov/medlineplus/ency/article/001516.htm).

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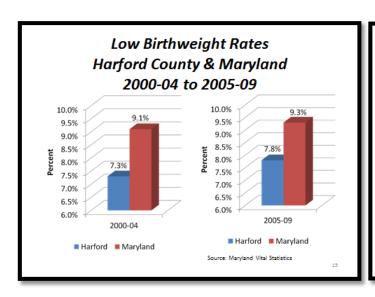


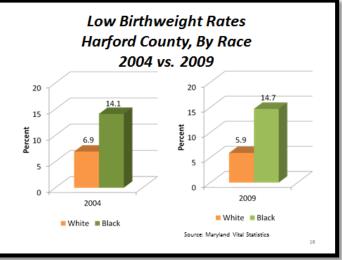






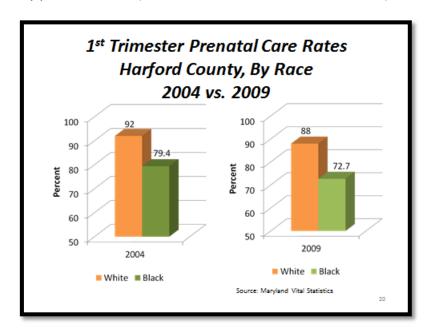
While Harford County's infant mortality rate (i.e. the number of babies who die in the first year of life per 1,000 live births) has been consistently lower than Maryland's, the rates have increased by 28% between 2001-2005 and 2006-2010, going from 4.4 to 5.7. As in the State as a whole, there is a considerable disparity between Harford County's White infant mortality rate and the Black rate, although both are lower than Maryland's rates. The leading causes of infant mortality are preterm/low birthweight births, congenital anomalies, and Sudden Infant Death Syndrome (SIDS). Preterm/low birthweight births are associated with two-thirds of all infant deaths. The low birthweight rates for infants born to Harford County residents have increased between 2001-2004 and 2005-2009, but only for Black infants. Low birthweight for White births has decreased. (Vital Statistics Administration, DHMH)





While risk factors associated with infant mortality are multiple, including behavioral, environmental and socio-demographic risks, health care risks such as late prenatal care have been shown to increase infant mortality by as much as 40%. The early prenatal care rates in Harford County decreased significantly between 2004 and 2009 for both Whites and Blacks.

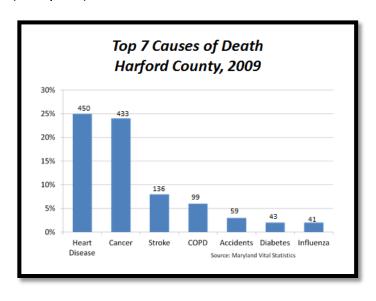
Harford County's birth outcomes are better than Maryland's, but little progress has been made in decreasing the percentage of low birthweight births, and the percentage of pregnant women receiving early prenatal care decreased in 2009, compared to 2004. Racial disparaties in birth outcomes are substantialin the County, as in the State, with Black babies more likely to be low birthweight and more likely to die before their first birthdays. Black pregnant women are also less likely to get early prenatal care. (Vital Statistics Administration, DHMH)



B. Mortality (Chronic Disease)

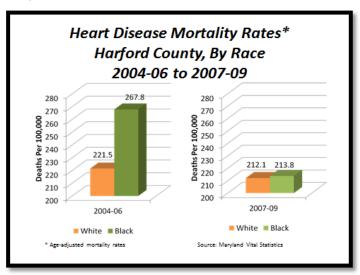
According to the 2010 Annual Report of the Vital Statistics Administration (DHMH), Harford County residents have a life expectancy (calculated at time of birth) of 78.9 years, comparable to that of Maryland. However, as with many other health measures, disparities exist between Whites and Blacks, with the life expectancy for Haford County Whites estimated to be 79.0 years while for Blacks, the estimation is 77.1 years. County Blacks have a higher life expectancy than the Maryland Black population (75.5 years), while County Whites have a lower life expectancy than Maryland's White population (79.7 years).

As in Maryland, the leading causes of death in Harford County are heart disease, cancer, stroke and chronic obstructive pulmonary disease (COPD). These deaths are often the result of chronic diseases that can be prevented or treated successfully. While County residents' 2008-2010 age-adjusted death rates were slightly higher than Maryland's for the three leading causes of death, the death rate for COPD in Harford is significantly greater than Maryland's (Vital Statistics Administration 2010 Annual Report, DHMH).



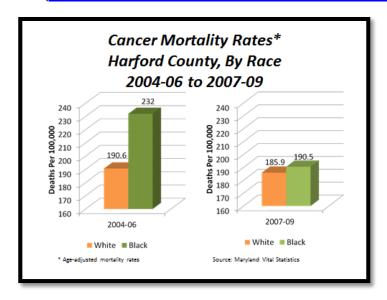
Heart disease mortality rates have decreased from 223.6 per 100,000 in 2004-2006 to 210.7 in 2007-2009, reflecting a State-wide trend. However, as noted in Harford's Local Health

Improvement Process, Harford County's rate is still above Maryland's rate of 194.0 (http://eh.dhmh.md.gov/ship/SHIP_Profile_Harford.pdf). The most substantial decrease in rates between 2004-2006 and 2007-2009 is that of the Black population, reaching a rate slightly above the White rate.



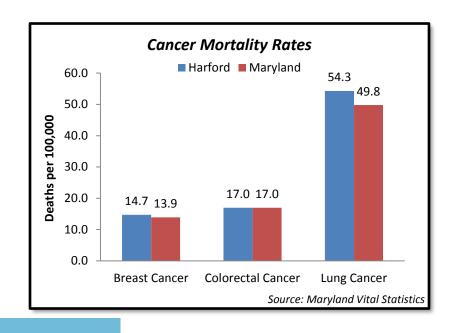
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Similarly, cancer mortality has been decreasing, with the Black mortality rate dropping considerably from 2004-2006 to 2007-2009, and with the disparity between White and Black rates decreasing dramatically. However the County's rate of 185.8 is well above Maryland's rate of 177.7 for 2007-2009 (http://eh.dhmh.md.gov/ship/SHIP_Profile_Harford.pdf).



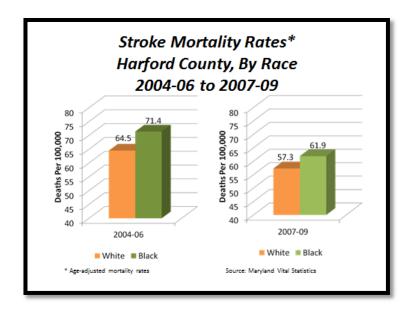
Particularly noteworthy is the decrease in the colorectal mortality rate in Harford County, which is now comparable to the Maryland mortality rate. This may be due to the vigorous colorectal screening program undertaken in the County over the last ten years.

Other cancer mortality rates are above those of the State as a whole, including breast cancer, which has remained constant between 2004-2007 and 2008-2010, and lung cancer, which has shown less of a decrease than Maryland's rate (Vital Statistics Administration, DHMH).

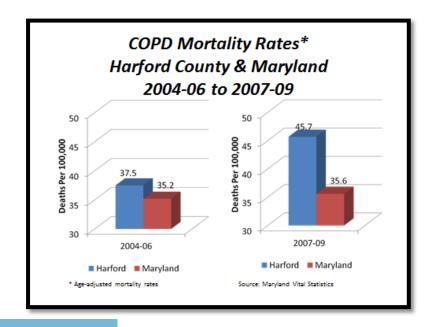


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Harford County's stroke mortality rate has also decreased: the 2007-2009 rate was 57.3, only slightly higher than the State rate of 55.7. The mortality rate disparity between the White and Black rates has dropped as well (Vital Statistics Administration, DHMH).



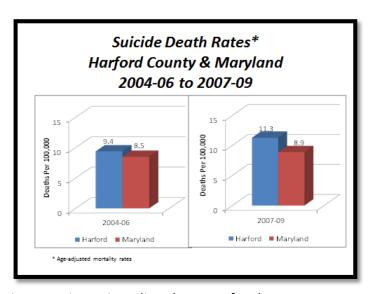
A significant difference is seen between the COPD mortality rates in Harford County and Maryland, with deaths from COPD increasing in Harford County, unlike the mortality rates for the three leading causes of death (Vital Statistics Administration, DHMH). The high percentage of Harford County adults (an estimated 20%) who smoke as well as the high number of days per year when the Air Quality Index exceeded 100 may contribute to the increased COPD mortality rates (http://eh.dhmh.md.gov/ship/SHIP_Profile_Harford.pdf).



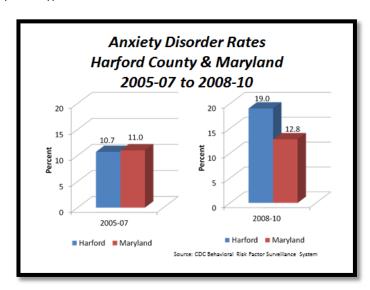
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C. Mortality (other causes)

Harford County's violence mortality rate, i.e., deaths due to homicide and suicide, is lower than Maryland's: 14.3 deaths per 100,000 population as compared to 18.3/100,000 (2006-2009, Vital Statistics Administration, DHMH). However, when considering the rate of suicides only, Harford compares unfavorably with Maryland, and the County's suicide rate has increased between 2004 -2006 and 2007-2009 (Vital Statistics Administration, DHMH).



The increase in suicide rates is consistent with an increase in anxiety disorder rates for the County. While these increased slightly in Maryland between 2005-2007 and 2008-2010, Harford County's rate almost doubled, suggesting a need for increased mental health services for the population (Center for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System (BRFSS)).



Harford County's rate of emergency department visits for a behavioral health condition per 100,000 age-adjusted population (LHIP objective 34) is 1,243.7 in comparison with the Maryland rate of 1,206.3, indicating that County residents are more likely to go to the hospital with behavioral health problems (Health Services Cost Review Commission, 2010).

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Substance abuse is a serious problem in Harford County, where the 2011 death rate from intoxication (22.22 per 100,000 population over 14 years of age) was the third highest in Maryland, behind its neighbor Cecil County (28.59) and Baltimore City (35.14) but well above Maryland's rate (13.94). Forty people died from heroin, cocaine, or alcohol use in 2011, an 8% increase over 2010. Twenty-six died from using prescription drugs, such as oxycodone/hydrocodone and methadone, another 9 died from heroin intoxication (Maryland Office of the State Medical Examiner, provided by the Harford County Office of Drug Control Policy).

D. Summary

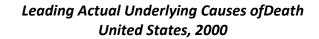
Racial disparities are seen in Harford's birth outcomes that, while better than Maryland's, show that Black infants are more likely to be born at low birthweight and over twice as likely to die before their first birthdays. Harford's age-adjusted rates for the top three causes of death (heart disease, cancer and stroke) reflect racial disparities, with Blacks more likely to die than Whites. The good news is that Black mortality rates for heart disease and cancer, the two most frequent causes of death, dropped markedly from 2004-2006 to 2007-2009, as did the rates for Whites, although Black rates remain above White rates. The County's mortality rates due to suicide and substance abuse are above the State's rate, and the suicide rate is trending upward.

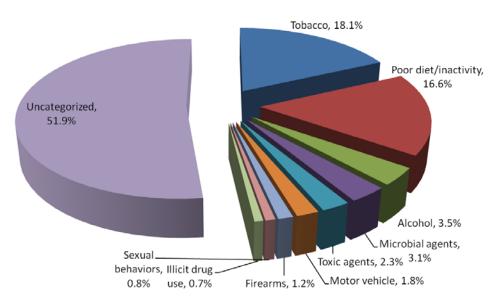
Cour	nty rank	s worse	than the S	tate
Indicator	Harford	Maryland	Comparison	Disparity
Heart Disease Mortality	210	197.8	×	⇔
Cancer Mortality	185.8	177.7	×	\leftrightarrow
Stroke Mortality	57.3	55.7	<u>K</u>	↔
COPD Mortality	45.7	35.6		X

Harford County's mortality rates for the top four causes of death are above Maryland's, although the socio-economic indicators for the County are better than Maryland's. Decreasing the disparities between White and Black mortality rates as well as changing health behaviors, as discussed below, could bring positive changes to the County's death rates.

VI. Health Behaviors

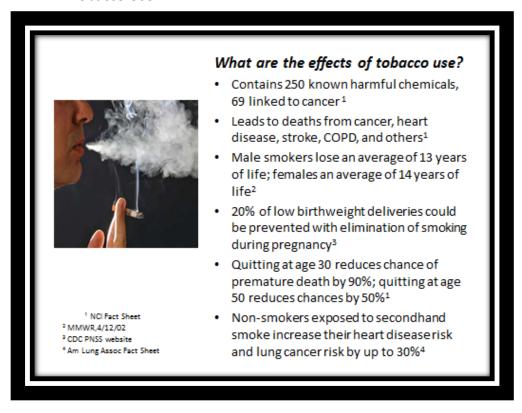
Deaths from chronic diseases are often preventable, with lifestyle choices having a major effect on health. The following chart illustrates behaviors that have been found to contribute to death. Data on tobacco use, poor diet and inactivity, and alcohol consumption for the Harford County population, which do not compare favorably with Maryland data, suggest that the mortality rates for the top four causes of death for Harford County residents could be decreased by changes in behavior.



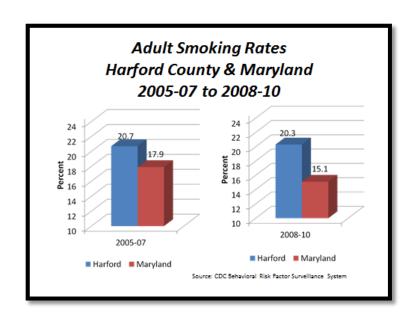


Source: Mokdad AH, et al, JAMA, Mar 2004

A. Tobacco Use

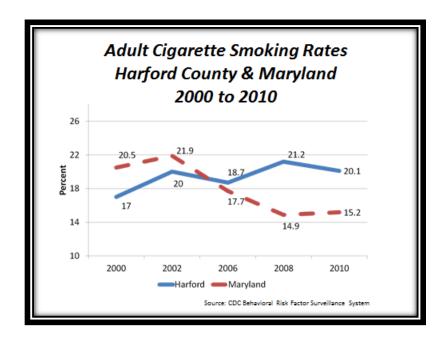


The adult smoking rate in Harford County has changed very little since 2005-2007 (CDC BRFSS), possibly contributing to the County's increasing COPD mortality rate. These tobacco use data are confirmed by 2010 Harford County Community Health Assessment Project (CHAP), which indicate that 19.8% of the County's adult population use tobacco.

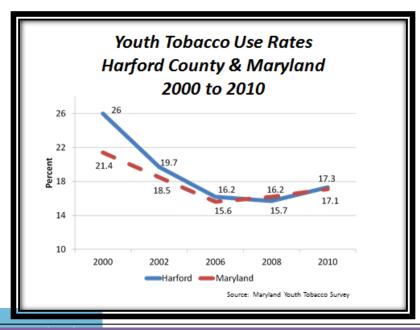


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The LHIP Objective 32 on adult smoking indicates that Harford County has a higher rate when compared to the State. In fact, smoking rates in the County increased over the last ten years, with only a slight drop detected in 2010 as the State rate decreased (CDC BRFSS).



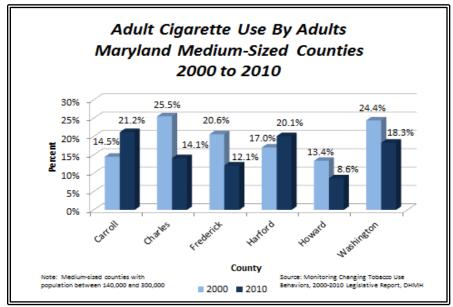
Harford County has seen more success in the decrease of tobacco use by minors, with 2010 tobacco use rates comparable to Maryland as a whole. The rate of tobacco use by Harford youth as compared to Maryland was considerably higher in 2000 with a statistically significant drop in use for all tobacco products and for cigarettes between 2000 and 2010. The percentage of youth smoking cigars decreased between 2000 (11.3%) and 2006 (7.3%), only to rise again in 2010 (10.0%). (Maryland Youth Tobacco Surveys, 2000 – 2011)

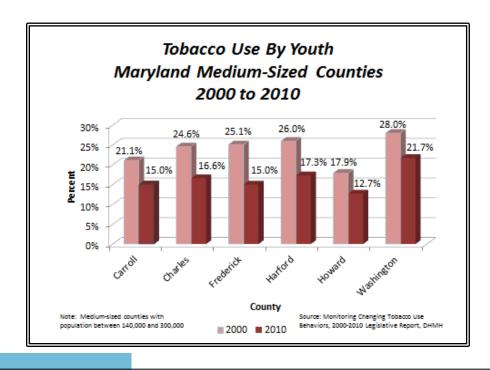


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Consistent with adult smoking rates, Harford County has a higher rate for exposure to secondhand smoke (5.2%) when compared to Maryland (4.8%) (2008 CDC BRFSS). Secondhand smoke has been linked to asthma and chronic lung disease, among other health problems.

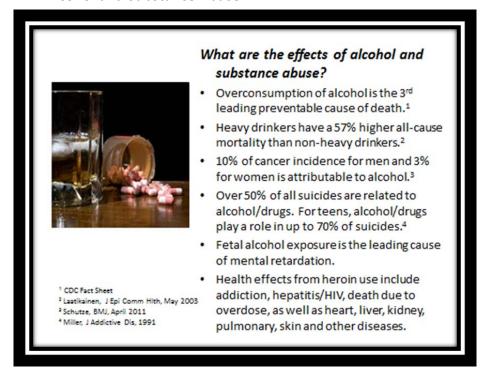
Data in the DHMH legislative report "Monitoring Changing Tobacco Use Behaviors, 2000-2010" illustrate that, compared with five counties of comparable size in Maryland, Harford County is one of only two counties showing an increase in adult cigarette use from 2000 to 2010. Also, when compared with similar-sized counties in Maryland, Harford County had the second highest youth tobacco use prevalence in 2010.



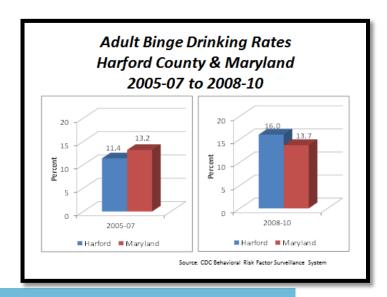


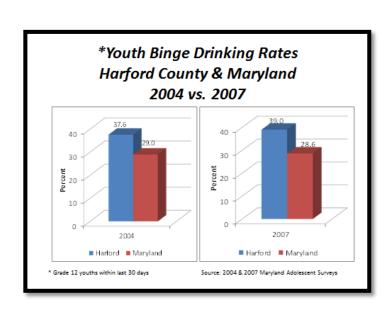
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B. Alcohol and Substance Abuse



While the estimated percent of Maryland adults who were binge drinking remained about the same between 2005-2007 and 2008-2010, Harford County's percentage jumped from 11% to 16% (CDC BRFSS). Results of the Maryland Adolescent Survey (MAS) show that an estimated 39% of Harford County high school seniors had five drinks in a row or in a single session (binge drinking) in the past 30 days in 2007. Alcohol use plays a role in many of the leading causes of death for young people: motor vehicle accidents, injuries, violence and suicide. Drinking can also lead to risk taking behavior, such as dangerous driving, other drug use, and sexual activity.





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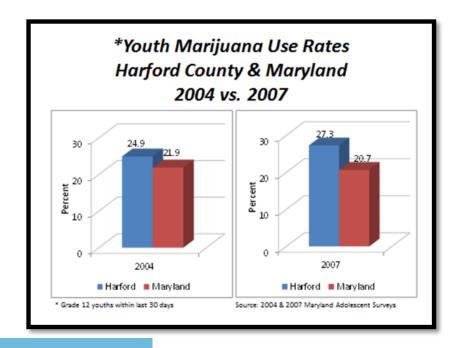
Binge drinking costs everyone.

- Drinking too much, including binge drinking, cost \$746 per person, or \$1.90 a drink, in the US in 2006. These costs include health care expenses, crime, and lost productivity.
- Binge drinking cost federal, state, and local governments about 62 cents per drink in 2006, while federal and state income from taxes on alcohol totaled only about 12 cents per drink.
- Drinking too much contributes to over 54 different injuries and diseases, including car crashes, violence, and sexually-transmitted diseases.
- The chance of getting sick and dying from alcohol problems increases significantly for those who binge drink more often and drink more when they do.

Source: CDC Vital Signs, January 2012 (http://www.cdc.gov/vitalsigns/BingeDrinking/)

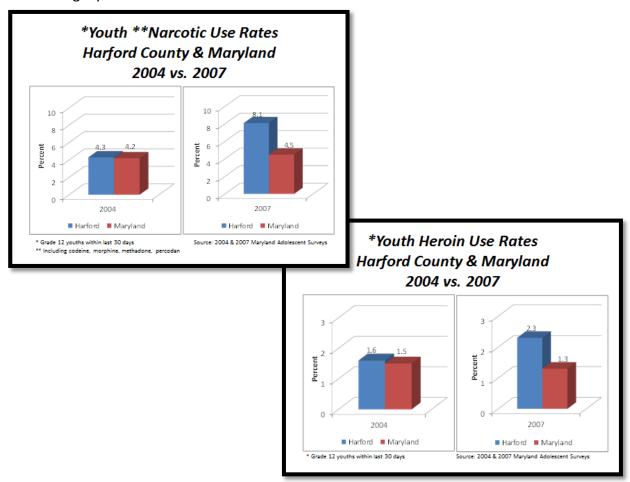
Youth substance abuse has been identified as a major health concern in Harford County. In February 2012, County Council President Billy Boniface noted that drug and alcohol abuse by teens in the County is growing at an "alarming" rate and noted, "Addiction is a topic most tend to avoid....but now is the time to come together both government and community to address the issue. No one chooses to be an addict. It's a disease and should be dealt with accordingly." (2012 Legislative Address, February 21, 2012).

Comparison of 2004 and 2007 data from the MAS shows that marijuana use by Harford 12th graders increased and is greater than the marijuana use of the Maryland 12th grade population. More recent data from the 2010 Maryland Youth Tobacco Survey (MYTS) show that over one-third of all high school students used marijuana: 36% of Harford 9-12 graders and 35% Maryland 9-12 graders. According to the 2010 MYTS, more than one-fifth of high school students in Harford (23%) and in Maryland (22%) used marijuana during the past 30 days.



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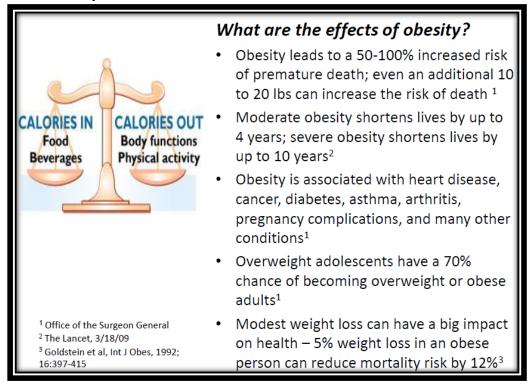
The most recent data available, which comes from the Maryland Adolescent Survey, indicate that narcotic drug use by youth has increased, with a rate of use in Harford County (8.1%) as compared to the State (4.5%). The use of both narcotics and heroin by County high school seniors was almost twice as high in 2007 when compared with Maryland's 12th grade population, indicating a growing problem. Narcotics are often prescription medications being used illegally.



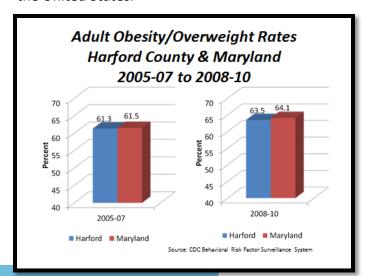
Substance abuse is associated with an increased risk for chronic disease, unsafe health behaviors such as high-risk sexual behaviors, unintentional injury and mental health problems. Youngsters may experience other problems, such as absenteeism from school, academic difficulties and poor judgement, that can also be attributed to substance abuse.

According to 2011 data for Harford County, provided by the Maryland Department of Juvenile Justice, 159 juveniles were arrested for offenses involving controlled dangerous substances (CDS), and 84 were arrested for alcohol related offenses. Over 50% of the juveniles arrested for CDS offenses were from the Bel Air and Edgewood communities, while 42% of those arrested on charges involving alcohol were from these two communities.

C. Obesity



Being overweight is defined as having a body mass index (BMI) between 25 and 29.9 while being obese is defined as having a BMI equal to or greater than 30. Obesity increases the risk of having chronic diseases, such as heart disease, stroke, and some cancers (breast, colorectal, endometrial, and kidney). According to the CDC, chronic diseases cause seven out of 10 deaths each year and account for 75% of costs spent on medical care (Center for Disease Control and Prevention, *Chronic diseases: the power to prevent, the call to control, at-a-glance 2009*). Consequently, the impact of obesity is substantial in Harford County as well as in Maryland and the United States.



For the 2008-2010, an estimated 35.8% of the adult population in Harford County was classified as overweight, and 27.6% were obese. The White non-Hispanic population had lower percentages of overweight (36.7%) and obesity (26.9%) as compared to the Black-non-Hispanic population (42.4% overweight, 33% obese) (CDC Behavioral Risk Factor Surveillance System).

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Type 2 diabetes, which accounts for about 90% to 95% of all diagnosed cases of diabetes, is associated with obesity. African Americans, Hispanic/Latino Americans, American Indians, and some Asian Americans, Native Hawaiians or Other Pacific Islanders are at particularly high risk for type 2 diabetes and its complications

(http://www.cdc.gov/diabetes/pubs/general11.htm#gen_c).

An estimated 7.4% of White, non-Hispanic and 10.5% Black, non-Hispanic individuals have been diagnosed with diabetes (excluding diabetes in pregnancy) in Harford County. These percentages are lower than comparable percentages for Maryland, where an estimated 8% of the White non-Hispanic and 12.9% of Black non-Hispanic populations have been given the diagnosis (2008 -2010, Maryland Behavioral Risk Surveillance System).

The Maryland Youth Tobacco Survey (MYTS), conducted biannually in public middle and high schools in Maryland to assess the prevalence of risk factors and behaviors, provides data on obesity in 12 – 18 year olds. The survey asks about the height and weight of the respondent, and these values are used to determine overweight and obesity. Overweight and Obese are determined by measuring BMI-for-age, a Centers for Disease Control and Prevention (CDC) methodology that takes into account a youth's height, weight, gender, and age in months.

The results of the MYTS indicate that, in 2010, an estimated 9.8% of Harford County youth were obese as compared to 11.6% of Maryland youth. Black youth had higher percentages of obesity in both Harford County and Maryland.

Estimated Percentage of Obesity for Middle and High School Students Harford County and Maryland, 2010

Middle and High School Students	Harford County	Maryland
Total middle and high school	9.8%	11.6%
Total Female	7.2%	9.2%
Total Male	12.5%	14.1%
White	8.2%	8.7%
Black	15.2%	15.1%
Hispanic	12.3%	13.9%

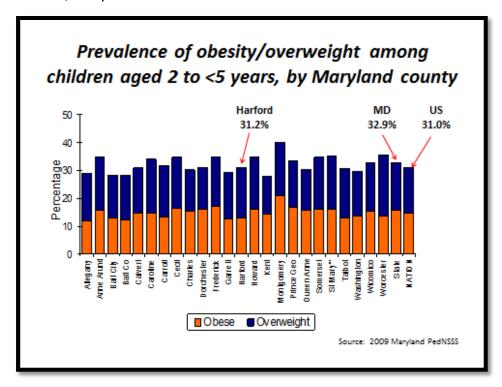
Source: 2010 Maryland Youth Tobacco Survey, Maryland Department of Health and Mental Hygiene

Estimates on the rates of overweight and obesity for children aged two through four are available from the Centers for Disease Control's Pediatric Nutrition Surveillance System (PedNSS), using data from the Special Nutrition Program for Women, Infants and Children (WIC). The most recent data available, from the 2010 PedNSS, show that 17.4% of Harford

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County WIC participants two through four years of age were overweight and 13.6% were obese, as compared to the Maryland results of 16.5% overweight and 15.7% obese.

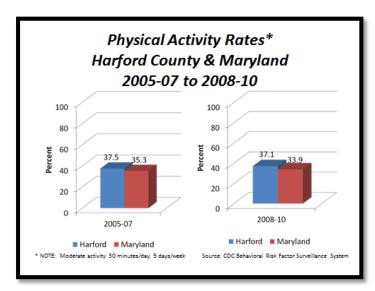
The following bar chart shows data from the 2009 PedNSS report, provided by the CDC, comparing the prevalence of obesity and overweight for preschool WIC participants for Maryland counties, Maryland and the United States.

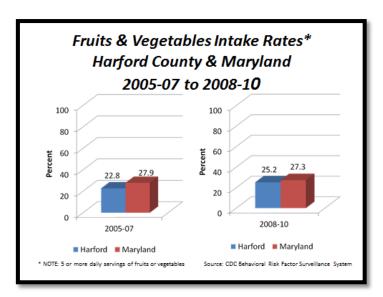


The PedNSS analysis is for a selected population of children: WIC participants must be income eligible (185% or less of the poverty level) and have a nutritional risk in order to be enrolled in the program. However, these data are consistent with the national increase in the rates of overweight and obesity, even the very young, bringing risk factors for cardiovascular disease, Type 2 diabetes, sleep apnea, asthma and psychosocial consequences (such as social discrimination)(Childhood Overweight, What Research Tells Us, Center for Health and Health Care in Schools, September 2007).

A number of explanations have been offered about why obesity is now at epidemic proportions. In 2001, the Surgeon General's Call to Action noted that poor eating habits and physical inactivity contribute to increased levels of overweight and obesity (U.S. Department of Health and Human Services, The Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity, 2001).

The 2008 Guidelines, science-based guidance to help Americans improve their health, recommends that adults do at least 150 minutes of moderate intensity or 75 minutes of vigorous intensity physical activity per week or an equivalent combination of the two (Centers for Disease Control and Prevention, State Indicator Report on Physical Activity, 2010 National Action Guide). Slightly more than one-third of Harford County adults exercise as recommended by federal guidelines, a slightly higher percentage than Maryland.





Eating fruits and vegetables contribute to a healthy diet. However, only one-fourth of Harford County adults eat the recommended five or more fruits and vegetables a day, a smaller percentage than the Maryland population (CDC BRFSS).

D. Summary

Obesity, tobacco use and behavioral health stand out as three significant health problems in Harford County. The percentage of overweight/obese adults in Harford County is similar to the State as are the percentages of County adults who meet the physical activity guidelines and eat the recommended daily amount of fruits and vegetables. The percent of Harford County's adults who use tobacco, however, is well above the State percent. Tobacco use and obesity contribute to chronic disease, and the mortality rate from heart disease, cancer, and COPD for Harford residents is above the rate for Maryland.

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worse than	or eve	n with th	e State
Indicator	Harford	Maryland	Comparison
Adult Tobacco Use	20.3%	15.1%	X
Youth Tobacco Use	17.3%	17.1%	X
Adult Binge Drinking	16.0%	13.7%	X
Youth Binge Drinking	39.0%	28.6%	X
Youth Marijuana Use	27.3%	20.7%	X
Youth Narcotic Use	8.1%	4.5%	X
Youth Heroin Use	2.3%	1.3%	X
Obesity/ Overweight	63.5%	64.1%	\leftrightarrow
Physical Activity	37.1%	33.9%	←→
Fruits/ Vegetables	25.2%	27.3%	

Substance abuse, both alcohol and illegal drugs, is a major problem in the County, as illustrated by a death rate from intoxication that is the third highest in the State. Suicide rates are also climbing, suggesting that behavioral health is a significant public health problem.

VII. Access to Health Care

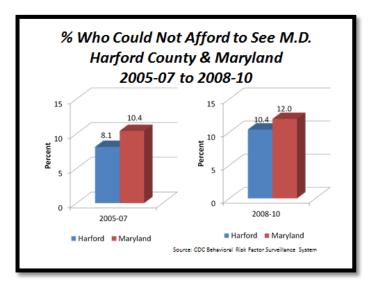
A. Health Insurance coverage

Access to health care takes into consideration the ability of a person to receive health care services, a function of the availability of the services and whether or not the person can pay for services. Lack of health insurance to cover the cost of services often keeps people from accessing needed health care, which can lead to serious health problems. Indeed, for adults under the age of 64, not having health insurance is associated with increased mortality (*Health Insurance and Mortality in US Adults*, Andrew P. Wilper, MD, MPH, Steffie Woolhandler, MD, MPH, Karen E. Lasser, MD, MPH, Danny McCormick, MD, MPH, David H. Bor, MD, and David U. Himmelstein, MD, American Journal of Public Health, 2009).

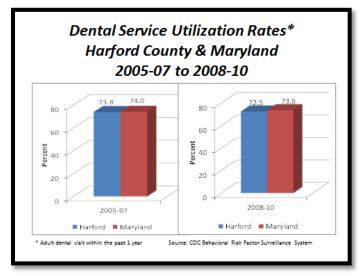
In Harford County, an estimated 7% of the population does not have health insurance coverage, with 10% of adults between the ages of 18 and 64 years lacking insurance as compared to Maryland where 11.3% of the total population lacks coverage and 15.5% of adults between the ages of 18 to 64 are uninsured(2010 American Community Survey 1-Year Estimates, U. S. Census Bureau). Of the various population groups in Harford County, the Hispanic or Latino

Harford County Health Department Community Health Assessment

population (of any race) has the highest proportion of uninsured individuals (16.3%), much lower than the estimated 35% of Hispanic or Latino population in Maryland who lack health insurance. Harford County's White population has a lower percentage of uninsured (6.1%), when compared to the Black or African-American population (12.9%) (2010 American Community Survey 1-Year Estimates, U. S. Census Bureau).



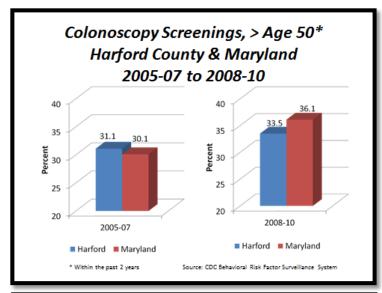
In 2008-2010, one out of every 10 Harford County adults between the ages of 18 and 64 could not afford to see a doctor, an increase over 2005-2007 (CDC BRFSS)..

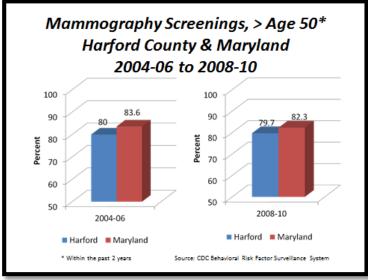


Less than three-fourths of adults between the ages of 18 and 64 years had a dental visit in 2008-2010, comparable to Maryland and a slightly lower percentage than 2005-2007 (CDC BRFSS).

Harford County's LHIP objective 38 measuring, "the percentage of children 4-20 years enrolled in Medicaid that received a dental service visit in the past year" (CY 2009 Maryland Medicaid data) indicates that, 58.2% Medicaid children received a dental visit, only slightly lower than Maryland's 59% (http://eh.dhmh.md.gov/ship/SHIP Profile Harford.pdf).

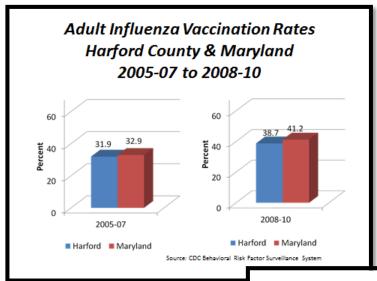
B. Availability of Preventive Health Services

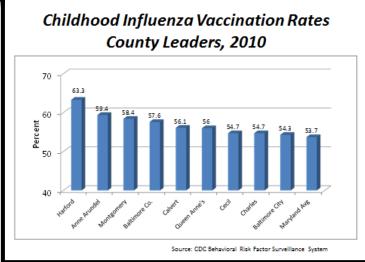




With grants from the Maryland Tobacco Fund Program, the Harford County Health Department has supported screening for colorectal and breast cancer since 2001. The County has had a decrease in colorectal cancer deaths in 2007-2009, although breast cancer death rates have remained unchanged and are slightly above the Maryland rate. The County lags behind in the percentage of colonoscopies and mammography screenings performed in 2008-2010 although the percentage of colonoscopy screenings has increased. (CDC BRFSS)

Harford County Health Department sponsors influenza immunization clinics for adults and has increased vaccination rates in 2008-2010, as compared to 2005-2007, although the rate remains lower than Maryland's, as noted in the Harford County Health Improvement Process (http://eh.dhmh.md.gov/ship/SHIP Profile Harford.pdf). However, Harford County leads Maryland jurisdictions in childhood influenza vaccination rates, immunizing children in schools during 2011. (CDC BRFSS)





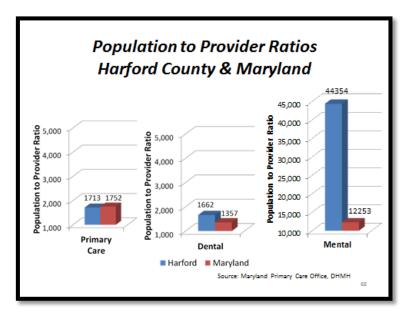
C. Access to Medical and Dental Care

When health care providers are not available in a geographic area, the federal government can designate the area as a Health Professional Shortage Area (HPSA), which makes the area eligible for additional resources including health care providers who are on a special immigration program through the J1Visa Waiver Program, or who are funded through the National Health Services Corps, or who participate in the dental or physician Loan Assistance Repayment Programs. Also, providers may be entitled to enhanced Medicare and Medicaid reimbursements (http://fha.dhmh.maryland.gov/ohpp/docs/HPSA Factsheet.pdf).

The ratio of population to primary care provider (1 provider for every 1,713 residents) in Harford County is similar to Maryland's. The number by itself does not represent a shortage of physicians. However, four southern census tracts running along the boundary of the Aberdeen

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Proving Ground have been included in a HPSA because of a lack of accessible primary care (see Map 5, Appendix). Also, while it appears that there is an adequate number of dentists to provide care to County residents (1 dentist for every 1,662 residents) when compared to the Maryland ratio, the southern portion of the County, bordering Aberdeen Proving Ground, is a Medicaid eligible HPSA for dental professionals, meaning that there are not enough Medicaid providers to see the Medicaid population (see Map 6, Appendix).



Source: Maryland 2004 Claritas; 2006-2007 Maryland Board of Physicians; 2008 Maryland State Board of Dental Examiners. Data provided by the Maryland Primary Care Office, 7/1/10

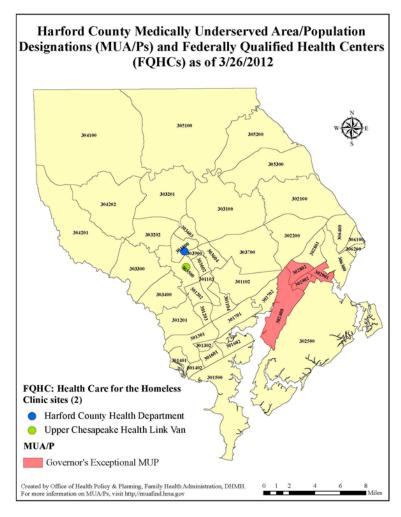
As reflected in the bar chart above, there is a ratio of one mental health professional to every 44,354 residents in Harford County. State-wide this ratio is one mental health professional to every 12,253 residents. This lack of mental health service providers has resulted in the federal designation of Harford County as a mental health HPSA.

Because access to medical services in the southern portion of Harford County is a problem, the County submitted an application to the U.S. Health Services and Resources Administration, Health and Human Services requesting designation of four census tracts in the south as medically underserved, so that the area would be eligible for a Federally Qualified Health Center(http://bhpr.hrsa.gov/shortage/hpsas/designationcriteria/primarycarehpsaoverview.html).

The Maryland Primary Care Office (DHMH), in partnership with Healthy Harford and the Harford County Health Department, documented that the tracts highlighted in red on the map below had unusual local conditions that presented a barrier to access to personal health services for the population. The area has received the federal designation of Governor's Medically Underserved Population, so it is now eligible to establish an FQHC or to become a

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satellite clinic for an FQHC, increasing access to health care providers for area residents and providing more affordable care, on a sliding fee scale, to residents who are underinsured or uninsured.



While no FQHC has been established in this area, health services are available, on a sliding fee scale, through the Upper Chesapeake HealthLink Primary Care Clinic (UC HealthLink PCC). The clinic is funded by the Upper Chesapeake Health Foundation and supported by Upper Chesapeake Health Systems. The UC HealthLink PCC provides primary care to adults ages 19 and above who are uninsured or underinsured and are 300% of the federal poverty level. In addition to primary care, the clinic offers on-site mental health counseling by a licensed social worker, diabetes education, medication assistance, and access to specialty care on a sliding scale basis via a cooperative community Specialty Care Network. Spanish language interpretive services are also available.

In addition to its clinic, HealthLink operates a mobile medical van which offers rotating primary care clinics throughout the County, as well as biometric screenings in various locations and

events in the community (http://www.uchs.org/?section=healthlink&page=about_healthlink). The UC HealthLink PCC serves Harford County's homeless population through a targeted grant from Maryland's Healthcare for the Homeless.

The Harford County Health Department has programs targeted to the County's most vulnerable populations (http://www.harfordcountyhealth.com/), including an HIV/AIDS clinic, services for the homeless, family planning services on a sliding fee scale, dental care for children receiving Medicaid, immunizations, school based health centers, insurance coverage for income-eligible breast and cervical cancer patients, and addiction services for adolescents and adults. The Health Department works closely with other government organizations, including the Office of Drug Policy Control in Harford County's Department of Community Services (DCS) and the Harford County Public Schools, to ensure that health care is provided to those in need.

D. Access to Healthy Food

Healthy foods are an essential component in maintaining a healthy weight and overall well-being. Lack of access to nutritious foods has been associated with obesity and other health problems. The Harford Obesity Task Force collaborated with the DCS in assessing the availability of food to low and moderate income populations, finding that the majority of food resources is in the southern part of the County. This area also has the highest proportion of low income and minority populations.

Harford County does not have an area that meets the federal criteria for a food desert (a low income census tract where a substantial number or share of residents has low access to a supermarket or large grocery store). However, three northeastern communities (Darlington, Street and Whiteford) were identified as lacking food resources, with the recommendation that these areas should be targeted for additional resources. The DCS submitted the results of its assessment to the U.S. Department of Housing and Urban Development, as part of the Harford County Consolidated planning process (http://www.harfordcountymd.gov/services).

E. Summary

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Indicator	Harford	Maryland	Comparison
Afford to See M.D.?	10.4%	12.0%	/
Colonoscopy	33.5%	36.1%	X
Mammography	79.7%	82.3%	X
Adult Flu Vaccine	38.7%	41.2%	X
Child Flu Vaccine	63.3%	53.7%	√
Health Ins Coverage	7.0%	11.3%	√
Dental Services	72.5%	73.6%	X
MH Pop:Prov Ratio	44,354:1	12,253:1	X

Many Harford County residents lack access to primary, mental health and dental care. While the Health Department and HealthLink offer screenings and primary care for low-income residents, a group of four census tracts in the lower southern part of the County has received a designation as a Medically Underserved Population and is eligible for a federally qualified health center, which would provide a wide-variety of health services to Medicaid and Medicare recipients, the insured population, and low income residents who would pay on a sliding fee scale. While no areas of Harford County contain food deserts, the County does have areas in which low income residents may have difficulty accessing healthy foods.

VIII. Public Health Resources

The **2011-2012** Harford County Resource Guide (Appendix) provides a list of helping organizations in Harford County, including medical and health agencies (pages 42 – 53). The Harford County Health Department's (HCHD) clinical programs are listed in this publication (pages 46 and 51). HCHD's Fiscal Year 2011 **Annual Report**

(http://www.harfordcountyhealth.com/wp-content/uploads/2012/05/FY11-Annual-Report.pdf) gives a summary of these and other services that the health department provides.

HCHD works with a variety of community organizations to assess community health and develop strategies to meet these needs. To support the health improvement strategies, HCHD has applied for and received State funding to implement new initiatives. In January 2012, the Maryland Community Health Resources Commission

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(http://dhmh.maryland.gov/mchrc/SitePages/Home.aspx) awarded the health department a grant to fund the Family Planning Program's initiative to increase access to comprehensive women's health services in an effort to reduce infant mortality in Harford County. Recognizing the importance of preconception health for both reducing unintended pregnancies and improving pregnancy outcomes, Family Planning is adding comprehensive care coordination and community outreach components to its existing family planning/reproductive health services.

The Maryland Community Health Resources Commission has also funded HCHD to implement several of the strategies outlined in the Local Health Action Plan (http://www.harfordcountyhealth.com/wp-content/uploads/2012/03/Action-Plan-Priorities.pdf) developed to address the results of the Local Health Improvement Process (http://eh.dhmh.md.gov/ship/SHIP_Profile_Harford.pdf). The action plan, developed in consultation with Harford County's Health Improvement Coalition, focuses on obesity, tobacco use prevention, and behavioral health.

Components of the Local Health Action Plan will also be supported with funding awarded by the Maryland Department of Health and Mental Hygiene from the federal Community Transformation Grant, with funding for strategies to change tobacco use policies (e.g. smokefree municipalities) and to initiate obesity prevention policies.

While the additional funding will enable the HCHD to undertake several initiatives, HCHD continues to work with existing community organizations in addressing public health concerns. HCHD staff participates on a number of committees, coalitions and associations to advocate for public health initiatives and to provide public health expertise. These groups share a common commitment to improve Harford County residents' health and access to care. HCHD staff is active in working with:

- The Harford County Dental Advisory Council, which includes a representative from the County Council as well as the Maryland Office of Oral Health;
- School Health Council, comprised of representatives from the Harford County Public Schools and Department of Health, with other stakeholders;
- Harford County Cancer and Tobacco Community Coalition, comprised of two sections (Tobacco and Cancer), established under the Maryland Cigarette Restitution Fund's enacting legislation;
- Inner County Outreach, HCHD's Minority Outreach and Technical Assistance contractor for Maryland Cigarette Restitution Fund programs;
- FACE IT, a faith-based community coalition working on substance abuse issues;
- Maryland Air Quality Control Council;



- Harford County Environmental Advisory Board;
- Harford County Animal Control Advisory Board;
- Mental Health and Addictions Advisory Council;
- Harford County Fetal and Infant Mortality Review Program and the Child Fatality Review Team;
- Domestic Violence Fatality Review Team;
- Local Management Board, working with other government agencies to coordinate service delivery systems to improve outcomes for children, youth and families;
- Harford Roundtable, sponsored by Homeless Services, Harford County Department of Community Services;
- Harford County Community College Nursing Advisory Board; and
- Harford County Women's Roundtable.

IX. Conclusion

Harford County, a relatively wealthy and well-educated Maryland jurisdiction, has an unacceptably high burden of chronic disease. Demographic data for Harford County residents reveal an above average median household income (\$76,808 in Harford vs. \$70,017 in Maryland); a higher than average percent of high school graduates (91 % in Harford vs. 87.8% in Maryland); and a more homogeneous population (81.2% White/12.7% Black populations in Harford vs. 58.2% White/29.4% Black populations in Maryland). Yet, Harford County residents have age-adjusted mortality rates worse than the State average for the four leading causes of death – heart disease, cancer, stroke, and chronic obstructive pulmonary disease (COPD). Furthermore, chronic disease mortality trends are not moving in the right direction. From 2004-06 to 2007-09, Harford County age-adjusted mortality rates failed to improve at the same rate as the State average for cancer, stroke, and COPD.

Racial disparities are also a concern in Harford County: Black infants are more likely to be low birthweight and are more than twice as likely to die before the age of one, as compared to White infants. The Black age-adjusted mortality rates are worse than the White age-adjusted mortality rates for heart disease, cancer, and stroke.

Primary prevention data reflecting adverse lifestyle factors, such as tobacco use, are worse in Harford County than the rest of the State, as evidenced by 2008-10 BRFSS data for adult tobacco use (20.3% in Harford vs. 15.1% in Maryland) and by 2010 Maryland Youth Tobacco Survey data for underage middle and high school youth (17.3% in Harford vs. 17.1% in Maryland). Furthermore, Harford County adults and youth tobacco use trends are moving in the wrong direction.

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According to 2008-10 BRFSS data, other lifestyle risk factor indicators, such as adult obesity/overweight prevalence (63.5% in Harford vs. 64.1% in Maryland; physical activity rates (37.1% in Harford vs. 33.9% in Maryland); fruit/vegetable intake rates (25.2% in Harford vs. 27.3% in Maryland), are comparably poor in both Harford County and the State. Similarly, 2009 Pediatric Nutrition Surveillance data reveal comparably poor obesity/overweight indicators for 2 to 4 year olds in both Harford County (31.2%) and Maryland (32.9%).

Mental health and substance abuse are significant public health concerns in Harford County, reflected in an increase in the suicide death rate, which rose by 20% between 2005-07 and 2008-10, reaching 11.3 deaths per 100,000 population, well above the State rate of 8.9. Greater percentages of Harford County adults and of youth are binge drinking, when compared to Maryland. Also, a higher percentage of Harford County high school students use marijuana, heroin, and other narcotics.

While a lower percentage of Harford County residents lacks health insurance (7%) when compared to Maryland (11.3%), one in 10 Harford adults between the ages of 18 and 64 could not afford to see a doctor (2008-2010). Harford's Black population was less likely than the White population to be insured: 6.1% of Whites were estimated to be uninsured as compared to 12.9% of Blacks, possibly leading to the higher mortality rates for chronic diseases that Blacks experience.

In primary prevention, the County also lags behind Maryland with lower percentage of the population receiving colonoscopies and mammography screenings in 2008-2010. During that same time period, a lower percentage of Harford adults received influenza vaccinations when compared to Maryland although Harford led the State in childhood influenza rates.

Lack of access to primary health care and dental care have both been identified as significant in the southern portion of the County, along the boundary of the Aberdeen Proving Grounds, with Health Provider Shortage Areas (HPSA) designations, while the low number of mental health providers in the County earned a HPSA designation for all of Harford County. Four census tracts in southern Harford County received the federal designation of Medically Underserved Population, making the area eligible for Federally Qualified Health Center services. No "food deserts" were identified in the County, but three northeastern communities did lack food resources and should be targeted for additional resources: Darlington, Street and Whiteford.

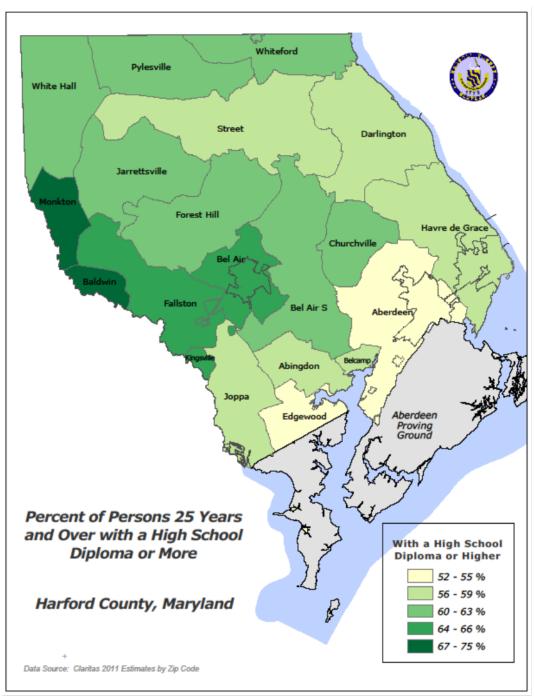
To address the three major health problems identified by the LHIC – obesity, tobacco use, and behavioral health (substance abuse and mental health) – the County's Local Health

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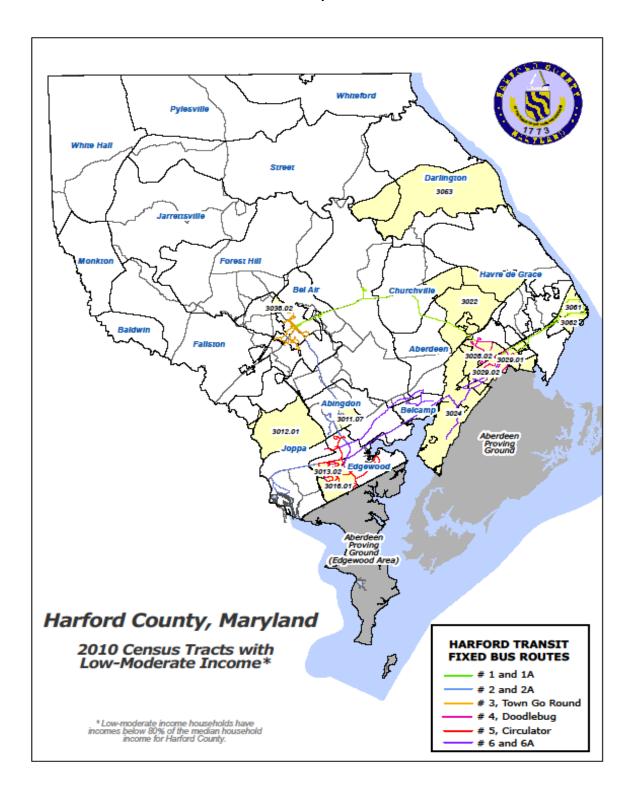
Improvement Coalition is working on the Local Health Action Plan, which includes a number of specific strategies to promote healthy lifestyles. The Obesity Task Force developed recommendations on programs and policies to create a healthier Harford and presented these to the County Council in October, 2012.

In October 2012, a draft version of the Community Health Assessment was shared with the community for review and feedback. A survey was also disseminated to the community asking for input on the critical health issues in Harford County. A total of 877 community members responded to the survey between October 4, 2012 and December 1, 2012. The majority of respondents reside in Bel Air, Maryland (29.4%), were between 25-54 years old (39.8%), and were White (76.0%). The feedback received was representative of the County. The majority of respondents (74.5%) agreed that the Community Health Assessment focuses on the correct critical health issues. A full summary of the survey findings can be found in the Appendix. A Community Health Improvement Plan (CHIP) was also written to reflect the work of the LHIC and Obesity Task Force, consistent with the goals and objectives of Harford County's public health improvement efforts. The Local Health Action Plan, supported in part by funding from the Maryland Department of Health and Mental Hygiene, will serve as a road map to reach these goals.

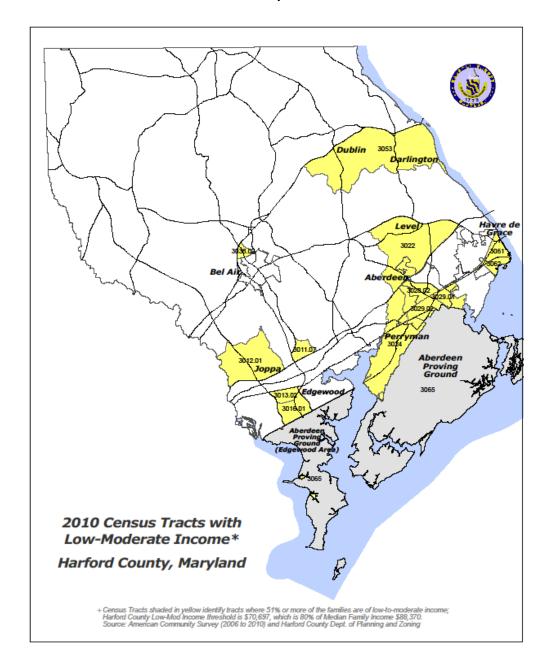
Map 1



Source: Claritas 2011 Estimates

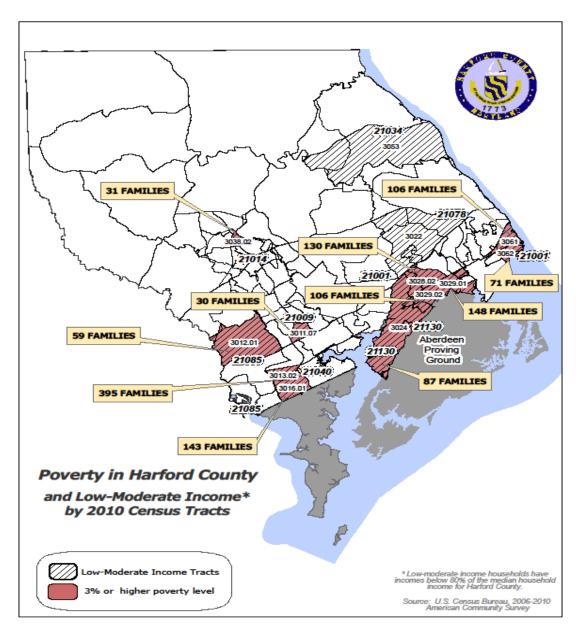


Map 3

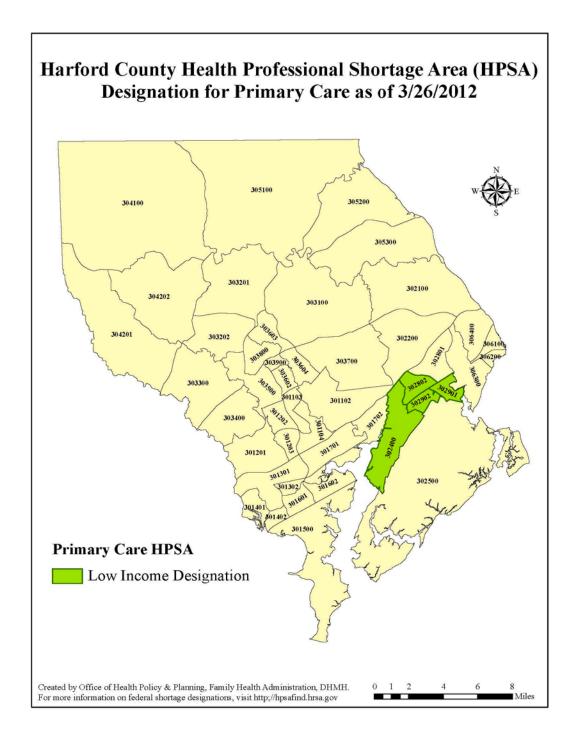


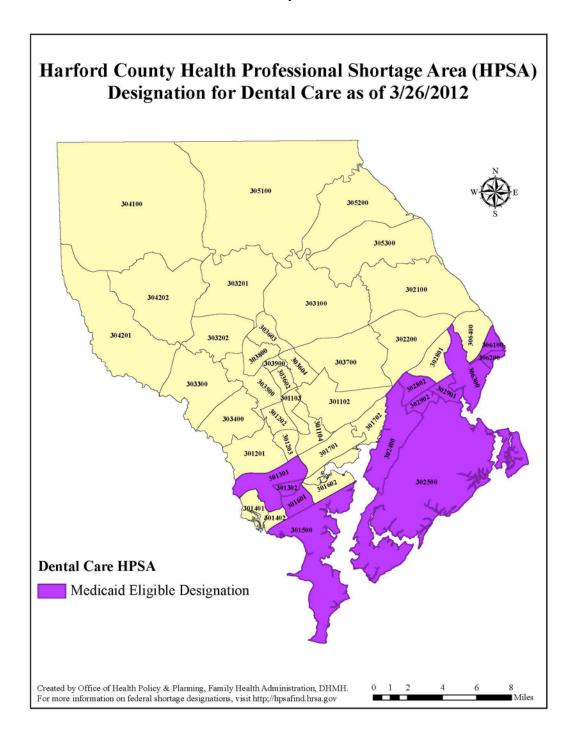
The areas highlighted in yellow in the map above are census tracts where over 51% of families have low to moderate incomes, defined as incomes below \$70,697 (80% of the county's median family income of \$88,370).

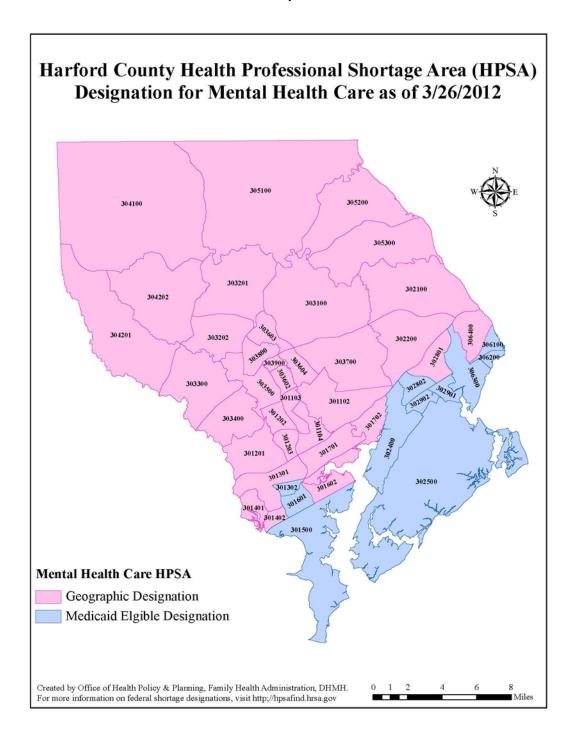
Map 4

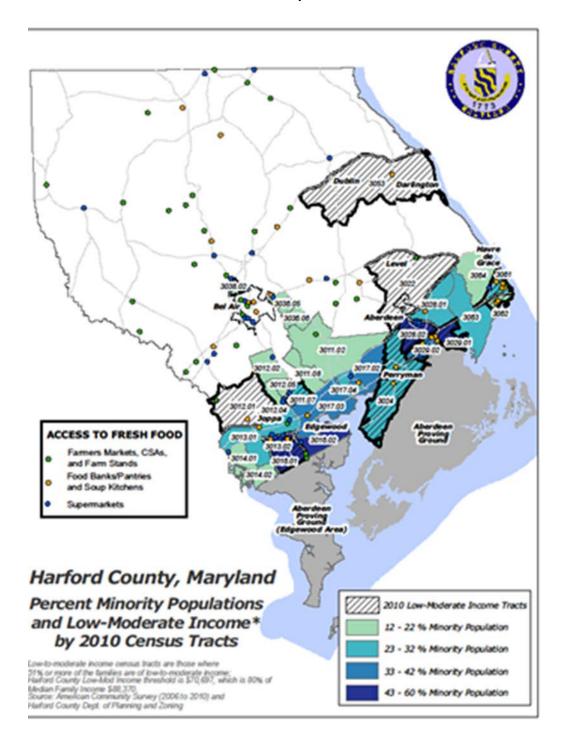


The map above indicates census tracts where 3% or more of families have incomes below the poverty level.









Harford County Health Department

Local Health Improvement Process Community Feedback December 10, 2012

Introduction

The Harford County Health Department is in the process of applying for National Public Health Accreditation. The goal of the National Accreditation Program is to protect and improve the health of the public by advancing the quality and performance of all public health departments. This voluntary program was only launched in September 2011, indicating that the Health Department is on the cutting edge of public health today. In preparation for this endeavor, they have created a Community Health Assessment (CHA) and a Community Health Improvement Plan (CHIP) as part of the accreditation process which will focus and strengthen local public health efforts.

The Community Health Assessment (CHA) is a collaborative, data driven process that describes the health status of the population, identifies areas for health improvement, determines factors that contribute to health issues, and identifies resources that can be mobilized to improve the population's health. The CHA describes the health status of the residents of Harford County, as compared to the residents of Maryland and the United States. It also examines health trends of County residents over time and identifies racial disparities and geographic areas that lack access to care and that have a high percentage of at-risk populations. The three health priorities identified by this process in Harford County include:

- Obesity Prevention;
- Tobacco Use Prevention: and
- Behavioral Health, including Mental Health and Substance Abuse Prevention

The Community Health Improvement Plan (CHIP) is a long-term, systematic process for addressing issues identified in the Community Health Assessment in order to improve health outcomes. The purpose of the CHIP is to describe how the Health Department and the community will work together to improve the health of the population served. Strategies for addressing obesity, tobacco use, and behavioral health issues in Harford County include:

Obesity Prevention

- Increasing access to healthy foods:
- Enhancing the built environment; and
- Creating a "Community of Wellness"

• Tobacco Use Prevention

- Promoting community awareness;
- Encouraging workplaces to be smoke-free; and
- Establishing policy changes regarding sales to minors

Behavioral Health

Integrating and improving the delivery of substance abuse and mental health services



Local Health Improvement Process Survey

Both the CHA and CHIP were formally released to the community at the second meeting of the Harford County Local Health Improvement Coalition on October 4, 2012. The Local Health Improvement Coalition is a group consisting of over 50 members, representing diverse interests and agencies, all committed to improving the health of Harford County residents. A survey was also disseminated to the community at this time asking for their perspective on the quality of life in Harford County as well as their opinion on the two documents. Either an online or paper version of the survey could be completed by the community members.

Post-cards advertising the online survey (Appendix A) were distributed to the libraries, senior centers, hospital, Department of Social Services, Harford County Public School nurses and faith based organizations. Paper versions of the survey (Appendix B), which included both English and Spanish versions, were distributed at different community events, Upper Chesapeake's Healthlink Clinic, and the Health Department's HIV/AIDS, WIC, Dental, and Family Planning Clinics. A total of 877 community members responded to the

Table 1. Demographic Characteristi	cs of the Harford County Local
Health Improvement Process Survey	Respondents (n = 877)

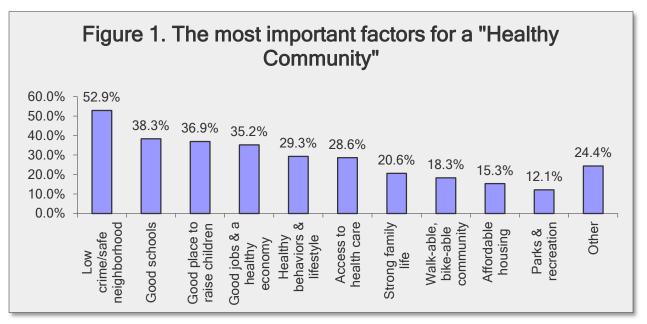
Characteristics	n (%)
Gender	
Female	687 (83.1%)
Male	140 (16.9%)
Residence (Zip Code)	
Bel Air (21014, 21015)	234 (29.4%)
Edgewood (21040)	109 (13.7%)
Aberdeen (21001)	95 (11.9%)
Abingdon (21009)	78 (8.8%)
Forest Hill (21050)	48 (6.0%)
Havre de Grace (21078)	43 (5.4%)
Joppa (21085)	35 (4.4%)
Fallston (21047)	29 (3.6%)
Street (21154)	23 (2.9%)
Jarrettsville (21084)	19 (2.4%)
Whiteford (21160)	18 (2.3%)
Darlington (21034)	17 (2.1%)
Other	47 (5.8%)
Age (yrs)	
15-34 y	297 (36.2%)
25-54 y	326 (39.8%)
55-74 y	191 (23.3%)
75+ y	6 (0.7%)
Race/Ethnicity	
White	620 (76.0%)
African-American	131 (16.1%)
Latino	16 (2.0%)
Asian	15 (1.8%)
Other	34 (4.2%)

survey between October 4, 2012 and December 1, 2012. Table 1. summarizes the demographic characteristics of survey respondents. The majority of the participants reside in Bel Air, Maryland (29.4%), between 25-54 years old (39.8%), and were white (76.0%). The feedback received was representative of Harford County.

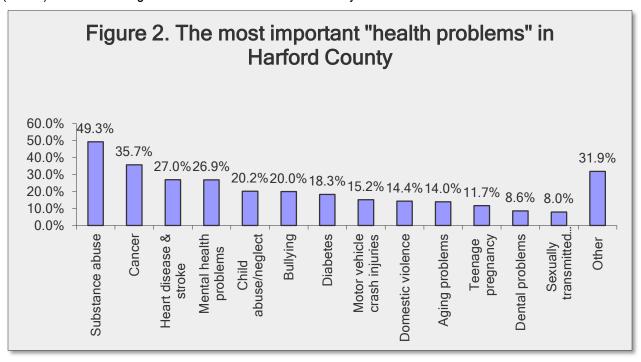
Quality of Life

Survey respondents were asked to identify what they believed to be the three most important factors for a "Healthy Community." Essentially, what factors do they believe will improve the quality of life in Harford County? Figure 1. summarizes the qualities the community identified as those that were most important. The top three factors identified were low crime/safe neighborhood (52.9%), good schools (38.3%), and a good place to raise children (36.9%). Good jobs and a healthy economy were also seen as important qualities (35.2%).





After the respondents identified those qualities crucial in creating a "Healthy Community," they were tasked with prioritizing the three most important health problems in their own community. In other words, what problems have the greatest impact on overall community health in Harford County? Figure 2. summarizes these responses. An overwhelming portion of the respondents felt that substance abuse was a serious issue in their communities (49.3%). Cancer (35.7%), heart disease and stroke (27.0%), and mental health (26.9%) were also recognized as critical issues in the County.



Next, respondents chose what they believed were the three most worrisome risky behaviors in the community. Basically, what behaviors have the greatest impact on overall health in Harford County? Figure 3. summarizes these responses. Over half of the respondents felt that drug abuse (59.1%) and alcohol abuse (50.4%) were the two riskiest behaviors in Harford County. Many of the respondents felt that



being overweight/obese (41.5%) was another serious risky behavior. In relation to this idea, lack of exercise (28.0%) and poor eating habits (26.2%) were also concerns.

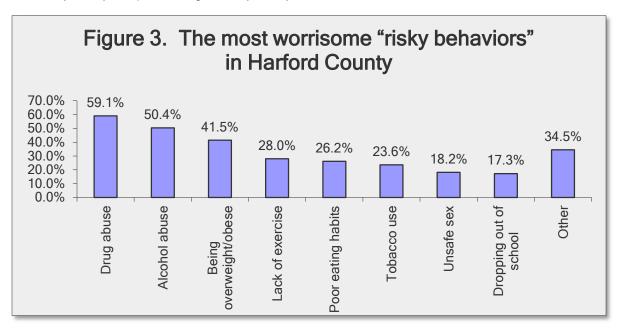
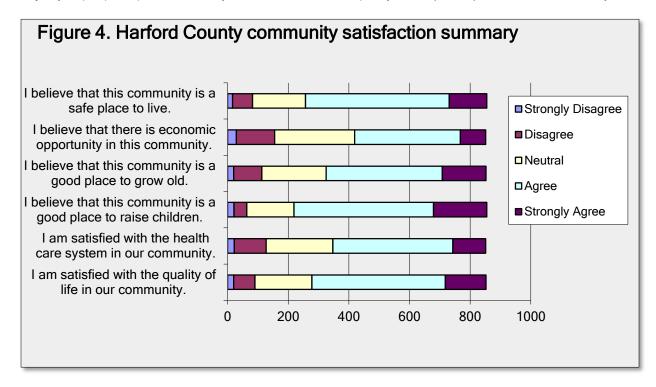


Figure 4. summarizes Harford County residents overall satisfaction with their community. The majority of respondents agreed that the County is a good place to raise children (74.8%), a good place to grow old (62.2%), a safe place to live (70.2%) and that there is economic opportunity here (50.8%). Additionally, the majority of people reported that they are satisfied with the quality of life (67.3%) and the health care system

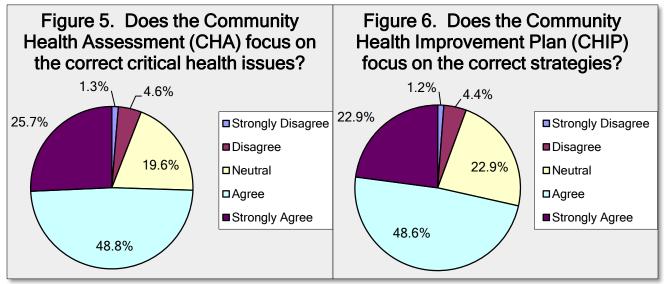




(59.2%) in Harford County. Therefore, the residents are relatively satisfied with the community in which they live.

Community Health Assessment and Community Health Improvement Plan Feedback

As mentioned previously, the Harford County community was called upon to provide their opinion on the Community Health Assessment (CHA) and the Community Health Improvement Plan (CHIP). Within the survey, participants were given brief summaries of the two documents as well as access to the full versions



of the plans at the Health Department's website (www.harfordcountyhealth.com). The majority of the respondents (74.5%) agreed that the CHA focuses on the correct critical health issues in the County

Table 2. Common Themes and Sub-Themes of Recommendations to Improve the Community Health Improvement Plan.

Themes	Sub-Themes
Community Engagement	Advertising
	Increase Youth Activities
	Education/Awareness Opportunities
Access to Healthcare	Affordability
	Improvements to Current System
	Outreach to Impoverished Communities
	Mental Health Services
Substance Abuse Prevention	Increase Enforcement
	Assistance/Information for Addicts
	Alcohol Abuse Prevention
	Prescription Drug Abuse Prevention
Improve the Built Environment	Land Use
•	Transportation
	Sidewalks/Trails/Bike Paths
Utilize Schools to Create Change	Education on Health Issues
· ·	School Lunch Quality
	Physical Education Mandates

(Figure 5). Similarly, the majority (71.5%) agreed that the CHIP focuses on the correct strategies to address the health issues in the County (Figure 6). When prompted for comments regarding how the CHIP could be enhanced. there was overwhelming response from the community resulting in comments. Table 2. outlines the major themes and sub-themes extracted after review of the feedback provided by the respondents. Members of the community noted that they



believe more could be done in the following areas related to public health: community engagement, access to healthcare, substance abuse prevention, improving the built environment, and utilizing schools to create change.

Community Engagement

A large portion of the respondents believed that to improve the CHIP and ensure that implementation is successful; the community needs to be involved. In order to engage the community, advertising was suggested as a way to not only publicize the Plan but to bring attention to the health issues within the County. In conjunction with this idea, many felt that more education and awareness opportunities surrounding these issues should be available to the residents. One respondent stated:

"(The plan could be improved) if there were more advertisements showing that there are programs to help those with substance abuse, encouragement to eat healthier, and in general, just live a healthy lifestyle."

Additionally, many were concerned with the lack of healthy/safe activities in Harford County, especially those for the youth population. The community felt that if there were more activities for the youth, they would be less likely to engage in unhealthy behaviors. To elaborate on this point, one pointed out:

"Another thing to consider is healthy/safe activities for teens...Perhaps things like teen Raven's rallies, pro-skater demonstrations, and the return of roller skating in the County could give teen alternatives to drinking..."

Access to Healthcare

Another concern expressed by the community through their comments was access to healthcare. Of particular concern was the lack of access to mental health services in Harford County. Many felt that there were too few quality mental health services that are affordable for those in need. Affordability was a problem identified with other health services as well. One participant said that:

"Healthcare (should be improved) for those who are between the cracks in qualifying for any kind of health services. They have no insurance and yet make a dollar too much to qualify for any kind of healthcare."

Also, many believed that the current system in place does not meet the needs of the community at large. Expansion of current programs and the offering of additional programs were commonly suggested by respondents. Providing outreach to those neighborhoods that are most in need may be a way to accomplish this suggestion.

Substance Abuse Prevention



Residents view substance abuse as a major problem in Harford County. Community members are concerned with what is being done to prevent the issues surrounding this topic. More specifically, respondents were seriously concerned with the actions being taken to address alcohol abuse as well as prescription drug abuse. Residents see enforcement of laws related to substance abuse as lacking. One respondent commented:

"(Increase) law enforcement of the areas that are known drug use and delivery areas...there needs to be more stringent punishment to those that use and sell drugs..."

Another thing that respondents consider to be lacking in Harford County is assistance and information for those who are currently seeking help for substance abuse problems. Many felt that assistance was deficient for those not financially able to afford certain treatments. A respondent stated:

"We've found very little help for substance abusers available in (Harford County) unless you're very wealthy."

Built Environment

Within Harford County, many respondents would like to see improvements made to the built environment which will foster a better setting in which to encourage healthy behaviors. In particular, concerns were expressed about current land usage and public transportation systems. One commented:

"Harford County is the poster child for sprawl that virtually requires travel by auto. It is essential to change existing planning practices to create increased opportunities for active transportation as part of our lives..."

In relation to this idea, numerous respondents felt the community should create more bike paths, trails, and sidewalks to promote more physical activity. If these are in place, many feel that residents could more easily make physical activity a part of their daily lives. A respondent felt that:

"...more exercise (could) be incorporated into the lives of Harford County citizens by making the County less dependent on automobiles through the building of shared walking and biking paths that actually lead to commerce centers."

Utilizing Schools as Change Agents

Many respondents feel that utilizing schools to create change would have the greatest impact on improving community health in Harford County. Utilizing schools was suggested as a tool for two main reasons: (1) schools have the ability to influence children at a young age when they are beginning to make decisions for themselves, and (2) children will, in turn, educate their parents on the healthy behaviors they learn in school. Community feedback included suggestions on incorporating some form of health education into the schools. One respondent suggested:



"Start teaching children in elementary school about the prevention of tobacco and substance abuse...teach them they don't have to do drugs or smoke, that there is a better way."

Some respondents also felt that certain things should be changed within the school itself to encourage a healthy lifestyle. Establishing mandatory gym class, incorporating nutrition classes, and changing the food served in the schools could all assist in promoting a healthy lifestyle. A respondent said:

"Force students to take (physical education)!! We have such a push on AP (advanced placement classes) that we're forgetting our health!"

Conclusion

Overall, survey respondents appear to be relatively satisfied with the quality of life in their community as a whole. However, residents believe that serious health problems such as substance abuse, cancer, heart disease and stroke, and mental health still remain. The community expressed concerns over risky behaviors such as drug abuse, alcohol abuse, and being overweight/obese. These were some of the same issues uncovered through the Community Health Assessment (CHA) and those that are being addressed through the Community Health Improvement Plan (CHIP).

Unfortunately, survey responses and open-ended comments did not show as much support for tobacco prevention as one of the top health priorities in the County as they did for the others. Although some have expressed uncertainty towards choosing tobacco as a top health concern, the data for the county provides evidence as to why strives should continue to be taken to address this issue. First, the adult smoking rates in Harford County remain higher than Maryland's (15.2% vs. 20.1%). However, what is even more alarming, is that Maryland tobacco use rates have decreased over the past 10 years (20.5% in 2000; 15.2% in 2010) while Harford County's has actually increased (17% in 2000; 20.1% in 2010). Therefore, based on survey feedback received from the community, there appears to be a disconnect between what the data is telling us and what we as a community believe about tobacco. This discrepancy reinforces the notion that tobacco should be a top health priority in Harford County and the need to raise awareness around the issue.

Despite the tobacco discrepancy, residents overwhelmingly agree the CHA and CHIP documents have the correct focus in addressing health issues relevant to Harford County. Moving forward strives will be made toward incorporating the suggestions from the survey respondents into the final plan. Harford County residents will be kept informed of progress that is made in implementing the proposed plan. Community support and involvement will be crucial as the Local Health Improvement Coalition moves forward with this endeavor.



Appendix A















5 minutes could equal \$50

Go to www.harfordcountyhealth.com

Voice Your Opinion About the Harford County Community!

The Harford County Health Department is interested in your opinion about the local community. Take a brief 5 minute survey online. One respondent will receive a \$50 Target Gift Card. The survey will be open until December 1, 2012.



Scan this QR code with your smartphone to take the survey right now!

Healthy People in a Healthy Environment

Appendix B

2012 HARFORD COUNTY LOCAL HEALTH IMPROVEMENT PROCESS – FEEDBACK FORM



This form may be completed online at: www.harfordcountyhealth.com/ before December 1, 2012.

Thank you for completing this voluntary feedback form to help improve Harford County's 2012 Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP), both found at www.harfordcountyhealth.com.

				.,	•
1. In the following list, what do you think are the 3 most important factors for a "Healthy Community?" (Those factors that would most improve the quality of life in Harford County.)					
O Good place to raise chile			vy orimolo	afe neighbo	orbood
					ornood
O Low level of child abuse		O Good schools			
O Access to health care		ΟP	O Parks and recreation		
O Walk-able, bike-able cor	nmunity	O A	O Affordable housing		
O Arts and cultural events	•	O Excellent race relations			
O Good jobs and healthy e	conomy	0.8	O Strong family life		
O Healthy behaviors and li			ow infant	•	
O Low adult death and dis				r spiritual v	عميراه
O Other	case rate.	5 01	cingious o	i Spirituai v	aiucs
2. In the following list, who					
"health problems" in our	communit	ty? (Tho	se probler	ns that hav	e the
greatest impact on overall					
O Aging problems			ullying	• /	
O Cancer			child abus	e/nealect	
O Dental problems			iabetes		
O Domestic violence				ated injurie:	,
O Heart disease and strok	0		omicide	atou irijui i o i	,
	E		omiciae fectious d	iaaaaaa	
O Infant death					
O Mental health problems				cle crash inj	
O Rape/sexual assault				/lung disea	se
O Sexually transmitted diseases O Substance abuse					
O Suicide O Teenage pregnancy					
O Other					
3. In the following list, what do you think are the 3 most important					
"risky behaviors" in our o					
greatest impact on overall					
O Alcohol abuse				erweight/ob	000
					53C
O Dropping out of school			Drug abu		
O Lack of exercise			Poor eati		
O Not getting vaccines to	prevent dis				
O Tobacco use		0	Not using	birth contro	ol
O Not using seat belts/chil	d safety s	eats O	Unsafe s	ex	
O Other	-				
Select one answer for	Strongly	Agree	Neutral	Disagree	Strongly
each statement about	Agree				Disagree
your community:					
4. I am satisfied with the					
quality of life.					
5. I am satisfied with the					
health care system.					
6. I believe it is a good					
place to raise children.					
7. I believe it is a good					
place to grow old.					
8. I believe that there is					
economic opportunity					
horo					

9. I believe it is a safe

place to live.

The Harford County Community Health Assessment (CHA) identifies the following critical health issues: **Obesity Prevention** - Healthy Eating & Active Lifestyle, **Tobacco Use Prevention** - Smoke-Free Living, **Behavioral Health** - including Mental Health & Substance Abuse.

Select one answer for each question:	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
10. How much do you agree that the Community Health Assessment focuses on the correct critical health issues for Harford County?					

The Harford County Community Health Improvement Plan (CHIP) identifies the following strategies to address the critical health issues: (1) Obesity Prevention – increasing access to healthy foods, enhancing the built environment, creating a "community of wellness" by increasing knowledge & awareness (2) Tobacco Use Prevention – promoting community awareness, policy changes & encouraging workplaces to be smoke free (3) Behavioral Health – integrating & improving the delivery of substance abuse and mental health services.

Select one answer	Strongly	Agree	Neutral	Disagree	Strongly
for each question:	Agree				Disagree
11. How much do					
you agree that the					
Community Health					
Improvement Plan					
focuses on the					
correct strategies					
for Harford County?					
12. How do you think th	e Commu	nity Hea	Ith Improv	ement Plar	can be
improved? (For more sp	oace, feel	free to u	se the ba	ck of this pa	ige.)

Demographic Information	
Gender	
Zip Code:	
Age:	
Race/Ethnicity (Check all that apply):	
□ White □ African-American □ Latino	□ Native American
☐ Asian ☐ Hawaiian or Pacific Islander	□ Other

Optional Contact Information for a Chance to Win a \$50 Gift Card
May we contact you to update you on the progress of our Local Health
Improvement Process or to clarify your comments? ☐ Yes ☐ No
Name:
E-Mail Address:
Telephone:
Harford County Health Department









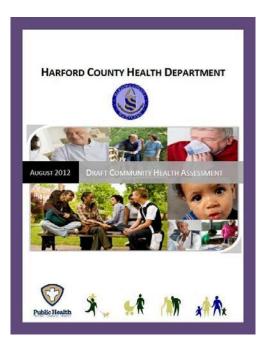




Thanks for completing this form for the Harford County Local Health Improvement Coalition, HCHD, 120 S. Hays Street, Bel Air, MD 21014 www.manaraa.com

Harford County's Community Health Assessment

- Harford County's Community Health Assessment is a collaborative, data-driven process that:
 - Describes the health status of a population
 - Identifies areas for health improvement
 - Determines factors that contribute to health issues
 - Identifies resources that can be mobilized to improve the population's health
- 3 health priorities identified by the process include:
 - Obesity Prevention/Healthy Eating and Active Lifestyle – affecting heart disease, cancer, stroke, diabetes, and other disease rates
 - Tobacco Use Prevention/Smoke-Free Living reflecting a need to reduce the rising adult and youth tobacco use rates in the County
 - Behavioral Health, including Mental Health and Substance Abuse Prevention – reflecting a need to reduce the suicide rate in the County







Harford County's Community Health Improvement Plan

- Harford County's Community Health Improvement
 Plan is long-term, systematic process for addressing
 issues identified in its Community Health Assessment
 in order to improve health outcomes.
- Strategies for addressing obesity, tobacco use, and behavioral health issues include:
- Obesity Prevention
 - Increasing access to healthy foods
 - Enhancing the built environment
 - o Creating a "Community of Wellness"
- Tobacco Use Prevention
 - o Promoting community awareness
 - Encouraging workplaces to be smoke-free
 - Policy changes regarding sales to minors

Behavioral Health

 Integrating and improving the delivery of substance abuse and mental health services



RESOURCE GUILLE

Published as a community service by the

Department of Community Services

&

The Commission for Women

David R. Craig Harford County Executive

Elizabeth S. Hendrix
Director, Dept. of Community Services

Harford County Department of Community Services www.hardfordcountymd.gov/services 410-638-3389







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- Center for Wound Care
- Anticoagulation Services

HealthLink 1-800-515-0044 Maryland Relay Services 1-800-735-2258

www.uchs.org

A NOT FOR PROFIT HEALTH ORGANIZATION







arford County boasts a wealth of opportunities for its residents. There is something here for everyone – sports fans, golfers, hikers, shoppers, children, adults and families. Most importantly, Harford County has a wide variety of programs and services available to citizens through our government agencies and non-profit organizations.

This Resource Guide, created by the Harford County Department of Community Services, Commission for Women, will help you access the array of services you may need, and offers a rich source of assistance and information, regardless of income level or place of residence.

Inside, you will find this to be a valuable directory including everything from area support groups to clothing closets, health care and child care, financial assistance and volunteer opportunities. We are proud to have created a one-stop guide listing hundreds of available services — some you may have heard about, others you may not have realized were in existence.

We are certain you will find this to be a very helpful publication. We thank the many employees and volunteers who work each day to provide the services and programs to help us live full and productive lives.

Cordially, David R. Craig

David R. Craig County Executive Wirshoth S. Hendix

Elizabeth S. Hendrix
Director of Community Services

HAVE AN AGING PARENT?

Visit the Office on Aging.

LOOKING TO VOLUNTEER?
Welcome to Volunteer Harford.

ARE YOU A NONPROFIT LOOKING FOR A GRANT?

Talk to Community Development.

WANT TO IMPROVE THE LIFE OF A CHILD?

Mentor or visit the Local Management Board.

NEED TRANSPORTATION?

Take Harford Transit Link.

ARE YOU A BUSINESS LOOKING TO EXPAND ADVERTISING?

Advertise on the Link.

KNOW SOMEONE WITH A SUBSTANCE ABUSE ISSUE?

Contact the Office of Drug Control Policy.

LOOKING TO SOLVE A DISPUTE?

Call the Mediation program.

Book us on your Smart Phone! Services, programs, community events, training opportunities, and so much more.

What you don't know about Community Services... is probably a lot.



David R. Craig
Harford County Executive
Elizabeth S. Hendrix
Director, Dept. of Community Services

Harford County Department of Community Services www.harfordcountymd.gov/services 410-638-3389



HARFORD COUNTY COMMISSION FOR WOMEN

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Lisa Tittle

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HARFORD COUNTY

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Sharon M. Lipford DEPUTY DIRECTOR, DEPARTMENT OF COMMUNITY SERVICES

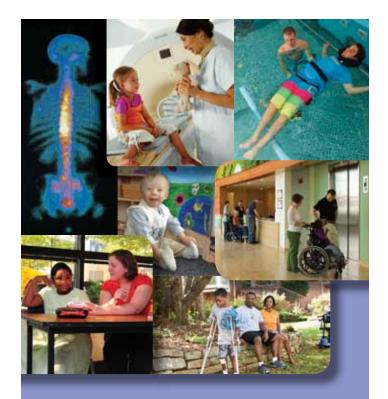
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We are all born with great potential, with the ability to learn, communicate, laugh, grow, and dream. Yet for some that potential remains locked inside by a turn of genetics or a twist of fate. Our mission at Kennedy Krieger Institute is to understand and overcome the problems that affect a child's developing brain, spinal cord, and musculoskeletal system.

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- Behavioral disorders
- Brain injury
- Cerebral palsy
- Developmental disorders
- Down syndrome
- Feeding disorders
- Learning disorders
- Muscular dystrophy
- Osteogenesis imperfecta

- Seizure disorders
- Spina bifida
- Spinal cord injury and paralysis
- Sturge-Weber syndrome



For more information, appointments, and referrals call 888-554-2080 or visit www.kennedykrieger.org

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The document is also available online at www.harfordcountymd.gov/services/guide.cfm

If you would like to make a change, addition, or deletion to our Resource Guide, please contact the Department of Community Services at 410-638-3389 or 410-638-3117, email: dcs@harfordcountymd.gov or contact resourceguide@harfordcountymd.gov





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Respite services for children

Transitional shelter for homeless women and children

Special education

Treatment foster care



Catholic Charities provides a wide variety of services here in Harford County.

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SECTION 1 Child Abuse

Baltimore Child Abuse Center, Inc.

2300 N. Charles Street Baltimore, MD 21218 410.396.6147 www.baltimorechildabusecenter.org

Provides services to sexually abused children including free investigative interviews, mental health services, and medical exams. Must be referred by DSS or Baltimore City Police Department.

CASA (Court Appointed Special Advocate)

101 S. Main Street, Suite 303 Bel Air, MD 21014 410.638.4938 www.casaofharfordcounty.org

Harford County CASA recruits and trains community volunteers to become advocates for children involved in the juvenile court process. CASA volunteers help children, most of whom are victims of abuse and neglect, by speaking up for their best interest in court. Volunteers are screened and trained thoroughly before assigned a children and are asked to be involved with a case for at least one year. Call for more information.

Child Protective Services (CPS)

2 S. Bond Street Bel Air, MD 21014 410.836.4713 After Hours - 410.838.6600 (Harford County Sheriff's Office) Fax - 410.836.4945 www.dhr.state.md.us/harford.htm

Offers services for children who have been abused or neglected and to parents or other adults having permanent or temporary care of the children. The goal is to protect the child and assist parents in providing proper care to the child and decrease risk of continuing abuse or neglect. CPS will provide an alternate plan of care for the child when the parents are unable to do so.

Family and Children's Services of Central Maryland

44 E. Gordon Street Bel Air, MD 21014 410.838.9000 Fax - 410.838.8953 www.fcsmd.org

Non-profit agency offering counseling services, support groups (for victims of sexual abuse), school outreach programs, an adult daycare center, and a diversion program for teenagers involved in the criminal justice system.

Family Services Association

Grove Presbyterian Church 50 E. Bel Air Avenue Aberdeen, MD 21001 410.272.7425 Elkton Location - 410.398.4060

Offers a safe and neutral location for separated and divorced parents to exchange their children for the purpose of visitation and to provide supervised visitation when the safety of the child is in question.

The Family Tree

50 E. Bel Air Avenue Aberdeen, MD 21001 410.272.7425 Fax - 410.272.7427 StressLine - 1.800.243.7337

A statewide non-profit organization committed to strengthening families by eliminating and preventing child abuse and neglect. This is done by supporting, educating, and nurturing individuals, families and communities. Call for information about parent support groups and positive parenting programs. Call the StressLine for crisis intervention, information and referrals. There is no charge and child care is provided.

Fellowship of Lights Youth and Community Services

1300 N. Calvert Street Baltimore, MD 21202 410.332.4277 Fax - 410.332.4596

Emergency shelter for adolescents and runaways. Runaways can stay for 14 days; those referred by a caseworker can stay for approximately one month. Serves children ages 12–17.

Harford County Child Advocacy Center

23 N. Main Street Bel Air, MD 21014 410.638.3294 Fax - 410.638.3296 www.harfordcountymd.gov/ statesAttorney/ChildAdvocacy.html

Investigates allegations of child molestation and/or exploitation, assesses and protects the child, and provides services and resources for the abused child and his/her family, minimizing the trauma experienced by the child.

Harford County Local Management Board

319 S. Main Street Bel Air, MD 21014 410.638.3166

www.harfordcountymd.gov/services/LMB

The Harford County Local Management Board (LMB) was established in 1994 as a non-profit organization and in 2010 restructured as a program within the Harford County Department of Community Services. The LMB is governed by a board of directors appointed by the County Executive, and works under the Governor's Office for Children (GOC) to improve the well-being of children and families.

In-Home Aid Services Adult Services

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4987 Fax - 410.836.4945 www.dhr.state.md.us/harford.htm

National Center for Missing and Exploited Children Hotline

1.800.843.5678 1.800.THE.LOST www.missingkids.com

National Child Watch Campaign

1.800.222.1464

National Runaway Switchboard

1.800.786.2929 www.1800runaway.org

24-hour hotline offering conference calls to shelters, conflict mediation between parents and children, and crisis intervention.



Parent Aid Program

2 S. Bond Street Bel Air, MD 21014 410.836.4987 Fax – 410.836.4945

A program for parents experiencing difficulty coping with the frustrations of parenthood or who abuse or neglect their children.

Parents Anonymous

50 E. Bel Air Avenue Aberdeen, MD 21001 410.727.7427 24-hour hotline – 1.800.243.7373 www.parentsanonymous.org

Support group for parents who have been or feel they may become abusive. Offers parenting classes and family preservation.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207 Bel Air, MD 21014 410.836.8430 (24-hour helpline) 410.836.8431 – administration 410.879.3486 – Baltimore line Fax – 410.838.9484 www.sarc-maryland.org

Provides confidential domestic violence and sexual assault services in Harford County. Services include a safehouse for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

Survivors of Incest Anonymous

P.O. Box 190 Benson, MD 21018 410.893.3322 www.siawso.org

Twelve-step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

Survivorship

Family Justice Center 470 27th Street Oakland, CA 94612 www.survivorship.org

Organization devoted to the healing of extreme childhood abuse. This includes child pornography, prostitution, repeated sadistic sexual abuse, ritualistic abuse, torture, and mind control.

Thursday's Child (LA, California)

1.800.872.5437 www.thursdayschild.org

Treatment Family Program of Catholic Charities (formerly FACETS)

Foster Care Program 1301 Continental Drive, Suite 101 Abingdon, MD 21009 410.538.3388 410.676.1220 www.catholiccharities-md.org

Treatment Family Program provides therapeutic foster care services to families and children from birth to age 21 in individual homes in Harford and Cecil counties. The program recruits, trains, and licenses foster parents.

Villa Maria Bridges to Success

1301 Continental Drive, Suite 103 Abingdon, MD 21009 410.676.4002 or 410.272.2844 www.catholiccharities-md.org/ children-and-families/school-age/ bridges-to-success-1.html

Provides delinquency prevention services to children with severe behavioral problems, such as truancy, running away, and uncontrollable behavior. Program available only to Harford County residents and participants must meet screening criteria.

Villa Maria Safe Start Program

1301 Continental Drive Abingdon, MD 21009 410.676.4002 www.catholiccharities-md.org/ children-and-families/earlychildhood/safe-start.html

Provides early screening, intervention and referral for children at risk of abuse and neglect. Must be in one of the following Harford County Programs: MD Rural Development Corp., Head Start Aberdeen Family Support Day Center, Infants and Toddlers, Early Head Start, DSS, Family Tree, Child Find.

SECTION 2 Children / Childcare

The Arc Northern Chesapeake Region Treatment Foster Care Program

4513 Philadelphia Road Aberdeen, MD 21001 410.836.7177 ext. 345 Email – kpitrat@arcncr.org www.arcncr.org

The Arc is a private, non-profit foster care and adoption program that recruits, trains and supports foster and adoptive parents to care for children with special needs who have been abused and/or neglected. Information sessions are offered monthly for prospective families.

Big Brothers Big Sisters of Central Maryland

3600 Clipper Mill Road, Suite 250 Baltimore, MD 21211 410.243.4000 Fax – 410.889.2239 www.biglittle.org

Big Brothers Big Sisters of Central Maryland matches volunteers with youth in the schools and community. They provide mentoring services in Baltimore City, and in the counties of Harford, Howard, Baltimore, Carroll and Anne Arundel, to improve the well-being and safety of our children and their families through one-on-one mentoring programs. Serving children ages 6–14. No fees.

Boys and Girls Clubs of Harford County

—ADMINISTRATIVE OFFICES
100 E. Bel Air Avenue
Aberdeen, MD 21001
410.272.8233
410.272.5218
Fax – 410.272.0012
www.bgcharford.org
—BEL AIR UNIT
525 W. MacPhail Road
Bel Air, MD 21014
410.838.3354
410.803.1460

Fax - 410.838.0544

SECTION 2 CHILDREN / CHILDCARE

—EDGEWOOD UNIT 2002 Cedar Drive Edgewood, MD 21040 410.676.1020 410.671.1097 Fax – 410.676.4639

—HAVRE DE GRACE UNIT 351 Lewis Lane Havre de Grace, MD 21078 410.939.0822 410.939.7899

Provides youth development programs and activities after school, on weekends, and during the summer. Offers character and leadership development, education and career development, sports, fitness, and recreation programs.

Catholic Charities Early Head Start

34 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.5650 Fax – 410.272.6082

Mission is family preservation through the provision of core supportive services, including on-site childcare for children up to age three, parenting education, life skills training, and pregnancy prevention techniques. Targets young parents and their children.

Center for Infant and Child Loss

110 S. Paca Street, 6th Floor Suite 300 Baltimore, MD 21201 1.800.808.7437 Fax – 410.328.4474 www.infantandchildloss.org

Counsels any family in Maryland who has lost a child to SIDS or a sudden and unexpected death (to age 16).

Child Find - Harford County Public Schools

Hickory Elementary School 2100 Conowingo Road Bel Air, MD 21014 410.638.4386 or 410.638.4387

Program aimed at locating children, ages 3–20, with special needs who are not currently receiving help. Children are evaluated, and when appropriate, individualized programs are planned to provide the help they need.

Extreme Family Outreach

1812 H Pulaski Highway Edgewood, MD 21040 410.676.1212

www.extremefamilyoutreach.com

Offers after school programs and children's center programs. Extreme Family "S.C.U.B.E. D.O." Outreach is an intensive community based 501C(3) after school sidewalk program for elementary and middle school aged youth. It sets itself apart by delivering a holistic approach to character building, providing interactive communication sessions, arts, music and citizenship teachings.

Family and Children's Services of Central Maryland

44 E. Gordon Street Bel Air, MD 21014 410.838.9000 Fax – 410.838.8953 www.fcsmd.org

Non-profit agency offering counseling services, support groups (for victims of sexual abuse), school outreach programs, an adult daycare center, and a diversion program for teenagers involved in the criminal justice system.

The Family Tree

50 E. Bel Air Avenue Aberdeen, MD 21001 410.272.7425 Fax – 410.272.7427 StressLine – 1.800.243.7337

A statewide non-profit organization committed to strengthening families by eliminating and preventing child abuse and neglect. This is done by supporting, educating, and nurturing individuals, families and communities. Call for information about parent support groups and positive parenting programs. Call the StressLine for crisis intervention, information and referrals. There is no charge and child care is provided.

Friends of the Family

1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202 410.659.7701 Fax – 410.783.0814 www.friendsofthefamily.org

Administrative office for Family Support Centers and Early Head Start. Targets families with children ages 0–3 and single-parent families.

Harford County Infants and Toddlers Program

Harford County Health Department John Archer School 100 Thomas Run Road Bel Air, MD 21015 410.638.3823 Fax – 410.638.3825 www.family-networks.org

Provides early intervention services for infants and toddlers up to their 3rd birthday with disabilities and their families. Services are provided through a coordinated interagency system.

Harford County Local Management Board

319 S. Main Street Bel Air, MD 21014 410.638.3166

www.harfordcountymd.gov/services/LMB

The Harford County Local Management Board (LMB) was established in 1994 as a non-profit organization and in 2010 restructured as a program within the Harford County Department of Community Services. The LMB is governed by a board of directors appointed by the County Executive, and works under the Governor's Office for Children (GOC) to improve the well-being of children and families.

The Highlands School

2409 Creswell Road Bel Air, MD 21015 410.836.1415 Fax – 443.412.1098 www.highlandsschool.net

Mission is to identify and serve children who have the potential for average or above average achievement, in grades K–8, who are struggling to learn by conventional methods and who manifest learning differences in one or more areas of skill development.

Maryland Department of Juvenile Justice – Harford County Center

2 S. Bond Street Bel Air, MD 21014 410.638.4680 Fax – 410.638.4841 www.djs.state.md.us

The Department of Juvenile Services ensures the safety of the community and the well-being and safety of the youths under DJS care, holds juvenile offenders accountable to victims and communities, and assists youths in developing



competency and character to aid them in becoming successful members of society.

Maryland Disability Law Center

1800 N. Charles Street, Suite 400 Baltimore, MD 21201 410.727.6352 ext. 0 1.800.233.7201 Fax – 410.727.6389 www.mdlclaw.org

Represents persons with developmental disabilities, mental illness, and ADA-compliance issues. Represents disabled persons with legal problems related to their disabilities.

Mason-Dixon Community Services

708 Highland Road P.O. Box 34 Street, MD 21154 410.452.9025 Fax – 410.452.0077 www.mason-dixon.org

Offers food assistance, energy assistance, counseling and information referrals, and programs for children including home-based Head Start, summer camp, and a mentoring

program for residents of northern Harford County. They also offer many services for all of Harford County, including a Holiday Adoption Program (for Thanksgiving and Christmas), a winter coat drive, Toys for Tots program, and Fresh Start Boxes. In addition, they offer a soup kitchen on the third Friday of every month. There is a food locker once a month where women can go to receive food and nutrition information.

MOPS (Mothers of Preschoolers)

410.877.1824

Through Mountain Christian Church – call for details.

MRDC Head Start (Maryland Rural Development Corporation)

- —ABERDEEN HEAD START CENTER 100 E. Bel Air Avenue P.O. Box 1022 Aberdeen, MD 21001 410.272.3520
- —EDGEWOOD HEAD START CENTER 2002 Cedar Drive P.O. Box 167 Edgewood, MD 21040 410.612.9001

—HAVRE DE GRACE CENTER 617 Congress Avenue Havre de Grace, MD 21078 410.939.5449

www.mrdc.net

Family-focused program designed to meet the needs of low-income families. Head Start offers comprehensive services for children ages 3–5 and their families, with a full program of nutrition, education, and referrals to social service agencies to help meet their needs and enrich their lives.

MSDE Office of Child Care

413 W. Bel Air Avenue, Suite 106 Aberdeen, MD 21001 410.272.5358 1.800.343.0955 Fax – 410.273.0428

State agency responsible for licensing childcare centers and registering family day care homes.

Sharing the joy of the Holiday season with Harford County's Less fortunate

The Christmas Holiday is a special time of year for the children. Lifelong memories are formed at an early age and The Aegis Empty Stocking Fund wants these memories to be cherished as they grow to adulthood. We hope that one day they will help us help others in their time of need.



www.aegisemptystocking.com

Mail to: P.O. Box 189, Bel Air, MD. 21014 Phone: 410-836-8870 (leave message) Please help us help others throughout Harford County. No contribution is too small. When combined, they provide a holiday for those who might otherwise go without. Help us provide a cherished childhood memory.

In addition to financial support, donations of a new "unwrapped" toys, games and crafts for children of all ages are always welcome and encouraged.

HOW CAN YOU HELP?

Hold a Toy Drive to help The Aegis Empty Stocking Fund children...

Whether you're an individual, business, organization, fire company or church, we welcome all toy donation efforts. You can hold a toy drive any time throughout the year to benefit The Aegis Empty Stocking Fund. We gladly welcome all efforts to help the children of those less fortunate during the Holiday season. Contact The Aegis Empty Stocking Fund for more information. You can advise us of your efforts and to arrange pickup of toy donations upon completion of your event.

Toy Needs for the Children...

Though we are in need of toys for boys and girls ages newborn to 12, we find the need each year for toys, games and crafts for boys and girls ages 7-12 and infants is always greater.

The Aegis Empty Stocking Fund has been helping Harford County families since 1990

The Aegis Empty Stocking Fund is a non-profit 501(C)3 charitable organization created to help Harford Countians during the Holidays. Toys for the children is our major focus as well as other essentials for the holidays. The Fund is administered wholely by a staff of dedicated unpaid volunteers.

The Aegis Empty Stocking Fund needs your financial support.

Without your support we would be unable to fulfill the needs of the less fortunate for the holidays.

Financial donations always welcome

The easiest way for you to help fill more "Empty Stockings" in Harford County is with a generous, tax deductible cash/check donation.

Please send your tax deductible donation to: The Aegis Empty Stocking Fund P.O. Box 189, Bel Air, MD 21014-0189

Please make checks payable to: The Empty Stocking Fund

SECTION 2 CHILDREN / CHILDCARE

MSDE Office of Child Care

1.800.456.8900 TDD – 1.800.735.2258 www.dhmh.state.md.us/mma/mchp/

Provides full benefits for children up to age 19 and to pregnant women who meet income guidelines. Those who are eligible include: children up to age 19 who do not qualify for medical assistance, pregnant women of any age, those whose countable income is at or below 200 percent of the Federal Poverty level, and the uninsured (although in some cases having insurance may not prevent someone from qualifying). Applications are available at DSS, Health Department, WIC offices, schools, hospitals, and online.

National Center for Missing and Exploited Children Hotline

1.800.843.5678 1.800.THE.LOST www.missingkids.com

National Child Safety Council

1.800.327.5707 www.nationalchildsafetycouncil.org

National Runaway Switchboard

1.800.786.2929 www.1800runaway.org

24-hour hotline offering conference calls to shelters, conflict mediation between parents and children, and crisis intervention.

Parents Without Partners

P.O. Box 159 Bel Air, MD 21014 410.557.7619 www.parentswithoutpartners.org

Non-profit organization dedicated to the welfare and interests of single parents. Must call and leave a message to be informed of meeting times and locations.

Partners for Success (a part of HCPS, Department of Special Education)

253 Paradise Road Aberdeen, MD 21001 410.273.5579 Fax – 410.273.5599 Email – partners.success@hcps.org

"Partners for Success Resource Centers" services are designed to inform families and build working relationships among families, schools, and the community. Services may include Special Education Resources, Information and Referral, Assistance with

the IEP (Individual Education Program), Seminars and workshops, Consultation, Lending Library, Newsletters, Information about local, state and national parent organizations, Information about local state and national workshops, and Cofacilitation of parent support group.

Salvation Army Summer Camp

300 Rear Seneca Avenue P.O. Box 309 Havre de Grace, MD 21078 410.939.3535 Fax – 410.939.5641

Offers a week-long summer camp for children ages 6–12 in Hedgesville, West Virginia. Parents pay a fee of \$50 and the Salvation Army covers the remainder of the fee. Children must have a physical examination paid for by the parents or insurance. Call in late April or May for an application.

School Outreach and Advocacy Program (SOAP)

44 E. Gordon Street Bel Air, MD 21014 410.838.9000 (Family and Children's Services) or 529 Edmund Street Aberdeen, MD 21001

(SOAP) helps at-risk students succeed in school and make positive life choices through early intervention and prevention services, including counseling, consultation with teachers, and family therapy, in six Harford County elementary schools.

Sisters Striving for Success

593 Windsong Drive Aberdeen, MD 21001 410.273.6367

A non-profit organization providing social, financial, and educational support to the youth in Harford County, guiding them toward academic excellence and improving their overall quality of life. The outreach program provides support to disadvantaged youth to aid them in overcoming difficult and challenging situations.

Summer Meals for Kids Program

Community Action Agency 1321 B Woodbridge Station Way Edgewood, MD 21040 410.612.9909

Program sponsored by the Board of Education and Community Action Agency that provides breakfast and lunch to children for four to six weeks during the summer. The program also offers arts and crafts and reading activities before and after lunch. Available to children who qualify for free or reduced meals during the school year.

Thursday's Child (LA, California)

1.800.872.5437 www.thursdayschild.org

Toughlove International

1.866.828.0178

A non-profit support group for parents troubled by their teenager's or adult child's behavior.

Treatment Family Program of Catholic Charities (formerly FACETS)

Foster Care Program 1301 Continental Drive, Suite 101 Abingdon, MD 21009 410.538.3388 410.676.1220 www.catholiccharities-md.org

Treatment Family Program provides therapeutic foster care services to families and children from birth to age 21 in individual homes in Harford and Cecil counties. The program recruits, trains, and licenses foster parents.

Upper Bay Counseling and Support Services, Inc.

626 Revolution Street Havre de Grace, MD 21078 410.939.8744 1.866.939.8744 Fax – 410.939.8748 www.UpperBay.org

Provides confidential mental health services to individuals experiencing emotional difficulties, problems with relationship issues, children, abuse issues, drug/alcohol dependence combined with a mental health problem, and serious and persistent mental illness. Services include outpatient services, assessment and evaluation, individual, family, and group counseling, medication evaluation and management, and school-based services.

Villa Maria Bridges to Success

410.676.4002

www.cc-md.org/children/villacommunity-resources.html

Provides delinquency prevention services to children with severe behavioral problems, such as truancy, running away, and uncontrollable behavior. Program available only to Harford County residents and participants must meet screening criteria.

Villa Maria Home-Based Respite Program

1118 Light Street Baltimore, MD 21230 410.230.0540 www.cc-md.org/children/villacommunity-resources.html

Provides one-on-one activity with the child in the family's home or community, permitting the caretaker to attend to other demands. Must be a resident of Cecil, Harford, or Baltimore County.

Villa Maria Project PrePARE

410.676.4002 www.cc-md.org/children/villacommunity-resources.html

Provides early intervention to elementary school children with severe behavioral problems, such as truancy, running away, or uncontrollable behavior.

Enrollment in Magnolia elementary school in Harford County.

Villa Maria Safe Start Program

1301 Continental Drive Abingdon, MD 21009 410.676.4002 www.cc-md.org/children/villacommunity-resources.html

Provides early screening, intervention and referral for children at risk of abuse and neglect. Must be in one of the following Harford County Programs, MD Rural Development Corp., Head Start Aberdeen Family Support Day Center, Infants and Toddlers, Early Head Start, DSS, Family Tree, Child Find.

WIC (Women, Infants, and Children)

410.273.5656 (appointments must be made through this number)

- 34 N. Philadelphia Boulevard Aberdeen, MD 21001
- 119 S. Hays Street (Harford County Health Department) Bel Air, MD 21014 or
- Edgewater Shopping Center 1837 Pulaski Highway Edgewood, MD 21040 or

• ARMY COMMUNITY SERVICES Aberdeen Proving Ground 1.800.242.4WIC (state number) www.fns.usda.gov/wic/ www.harfordcountymd.gov/health/

Federally-funded program that provides healthy foods to eligible pregnant women, new mothers, infants, and children up to age five. Offers vouchers to purchase nutritious foods, nutrition counseling, and help with breastfeeding.

Wilson Community Center

1024 Main Street
Darlington, MD 21034
410.836.3555
Fax – 410.836.3440
Email –wilsoncc@iximd.com

Provides a variety of educational, support, and outreach programs to the residents of Darlington and the surrounding areas. Offers before and after school care, summer camp programs, teen center, and referrals for individual and family counseling.

YMCA

309 Thomas Run Road Bel Air, MD 21015 410.836.5075 www.ymcamd.org

Operates the largest licensed daycare program in Harford County. Provides preschool and school-age services throughout Harford County, in addition to programs for teenagers, and summer camp programs. Accepts Purchase of Care vouchers and provides financial assistance based on need.

SECTION 3 Clothing

Alpha's Glory Crisis Pregnancy Center

219 W. Bel Air Avenue Aberdeen, MD 21001 410.272.4711 Fax – 410.272.6442 www.alphasglorycpc.org



SECTION 4 CRISIS RESOURCES

Provides info about pregnancy/adoption/ abortion alternatives, material assistance (baby clothing, furniture, diapers, maternity clothing), spiritual and emotional support, abortion recovery, parenting classes, and free pregnancy tests.

Bearly Used

12 N. Main Street Bel Air, MD 21014 410.893.7460

Consignment shop.

Birthright Pregnancy Aid Center

38 East Gordon Street Bel Air, MD 21014 410.838.0443 1.800.550.4900 www.birthrightofbelair.org

Birthright is a free confidential pregnancy help center. No politics, no judgment, no conditions or selling. We've been helping people in Harford and the surrounding counties for over 38 years. Birthright of Bel Air is staffed by trained volunteers prepared to offer personal help to all those involved in an untimely pregnancy, regardless of their circumstances. Together we will assess the situation and explore alternatives and resources available. Make Birthright your first call for help.

Blue House Clothing

23 W. Lee Street Bel Air, MD 21014 Church of Reconciliation 410.838.6444

Offers free clothing. Mondays, 9:30–11am and 5:30–7pm; Thursdays, 9:30–11am; 3rd Saturday of the month, 10am–noon.

Edgewood Community Center

Edgewater Village Shopping Center 1851 Pulaski Highway Edgewood, MD 21040

Free clothing giveaway every third Saturday of the month from 9am–3pm. Sponsored by Uriah's Place, Inc.

Goodwill Industries, Inc

711 Bel Air Road Bel Air, MD 21014 410.879.8001 www.goodwill.org

Sells used clothing, furniture, and household items.

Grove Presbyterian Church

50 E. Bel Air Avenue Aberdeen, MD 21001 410.272.0896

Soup kitchen is open Thursdays from 11:30am–1pm. Food pantry is available Wednesdays from 7–8pm. Thrift shop is open on Mondays and Wednesdays from 10am until noon.

Harvest of Love Mission

37 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.8995

Distributes food, clothing, furniture, cleaning supplies, and small appliances to moderate and low-income residents of Harford and Cecil Counties.

Lutheran Mission Society

531 Legion Drive Havre de Grace, MD 21078 410.939.0879 www.lutheranmissionsociety.org

Open Monday–Friday 8:30am–4pm. Clothing, food, furniture, house wares and prescription eyeglass vouchers are among available items.

Oak Grove Baptist Church

2106 East Churchville Road Bel Air, MD 21015-4908 410.838.9898 www.oakgrovebaptist@ oakgrovebaptist.com

Operates a clothing closet and food pantry; 3rd Saturday of the month from 10–11am.

Tabitha's House

112-D Connolly Road Fallston, MD 21047 410.877.9730 Fax – 410.877.9731

Tabitha's House has been in existence since 1998 and assisting people with food, clothing, household items, school supplies, holiday assistance and referrals. Our services are offered at no charge to Harford County residents. We also offer a thrift store with prices based for low-income people. Donations are accepted: Tues. 10am–3pm, Thurs. 10am–6pm and Sat. 10am–2pm.

Twice Blessed Thrift Shop

Grace Episcopal Church Main Street Darlington, MD 410.836.3587

Contact Father Don Hutchins.

SECTION 4 Crisis Resources

Adult Protective Services

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4700 www.dhr.state.md.us/harford.htm

Responsible for investigating abuse, neglect, and exploitation of adults who are elderly or have disabilities.

Ambulance - 911

24-hour service.

American Red Cross – Central Maryland Chapter

4800 Mt. Hope Drive
Baltimore, MD 21215
1.800.787.0091
410.624.2000
Fax – 410.764.4914
In Harford County email
harfordcounty@arc-cmc.org
Call 1.866.358.9207
www.redcross-cmd.org

Provides 24-hour crisis assistance. Offers presentations on disaster preparedness, and courses in First Aid, CPR, Water Safety, and Informal Caregivers and Babysitting. Helps military families secure emergency leave and emergency loans. Call for additional information.

Animal Control

611 N. Fountain Green Road Bel Air, MD 21015 410.638.3505

Birthright Pregnancy Aid Center

38 East Gordon Street Bel Air, MD 21014 410.838.0443 1.800.550.4900 www.birthrightofbelair.org

Birthright is a free confidential pregnancy help center. No politics, no judgment, no conditions or selling. We've been helping people in Harford and the surrounding counties for over 38 years. Birthright of Bel Air is staffed by trained volunteers prepared to offer personal help to all those involved in an untimely pregnancy, regardless of their circumstances. Together we will assess the situation and



explore alternatives and resources available. Make Birthright your first call for help.

Boys Town National Hotline

1.800.448.3000 www.boystown.org

Twenty-four hour crisis hotline providing counseling, information, and referrals for all ages for suicide, parenting, children's issues, runaways, and sexual abuse.

Child Protective Services (CPS)

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4713 after hours – 410.838.6600 (Harford County Sheriff's Department) Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Offers services for children who have been abused or neglected and to parents or other adults having permanent or temporary care of the children. The goal is to protect the child and assist parents in providing proper care to the child and decrease risk of continuing abuse or neglect. CPS will provide an alternate plan of care for the child when the parents are unable to do so.

Crisis Assistance Services

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Limited funding sources are available each fiscal year to help individuals and families with children who are experiencing certain types of crisis situations. May be able to help with homelessness, eviction/mortgage foreclosure, utility turn-off, natural disasters, stranded away from home or job, prescription medications, and residents recently released from the Harford County detention center.

First Call For Help

211 Maryland –United Way of Central Maryland 100 S. Charles Street, 5th Floor P.O. Box 1576 Baltimore, MD 21203 1.800.492.0618 410.685.0525 TTY: 410.685.2159

www.uwcm.org/uwcm/2-1-1-about-us.html

Provides referrals for crisis intervention

services including teen pregnancy, employment, shelter, food stamps, and other emergency referrals. Multi-lingual access is provided through a translation service that supports over 150 languages.

FISH (Friends In Self-Help)

P.O. Box 522 Bel Air, MD 21014 410.836.6440

- —HAVRE DE GRACE/ABERDEEN 428 Battery Drive Havre de Grace MD 21078 410.836.6440
- —JOPPA/EDGEWOOD P.O. Box 105 Joppa MD 21085 410.836.6442
- WEST HARFORD FISH (Bel Air & surrounding areas Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, Delta, etc.)
 P.O. Box 552
 Bel Air MD 21014
 410.836.6441

Three chapters of HC FISH consist of concerned citizens who volunteer their time and talents to minister to emergency needs of fellow citizens. These needs may be for food delivery (when no transportation is available), prescriptions, rent aid, utility cutoffs, transportation to doctor appointments when drivers are available,1–2 nights lodging and other various crisis. FISH depends solely on the generosity of local churches and civic groups and concerned individuals.

Harford Community Action Agency

1321 Woodbridge Station Way, Suite B Edgewood, MD 21040 Food Pantry – 410.612.9899 All other programs – 410.612.9909

Provides help to Harford County residents in financial difficulty. Services include: Bel Air Emergency Food Pantry, Harford County Fuel Fund (utility assistance), Maryland Energy Assistance Program, Food pantry hours are Monday thru Thursday 8:30am–12pm and 1–4pm



Harford County Division of Emergency Operations

2220 Ady Road Forest Hill, MD 21050 410.638.4900 410.879.2000 www.harfordcountymd.gov/eoc

Fire, police, and ambulance dispatch for Harford County. Provides emergency planning for the county and operates the HazMat team.

Harford County Government Health Department

Division of Environmental Health 120 S. Hays Street Bel Air, MD 21014 443.643.0300

The two divisions, Resource Protection and Consumer Protection attempt to safeguard and promote public health and the environment of Harford County through education, community outreach and enforcement.

Holiday Assistance Program

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax - 410.836.4945 www.dhr.state.md.us/harford.htm

Holiday assistance applications are available through the Department of Social Services and the Harford County Health Department.

Homeless Program

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4541 Fax - 410.836.4945 www.dhr.state.md.us/harford.htm

Provides emergency motel and shelter placement for men, women, and children, counseling, case management, and assistance with applying for benefits.

Maryland Youth Crisis Hotline

1.800.422.0009

Provides help for youth who are depressed, have family problems, think they are pregnant, are mistreated, or are thinking of leaving home.

Mason-Dixon Community Services

708 Highland Road P.O. Box 34 Street, MD 21154 410.452.9025 Fax - 410.452.0077 www.mason-dixon.org

Offers food assistance, energy assistance, counseling and information referrals, and programs for children including home-based Head Start, summer camp, and a mentoring program for residents of northern Harford County. They also offer many services for all of Harford County, including a Holiday Adoption Program (for Thanksgiving and Christmas), a winter coat drive, Toys for Tots program, and Fresh Start Boxes. In addition, they offer a soup kitchen on the third Friday of every month. There is a food locker once a month where women can go to receive food and nutrition information.

Mobile Crisis Program (Harford County)

104 N. Main Street, Suite 201 Bel Air, MD 21014 410.638.5248 Fax - 410.638.8600

Email – mobilecrisisteam@sheppardpratt.com

The mobile crisis program provides crisis intervention and emergency mental health care for Harford County residents. Urgent psychiatric evaluations and referrals are available. Hours for operation are Monday-Friday 8am-12 Midnight, Saturday-Sunday 8am-4pm. The mobile crisis program also participates on the Critical Incident Stress Management/Disaster Team (CISM team). The team is available to respond to community incidents to provide support for traumatic events (such as bank robberies, difficult deaths, etc.).

National Center for Missing and Exploited Children Hotline

1.800.843.5678 Fax - 703.274.2200 www.missingkids.com

National Runaway Switchboard

1.800.621.4000 www.nrscrisisline.org

24-hour hotline offering conference calls to shelters, conflict mediation between parents and children, and crisis intervention.

Office of Mental Health

Core Service Agency of Harford County, Inc. 206 South Hays Street, Suite 201 Bel Air MD 21014 410.803.8726 Fax - 410.803.8732

- HARFORD COUNTY MOBILE CRISIS - 410.638.5248
- MARYLAND YOUTH CRISIS HOTLINE - 1.800.422.0009
- DISASTER ASSISTANCE TEAM - 1.443.388.3505 www.coreofharfordcounty.org

The Office on Mental Health creates comprehensive programs and services that are focused on the mental health of everyone in our community. We are frequently the first point of contact for citizens and consumers seeking mental health treatment. Last year, the Office on Mental Health helped over 4,000 people through telephone contacts

Prisoner's Aid Association of Maryland, Inc.

4601 Park Heights Avenue Baltimore, MD 21218 410.662.0353 410.367.8393 Fax - 410.662.0358 www.prisonersaid.org

Provides basic counseling, crisis intervention, referrals for employment, and lodging for those recently released from prison.

The RAACE Foundation

217 E. Jarrettsville Road, Suite1 Forest Hill, MD 21050 410.893.1001 1.800.755.KIDS Fax - 410.893.1002 Email - info@raace.org www.raace.org

The RAACE Foundation is a nonprofit organization dedicated to fighting the epidemic of child sexual abuse by raising public awareness. We hope by bringing to light the prevalence of child sexual abuse we will lessen the social stigma associated with addressing this troubling and destructive social issue. The RAACE Foundation believes that as a society, we have an inherent responsibility to protect our children from sexual abuse.



Salvation Army

300 Rear Seneca Avenue P.O. Box 309 Havre de Grace, MD 21078 410.939.3535 Fax – 410.939.5641

Provides counseling services (related to financial or other emergency situations), food, utility assistance, emergency shelter in cold weather, and help with rent (court-ordered eviction or foreclosure up to \$250).

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207 Bel Air, MD 21014 410.836.8430 (24-hour helpline) 410.836.8431 – administration 410.879.3486 – Baltimore line Fax – 410.838.9484 www.sarc-maryland.org

Provides confidential domestic violence and sexual assault services in Harford County. Services include a safehouse for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

Survivors of Incest Anonymous

P.O. Box 190 Benson, MD 21018 410.893.3322 www.siawso.org

Twelve-step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

Suicide Hotlines

Grassroots Crisis Intervention Center

6700 Freetown Road Columbia, MD 21044 Maryland Hotline – 1.800.422.0009 410.531.6677 (crisis line) Email – info@grassrootscrisis.org www.grassrootscrisis.org

Provides free 24-hour telephone and walk-in crisis counseling, emergency and transitional shelter, and an educational resource for all.

Hopeline Network

1.800.SUICIDE 1.800.784.2433

Maryland Youth Crisis Hotline

1.800.422.0009

Survivors of Incest Anonymous

P.O. Box 190 Benson, MD 21018 410.893.3322 www.siawso.org

Twelve-step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

You Are Never Alone

2013 W. Pratt Street Baltimore, MD 21223 410.566.7973 Fax – 410.566.7938 Email – yanainc@earthlink.net

Offers day treatment for prostitutes, referrals for housing, treatment, HIV testing, meals, counseling, food and clothing.

SECTION 5 Department of Social Services

Adult Protective Services

2 S. Bond Street Bel Air, MD 21014 410.836.4700

Responsible for investigating abuse, neglect and exploitation of adults who are elderly or have disabilities.

Crisis Assistance Services

2 S. Bond Street Bel Air, MD 21014 410.836.4700

Limited funding resources are available each fiscal year to help individuals and families with children who are experiencing certain types of crisis situations. May be able to help with homelessness, eviction/mortgage foreclosure, utility turn-off, natural disasters, stranded away from home or job, prescription medications, and residents recently released from Harford County detention center.

Food Stamp Program

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Helps low-income individuals and families purchase food.

Holiday Assistance Program

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Holiday assistance applications are available through the DSS and the Harford County Health Department.

Homeless Program

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4541 Fax – 410.836.4945

Provides emergency motel and shelter placement for men, women, and children, counseling, case management and assistance with applying for benefits.

Medicaid Long-Term Care Program

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Medical assistance is available to cover a portion of the cost of a long-term care facility for elderly, blind, or disabled persons whose available income is insufficient to meet the entire cost of care, as long as their resources are with the resource limit.

Medicaid Program (Medical Assistance)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Joint program of the Department of Human Resources and the Department of Health and Mental Hygiene providing comprehensive medical and other healthrelated care for qualified individuals.

Parent Aid Program

2 S. Bond Street Bel Air, MD 21014 410.836.4987 Fax – 410.836.4945

A program for parents experiencing difficulty coping with the frustrations of parenthood or who abuse or neglect their children.

Purchase of Care Program

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Provides financial assistance with childcare costs to eligible working families. Families receive a voucher from DSS to take to childcare provider of their choice indicating the DSS subsidiary and the parental-assigned co-payment. DSS subsidiary is paid directly to the provider.

Temporary Cash Assistance (TCA)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

A component of the Family Investment Program, TCA provides cash assistance to low-income families with minor children. Families can receive benefits for 60 months over a lifetime.

Temporary Disability Assistance Program (TDAP)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Program that helps disabled adults who do not qualify for other basic assistance benefits. Participants receive limited cash assistance. They may also qualify for food stamps, medical assistance, and housing assistance.

SECTION 6 Disability Resources

ACCEPMI (Active Citizens Coalition for Employment of Persons With Mental Illness)

410.838.8898 410.879.9880 Fax – 410.838.8622

A grassroots organization (representing consumers and state/local and public/private business organizations) working towards achievement of employment of persons with mental illness. Meetings are held monthly.

Active Day Adult Day Care

1361 Brass Mill Road, Suite B Belcamp, MD 21017 410.273.2060

Provides therapeutic and medically supervised programs for adult with Alzheimer's, related disorders, and developmental disabilities.

Adult Evaluation and Review Services (AERS)

Harford County Health Department 120 S. Hays Street, Suite 230 Bel Air, MD 21014 410.638.8466

Provides assistance to aged and functionally disabled adults who are at risk of institutionalization. AERS staff conducts a comprehensive evaluation to identify services available to help the individual remain in the community, or in the least restrictive environment, while functioning at the highest possible level of independence and personal well being.

Alliance, Inc

4510 Wharfpoint Court Belcamp, MD 21017 410.994.0600 and

—OUTPATIENT MENTAL
HEALTH CLINIC
4 North Avenue, Suite 306
Bel Air, MD 21014
410.420.7292

www.allianceinc.org

Provides case management, therapy, and psychiatric services to children and adults with emotional, mental, and behavioral

disorders. The goal of case management is to successfully integrate the client into the community. Other services include residential program, vocational rehabilitative services, and a factory division (providing jobs for people with disabilities).

The ARC Northern Chesapeake Region

4513 Philadelphia Road Aberdeen, MD 21001 410.836.7177 410.879.6785 1.888.836.7177 Fax – 410.893.3909 www.arcncr.org

Assists people with developmental disabilities to identify and pursue personally valued lives. Offers employment services, supported living services, family support, treatment, foster care/adoption services, and teaches people with disabilities to advocate for themselves.

Camp I Can at Thomas Run

410.638.4899 Fax – 410.638.2979 www.harfordcountymd.gov

Program offered through Harford County Department of Parks and Recreation, provides a recreational experience for participants ages 3–21 in Intensity V programs who are developmentally disabled. Students in Intensity VI programs will be considered and admitted on a case-by-case basis.

Caring Hands, Inc.

41 N. Philadelphia Boulevard Aberdeen, MD 21001 410.272.4929 410.273.9736 1.800.344.8604 www.caringhandshome.org

Provides permanent residential services for adults with mental and/or physical disabilities. Also provides short-term housing and care through the Respite Care Program. Serves both adults and children. Must be referred by the Developmental Disabilities Administration. The Residential Program welcomes volunteers interested in becoming an advocate for those living in the residential program. Other volunteer opportunities available. Flexible hours.



Chesapeake Therapeutic Riding, Inc.

P. O. Box 475 Abingdon, MD 21009 410.914.5183

www.chesapeaketherapeuticriding.org

Chesapeake Therapeutic Riding provides horseback riding lessons and horse related activities to individuals with special needs in Harford County.

Child Find - Harford County Public Schools

2100 Conowingo Road Bel Air, MD 21014 410.638.4386 or 410.638.4387 www.hcps.org

Program aimed at locating children, ages 3 – 21, with special needs who are not currently receiving help. Children are evaluated, and when appropriate, individualized programs are planned to provide the help they need.

Cochlear Implant Information Center

1.800.458.4999 www.cochlear.com

Call for information regarding a device for the profoundly deaf.

Community Behavioral Services, Inc

109 W. Bel Air Avenue Aberdeen, MD 21001 410.297.2271 Fax – 410.297.2273 www.communitybehavioralservices.com

Non-profit mental health organization whose mission is to provide therapeutic services to those with mental illnesses or developmental disabilities. Offers adult psychiatric rehabilitation services, a mental health vocational program, and alternative after-school programs.

Confident Student, LLC

P.O. Box 476 Jarrettsville, MD 21084 410.692.6145 866.789.1234 www.confidentstudent.com

Confident Student, LLC offers individualized academic coaching and consulting services in a one-on-one and small group environment to those with learning and/or behavioral disorders. Confident Student, LLC also provides a four-week College

Transition Camp for high school students to strengthen academic, social and selfadvocacy skills for collegiate success.

Deaf Abused Women's Network (DAWN)

5321 First Place NE Washington, DC 20011 Video Phone – 202.559.5366 Fax – 202.742.1730 Email – info@deafdawn.org www.deafdawn.org

Services provided include advocacy, referrals, individual and group support, and a 24-hour email address hotline, crisis hotline for deaf, hard of hearing, and deaf/blind victims of domestic violence and sexual assault. Appointments are strongly encouraged before coming to our office.

Developmental Disabilities Administration

Central Maryland Regional Office 201 W. Preston Street, 4th floor Baltimore, MD 21201 410.767.5600 1.877.4MD.DHMH Fax – 410.767.5850 TTD – 1.800.735.2258 www.ddamaryland.org

Provides a coordinated service delivery system so that individuals with disabilities receive appropriate services oriented towards the goal of integration into the community. These services are provided through a combination of four state residential centers (providing services to individuals with mental retardation) and a wide array of community-based services delivered primarily through a network of non-profit providers.

Epilepsy Foundation of the Chesapeake Region

Abilities Network 8503 LaSalle Road Towson, MD 21286 410.828.7700 1.800.492.2523 Voice Fax – 410.828.7708 www.abilitiesnetwork.org

Abilities Network/Epilepsy Foundation of the Chesapeake Region's (EFCR) Epilepsy Services program serves individuals, families and the greater community with epilepsy education, information and referral services, assistance with medical issues, advocacy, support groups and scholarship support.

Equal Employment Opportunity Commission

131 M Street NE Washington DC 20507 1.800.669.4000 202.663.4900 TTY – 202.663.4494 www.eeoc.gov

Investigates charges of discrimination in the employment based upon age, gender, color, religion, national origin, retaliation, and disability.

The Harford Center

4 North Earlton Road Havre de Grace, MD 21078 410.575.6795 410.939.1420 Fax – 410.939.4426 www.ddamaryland.org/ harfordcenter.htm

Day habilitation program providing individualized services to individuals with developmental disabilities to facilitate their personal growth and development.

Harford Community College – Disability Support Services

401 Thomas Run Road Bel Air, MD 21015 443.412.2199 TTY – 443.412.2199 Fax – 443.412.2200 www.harford.edu/dss

Services are provided to students with documented physical, learning, psychological, or other disabilities. Services include assistive technology, assistance with improving study skills, specialized career counseling, tutoring, and other additional support services.

Harford County Commission on Disabilities

319 S. Main Street Bel Air, MD 21014 410.638.3373 www.harfordcountymd.gov/ services/disabilities/

Mission is to advocate and act as a catalyst for positive change for citizens with disabilities by assessing needs, investigating opportunities for improvements in quality of life, and supporting community participation.

Harford County Dept. of Social Services – Medicaid Long-Term Care Program

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Medical assistance is available to cover a portion of the cost of a long-term care facility for elderly, blind, or disabled persons whose available income is insufficient to meet the entire cost of care, as long as their resources are within the resource limit.

Harford County Infants and Toddlers Program

Harford County Health Deptartment John Archer School 100 Thomas Run Road Bel Air, MD 21015 410.638.3823 Fax – 410.638.3825 www.family-networks.org

Provides early intervention services for infants and toddlers up to their 3rd birthday with disabilities and their families. Services are provided through a coordinated interagency system.

Harford County Parks and Recreation – Therapeutic Services

410.638.4899 410.638.4999 (TTY) www.harfordcountymd.gov

Offers several programs for adults and children with disabilities.

Harford Transit Link

410.838.2562 410.612.1621 410.879.2000 TTD – 410.612.1643 www.harfordtransitlink.org

This service is provided by Harford Transit Link for the General Public and approved for operation by the Maryland Public Service Commission. Use Harford Transit Link service to travel to Aberdeen, Havre de Grace, Riverside, Edgewood, and Joppatowne. Harford Transit Link also provides services in accordance with the Americans with Disabilities Act of 1990. Vehicles are wheelchair accessible. For more information, contact the dispatcher at 410.612.1621 or 410.838.2562. Check website or call for specific schedule.

The Highlands School

2409 Creswell Road Bel Air, MD 21015 410.836.1415 Fax – 443.412.1098 www.highlandsschool.net

Mission is to identify and serve children who have the potential for average or above average achievement, in grades K–8, who are struggling to learn by conventional methods and who manifest learning differences in one or more areas of skill development.

The John Archer School

100 Thomas Run Road Bel Air, MD 21015 410.638.3810 Fax – 410.638.3840 www.hcps.org

The only public special education school serving students with disabilities in Harford County.

The League for People with Disabilities, Inc.

1111 E. Coldspring Lane Baltimore, MD 21239 410.323.0500 Fax – 410.323.3298 TTY – 711 www.leagueforpeople.org

Serving people with physical disabilities directly and through effective partnerships with community organizations. Facilities consist of a large heated pool and fitness center. Services include workshops, training classes, and adult day care.

Learning Disabilities Association of Harford County (LDAHAC)

708 Highland Road P.O. Box 98 Street, MD 21154 410.838.2447 410.893.9832

A parent support group that provides professional information and offers individualized referrals to other professional organizations. Provides speakers on learning disabilities, disability law, and education of the disabled.

Making Choices for Independent Living, Inc. (MCIL)

3011 Montebello Terrace Baltimore, MD 21214 410.444.1400 Fax – 410.444.0825 TTY – 711 www.mcil-md.org

One of a federally-mandated, national network of Independent Living Centers. These non-profit centers are defined as consumer-controlled, community-based, advocacy and service organizations designed and operated within their local communities by people with disabilities to provide an array of consumer services. Their mission is to empower people with all types of disabilities to live more independently and have control over their lives.

Maryland Disability Law Center

1800 N. Charles Street, Suite 400 Baltimore, MD 21201 410.727.6352 1.800.233.7201 www.mdlclaw.org

We represent persons with developmental disabilities, mental illness, and ADA-compliance issues. Represents disabled persons with legal problems related to their disabilities.

Maryland Foundation of Dentistry for the Handicapped

6410 Dobbin Road, Suite F Columbia, MD 21045 410.964.1944 To volunteer – 1.877.337.7746 www.msda.com

Provides comprehensive dental care at no charge to people of all ages who, because of a serious disability or impaired health, lack adequate income to pay for needed dental care.

Maryland Relay

State of Maryland
Department of Information Technology/
Telecommunications Access of Maryland
301 W. Preston Street, Suite 1008A
Baltimore, MD 21201
711 TTY

www.mdrelay.org

A telephone communication system that connects telephone conversations between people who can hear and those who are deaf, hard of hearing, late deafened, deaf-blind, or speech disabled by using text telephones (TTYs). Call for details.



Maryland Society for Sight

1313 W. Old Coldspring Lane Baltimore, MD 21209 410.243.2020 1.800.MSS.EYES Fax – 410.889.2505 www.mdsocietyforsight.org

The mission of the Maryland Society for Sight is to prevent blindness and preserve sight for Marylanders. We work to achieve this mission with the Rosalie S. Sauber Preschool Vision Screening and Adult Vision Screening Programs, Mobile Eye Care for the Homeless Program, and Eye Safety Program. Great advances have been made in techniques for preventing blindness. However, many continue to lose their sight because they are not aware of their need for care. Serious eye conditions generally have no symptoms at onset when treatment is most effective. Early detection and treatment of eye disease and injury prevention are our only hope for eliminating the severe visual impairment that currently afflicts 3% of adults and 5% of children in our state.

Maryland State Department of Education – Division of Rehabilitative Services (DORS)

2 S. Bond Street Bel Air, MD 21014 410.836.4590 TTY – 410.836.4583 Fax – 410.836.4584 www.dors.state.md.us/dors

Mission is to promote leadership and support in promoting the employment, economic self-sufficiency, and independence of individuals with disabilities. Offers vocational evaluation, skills training, academic preparation, job placement assistance, and independent living programs.

Maryland State Library for the Blind and Physically Handicapped

415 Park Avenue Baltimore, MD 21201 1.800.964.9209 410.230.2424 1.800.934.2541 (TTY) 410.333.8679 TTY www.lbph.lib.md.us.

Provides talking, Braille, magazines, and large print books to borrowers. Provides information and referral services.

Maryland Technology Assistance Program (MD TAP)

Maryland Department of Disabilities 217 E. Redwood Street, Suite 1300 Baltimore, MD 21202 1.800.637.4113 TTY – 1.866.881.7488 Fax – 410.554.9237 www.mdtap.org

Assists with technology referrals, training, demonstrations, and equipment loans.

Maximus Ticket to Work Program Social Security Administration

1.866.968.7842 www.yourtickettowork.com

Employment program for people with disabilities. The goal is to increase opportunities and choices for Social Security disability recipients to obtain employment, vocational rehabilitation, and other support services from public and private providers, employers, and other organizations. Our goal is also to assist the recipient to becoming self-sufficient by referring them to different networks including the state vocational rehabilitation agency.

Meals on Wheels

45 N. Main Street, Suite D Bel Air, MD 21014 410.838.0013 Fax – 410.879.5814 www.mealsonwheelsmd.org

Delivers nutritious meals to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Two meals are delivered daily Monday – Friday. Weekend meals are available for clients who meet special criteria.

Medical Assistance Transportation

Harford County Health Department 120 S. Hays Street Bel Air, MD 21014 410.638.1671 www.harfordcountymd.gov/health/

Provides appropriate transportation for Harford County medical assistance recipients to and from medical appointments covered by the Medical Assistance Program. Rides must be scheduled at least one day prior to appointment.

Mountain Christian Church

1824 Mountain Road Joppa, MD 21085 410.877.1824

Ministers to children with special needs via Sunday school, special events, fellowship events, and "Vacation Bible School" in the evenings. Also ministers to families with special needs via worship services, total communication classes (sign language), and parent support group.

Multiple Sclerosis Self-Help Group

Baltimore County 410.821.5790 Perry Hall

Serving people with MS. Support group meets on the 3rd Monday of the month at 7pm to provide support and information on MS research. An active group with professional speakers and social activities for those with MS, their families, and friends. Please call for more information.

My Sister's Place Lodge

17 West Franklin Street Baltimore, MD 21201 410.727.3523 www.cc-md.org

My Sister's Place Lodge is a transitional housing program in Baltimore City which provides case management and other support services to formerly homeless, mentally ill, poor and homeless women and children to help them return to self-sufficient life.

National Multiple Sclerosis Society Maryland Chapter

2219 York Road, Suite 302 Timonium, MD 21093 443.641.1200 Email – info@nmss-md.org www.nationalmssociety.org/ chapters/MDM/index.aspx

Provides education about MS, information and referrals, counseling services, support groups, advocacy, short-term respite, recreational programs, and assistance with durable medical equipment to individuals with MS and their families. Educational programs and information about MS available to the community.



Parents' Place of Maryland

801 Cromwell Park Drive, Suite 103 Glen Burnie, MD 21061 TDD/voice – 410.768.9100 Fax – 410.768.0830 Email – info@ppmd.org www.ppmd.org

A statewide, parent-directed, family-centered, cross-disability organization whose sole purpose is to enhance the ability of people with disabilities to participate as fully as possible in home, school, and community life through education, information and referrals, technical assistance, and support activities designed for their parents and families. Also assists parents through education workshops to be better advocates for their children. Membership is open to all parents of children with disabilities, regardless of the nature of the child's disability or age.

Partners for Success

100 Thomas Run Road Bel Air, MD 21015 410.638.3823 Fax – 410.638.3840

Program of the Maryland Department of Education Division of Special Education/ Early Intervention and local school systems to provide support and advice for children with special needs. Offices are located in every school district, and consist of at least one parent member and a professional educator.

People First of Harford County

410.638.1465

A group of self advocates who believe that all people should have the right to make decisions and control their lives. The group meets monthly to advocate for their rights as citizens focusing on three goals: 1. To educate themselves about their rights. 2. To educate other that people with disabilities want to be treated as PEOPLE first. 3. To have fun!

The Radio Reading Network of Maryland

3501 Taylor Avenue
Baltimore, MD 21236
410.779.4969
1.800.455.5605
Email – officemanager@radioreadingnetwork.org
www.radioreadingnetwork.org

and other information to the blind or physically disabled.

Real Choices Program

Harford County Health Department 120 S. Hays Street Bel Air, MD 21014 Fax – 410.879.6823 www.harfordcountymd.gov/health/

The Real Choices Program is a resource to help Medicare-eligible individuals who are 18 years of age and older who face the risk of nursing home placement or institutional care. Its goal is to assure that people with disabilities are given a choice between receiving the services they need in their homes and being cared for in an institution. It is a cooperative effort involving many public and non-profit organizations throughout Harford County.

Service Coordination

121 A Industry Lane, Suite 6 Forest Hill, MD 21050 410.893.0393 410.893.0397 (TTY) Fax – 410.893.4918 www.servicecoordinationinc.org

A state program offering case management services for persons with developmental disabilities and home visits for individuals accessing the service system. Must be referred by Developmental Disabilities Administration.

St. Matthew Lutheran Church

1200 Churchville Road Bel Air, MD 21014 410.838.3178 Fax – 410.838.2974 www.smlc.org

Friendship and Bible study. Offers enlarged print bibles and hymnals.

Supplemental Security Income (SSI)

1.800.772.1213 www.ssa.gov

Provides monthly income for lowincome people who are over age 65, blind, or disabled.

Temporary Disability Assistance Program (TDAP)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Program that helps disabled adults who do not qualify for other basic assistance benefits. Participants receive limited cash assistance. They may also qualify for food stamps, medical assistance, and housing assistance.

Therapeutic Riding at Normandy Farms, Inc.

3153 Ady Road Street, MD 21154 410.836.9441 www.normandyfarm.org

Provides therapeutic horseback riding for individuals with disabilities.

United Cerebral Palsy of Central MD, Inc. (UCP/CM, Inc.)

11350 McCormick Road, Suite 1100 Hunt Valley, MD 21031 410.484.4540 Fax – 410.484.1807 1.800.451.2452 (also TTY) www.ucp.org

Provides a variety of services to adults and children with disabilities including day habilitation, medical day care, supported employment, residential services, individual and family support services, educational services, information and referrals, and camp/recreational services.

Vocational Foundations Training Program (V.F.T.)

Harford Community College 401 Thomas Run Road Bel Air, MD 21015 443.412.2332 www.harford.edu

Provides a vocational training program for youths and adults with disabilities. This program is designed to teach job search skills and review basic academic skills ending in service-related employment. For eligibility requirements, call the Division of Rehabilitation Services at 410.836.4590.

A daily service providing reading of six daily newspapers, 25 magazines,

SECTION 7 Domestic Violence / Sexual Assault Resources — Maryland

Asian/Pacific Islander Domestic Violence Resource Project (DVRP)

P.O. Box 14268 Washington, DC 20044 202.464.4477 Fax – 202.986.9332 www.dvrp.org

Works with women in past or present abusive relationships to ensure that they are informed about their rights and available resources. Advocates provide peer support; safety planning; interpretation and translation; court accompaniment; emergency transportation; financial empowerment and life skills development; assistance in applying for public benefits; referrals for legal, shelter, and social services; and other support services as needed. Advocates speak Cantonese, Hindi, Farsi, Nepali, Urdu, Hmong, Japanese, Mandarin, Tagalog, Korean, Punjabi, Thai, and Vietnamese.

CHANA (Counseling, Helpline, and Aid Network for Abused Women)

101 W. Mount Royal Avenue Baltimore, MD 21201 410.727.4828

Offers a helpline, support group, individual counseling, safehouse, legal services, and referrals for Jewish victims of domestic violence.

Deaf Abused Women's Network (DAWN)

5321 First Place NE Washington, DC 20011 Video Phone – 202.559.5366 Fax – 202.742.1730 Email – info@deafdawn.org www.deafdawn.org

Services provided include advocacy, referrals, individual and group support, and a 24- hour email address hotline, crisis hotline for deaf, hard of hearing, and deaf/

blind victims of domestic violence and sexual assault. Appointments are strongly encouraged before coming to our office.

Family and Children's Services of Central Maryland

44 E. Gordon Street Bel Air, MD 21014 410.838.9000 Fax – 410.838.8953 Email – info@fcsmd.org

Family and Children's Services of Central Maryland (FCS) provides services that support individuals and families throughout their lifespan. We offer programs designed to help individuals and families solve vexing problems or prevent issues from becoming disabling. Our programs address issues including relationship disruption, family violence, sexual abuse, parent/child issues, teen pregnancy prevention, single or teen parenthood and elder care.

Maryland Coalition Against Sexual Assault

1517 Governor Ritchie Highway Suite 207 Arnold, MD 21012 1.800.983.RAPE 410.974.4507 Fax – 410.757.4770 www.mcasa.org

Statewide collective advocacy voice for accessible, compassionate care for survivors of sexual crimes, and accountability for all offenders.

Maryland Crime Victims' Resource Center, Inc.

(Stephanie Roper Foundation) 1001 Prince George's Boulevard Suite 750 Upper Marlboro, MD 20774 301.952.0063 (D.C. Metropolitan area) 410.234.9885 (Baltimore area) 1.877.842.8461 Fax – 240.929.0526 Email – mail@mdcrimevictims.org www.mdcrimevictims.org

Mission is to ensure that victims of violent crimes in Maryland receive justice and that these victims are treated with dignity and compassion. Provides comprehensive services to victims of all crimes, including criminal justice education, support services, legal services, faith services, and advocacy services.

Maryland Health Care Coalition Against Domestic Violence

1211 Cathedral Street Baltimore, MD 21201 410.539.0872 1.800.492.1056 Email – dvcoalition@medchi.org www.medchi.org

Statewide forum for all health care professionals and domestic violence agencies to work together to reduce the toll of domestic violence. Coalition offers networking and educational opportunities, training programs, and has developed educational materials about the health aspects of domestic violence for both patients and providers.

Maryland Network Against Domestic Violence

6911 Laurel-Bowie Road, Suite 309 Bowie, MD 20715 1.800.MD.HELPS 301.352.4574 Fax – 301.809.0422 www.mnadv.org

Works to eliminate domestic violence in Maryland through education, training, and advocacy. Works together with the local domestic violence programs as well as criminal justice and law enforcement personnel, legal advocates, healthcare and social service providers, clergy, educators, businesses, community groups, and concerned citizens to promote a continuum of services to provide consistent community responses to domestic violence.

Mid-Shore Council on Family Violence

P.O. Box 5 Denton, MD 21629 410.479.1149 1.800.927.4673 – 24 Hour Crisis Line www.mscfv.org

Serves families in Caroline, Dorchester, Kent, Talbot, and Queen Anne's counties with domestic violence problems. Offers 24-hour helpline, crisis intervention, counseling, legal services, batterers' program, education, training, and referrals.

Multi-Ethnic Domestic Violence Project

305 W Chesapeake Avenue, Suite 201 Towson, MD 21204 and 410.321.8761 410.534.8800 – multi-lingual voicemail Fax – 410.321.0462 Email – admin@wlcmd.org www.wlcmd.org

A project of the Women's Law Center of Maryland, this program focuses on the special needs of foreign-born victims of domestic violence. Services include assistance with filing for Protective Orders, legal accompaniment, translator services, referrals, and assistance with immigration issues.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207 Bel Air, MD 21014 410.836.8430 (24-hour helpline) 410.836.8431 – administration 410.879.3486 – Baltimore line Fax – 410.838.9484 www.sarc-maryland.org

Provides confidential domestic violence and sexual assault services in Harford County. Services include a safehouse for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

Survivors of Incest Anonymous

P.O. Box 190 Benson, MD 21018 410.893.3322 www.siawso.org

Twelve-step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

SECTION 8 Domestic Violence / Sexual Assault Resources – National

Abuse of Power.info

Diane Wetendorf, Inc. 847.469.8497 www.abuseofpower.info or www.policedv.org

Website for and by women who have been abused by intimate partners who are police officers or firefighters.

The National Center for Victims of Crime

2000 M Street NW, Suite 480 Washington, DC 20036 1.800.394.2255 Victims Hotline 202.467.8700 TTY – 1.800.211.7996 Fax – 202.467.8701 Email – gethelp@ncvc.org www.ncvc.org

Mission is to forge a national commitment to help victims of crime rebuild their lives. Provides direct services and resources to victims, advocates for passage of laws and public policies that create resources and secure rights and protections for crime victims, and delivers training and technical assistance to victim service organizations, counselors, attorneys, criminal justice agencies, and allied professionals.

The National Center for Victims of Crime – Stalking Resource Center

2000 M Street NW, Suite 480 Washington, DC 20036 1.800.394.2258 Victims Hotline 202.467.8700 TTY: 1.800.211.7996 Fax – 202.467.8701 Email – gethelp@ncvc.org www.ncvc.org/src

Goal is to raise public awareness about stalking, and to encourage the development and implementation of multidisciplinary responses to stalking in local communities. Program serves Violence Against Women Office grantees, criminal and civil justice system practitioners, community-based agencies, media representatives, stalking victims, and the general public.

National Coalition Against Domestic Violence

One Broadway, Suite B210 Denver, Colorado 80203 303.839.1852 Fax – 303.831.9251 1.800.799.SAFE (National Domestic Violence Hotline) www.ncadv.org

Mission is to organize for collective power by advancing transformative work, thinking, and leadership of communities and individuals working to end domestic violence. Work includes coalition building at the local, state, regional, and national levels; support for the provision of community-based, nonviolent alternatives (such as safehouses and shelter programs for battered women and their children); public education and technical assistance; policy development and innovative legislation; and efforts to eradicate the conditions that contribute to violence against women and children.

National Crime Victim Bar Association

2000 M Street NW, Suite 480 Washington, DC 20036 1.800.394.2258 Fax – 202.467.8701 www.ncvc.org/vb/

Provides technical support to attorneys representing crime victims in civil suits, refers crime victims to lawyers in their local area, and works to increase general awareness about the availability of civil remedies for victims of crime.

National Domestic Violence Hotline

P.O. Box 161810 Austin, Texas 78716 1.800.799.SAFE (7233) 1.800.787.3224 (TTY) www.ndvh.org/

Offers crisis intervention, information about domestic violence, and referrals to local service providers to victims of domestic violence and those calling on their behalf.



National Network to End Domestic Violence

2001 S. Street NW, Suite 400 Washington, DC 20009 202.543.5566 Fax – 202.543.5626 www.nnedv.org

A social change organization representing state domestic violence coalitions dedicated to creating a social, political, and economic environment in which violence against women no longer exists.

National Organization for Victim Assistance

Courthouse Square 510 King Street, Suite 424 Alexandria, VA 22314 703.535.6682 1.800.879.6682 (24 Hour Hotline) www.trynova.org

Promotes rights and services for victims of crime and crisis everywhere. Provides national advocacy, direct services to victims, assistance to professional colleagues, and membership activities and services.

National Sexual Violence Resource Center

123 N. Enola Drive Enola, PA 17025 717.909.0710 1.877.739.3895 717.909.0715 TTY Fax – 717.909.0714 Email – resources@nsvrc.org www.nsvrc.org/

Collection and distribution center for information, statistics, and resources related to sexual violence.

RAINN (Rape, Abuse, and Incest National Network)

200 L Street NW, Suite 406 Washington, DC 20036 202.544.3064 1.800.656.HOPE (National Sexual Assault Hotline) Fax – 202.544.3556 Email – info@rainn.org www.rainn.org (includes an online-hotline)

Carries out programs to prevent sexual assault, help victims, and to ensure that rapists are brought to justice.

SECTION 9 Education

Bel Forest Christian Academy

603 Vale Road Bel Air, MD 21014 410.838.6074 Fax – 410.830.8694 www.bfchristianacademy.org *PreK–3 thru 8th grade*.

Catholic Charities Family Center and Early Head Start

—ABERDEEN
34 N Philadelphia Boulevard
Aberdeen, MD 21001
410.273.5650
Fax – 410.272.6082

—EDGEWOOD 1980 Brookside Drive Edgewood, MD 21040 410.612.1760 Fax – 410.612.1763

Mission is family preservation through the provision of core supportive services, including on-site childcare for children up to age three, access to GED and computer literacy classes, parenting education, life skills training, and pregnancy prevention techniques. Targets young parents and their children.

Harford Community College

401 Thomas Run Road Bel Air, MD 21015 410.412.2000 www.harford.edu

Offers credit and non-credit courses for academic degrees and for personal enrichment and development. Will provide general financial aid information and general educational counseling. Speakers Bureau available free of charge to civic groups, non-profit organizations, and schools.

Harford Community College – Adult Basic Education/Literacy

401 Thomas Run Road Bel Air, MD 21015 443.412.2152 or 443.412.2616 www.harford.edu

A free program for adults 16 and older who have withdrawn from school who want to improve their basic, reading, writing, and math skills. A one-on-one literacy tutoring program is offered for beginning readers. Students are able to work at their own pace.

Harford Community College – Credit by Exam

401 Thomas Run Road Bel Air, MD 21015 443.412.2352 www.harford.edu

Allows adults to receive college credits for life experiences.

Harford Community College – Disability Support Services

401 Thomas Run Road Bel Air, MD 21015 443.412.2402 TTY – 443.412.2199 www.harford.edu

Services are provided to students with documented physical, learning, psychological, or other disabilities. Services include assistive technology, assistance with improving study skills, specialized career counseling, tutoring, and other additional support services.

Harford Community College – ESL (English as a Second Language)

401 Thomas Run Road Bel Air, MD 21015 443.412.2152 or 443.412.2616 www.harford.edu

Course is for foreign-born adults (ages 16 and over) who want to improve their English skills. Students will have the opportunity to improve their speaking, listening, reading, and writing skills. Classes are free.

Harford Community College – Financial Aid Office

410 Thomas Run Road Bel Air, MD 21015 443.412.2257 Fax – 443.412.2169 www.harford.edu

Offers financial aid, scholarships, and grants to qualifying Harford Community College students.

Harford Community College - GED Test Preparation

401 Thomas Run Road Bel Air, MD 21015 443.412.2152 www.harford.edu

Classes are for people age 16 and over who did not complete high school and want to take the GED exam.



Harford County Council of PTA

P.O. Box 435 Bel Air, MD 21014 Email – hccpta@pta.org www.hccpta.org

Promotes the welfare of children and youth in home, school, community and place of worship.

Harford County Public Schools

Homeless Services Liaison, Office of Pupil Personnel Services 102 S. Hickory Avenue Bel Air, MD 21014 410.588.5286 www.hcps.org

Provides information to parents about the rights of homeless children to an education.

Harford County Public Schools Board of Education

102 S. Hickory Avenue Bel Air, MD 21014 410.838.7300 www.hcps.org

HealthLink Community Resource Library

Upper Chesapeake Medical Center 443.643.2923 www.uchs.org

Free medical and health information lending library for adults and children. Offers a comprehensive collection of health-related books and magazines, medical journals, reference materials, health education videos, and computer resources to access health-related information online. All Harford County residents are eligible to receive a free library card.

Higher Education and Conference Center @ HEAT

1201 Technology Drive Aberdeen, MD 21001 443.360.9200 Fax – 443.360.9109 www.heatcentermaryland.com.

The Higher Education & Conference Center at HEAT, located in Aberdeen, Maryland, at the juncture of Interstate 95 and Rt. 22, provides expanded higher education access to the citizens of northeastern

Maryland. Baccalaureate and graduate programs are offered by colleges and universities in support of the educational needs of the region. Please see our website for specific program information.

The Highlands School

2409 Creswell Road Bel Air, MD 21015 410.836.1415 www.highlandsschool.net

Mission is to identify and serve children who have the potential for average or above average achievement, in grades K-8, who are struggling to learn by conventional methods and who manifest learning differences in one or more areas of skill development.

Homeschool Association of Harford & Surrounding Areas (HAHSA)

410.557.4227 Email – contactus@hahsa.org www.hahsa.org

The Homeschool Association of Harford & Surrounding Areas (HAHSA) is an inclusive support group for all families located in Central and Northeast Maryland and surrounding areas who are looking for a wide array of social and academic opportunities to enrich and enhance the homeschool journey. Our parent-led community welcomes everyone of all homeschool approaches, learning styles, abilities and disabilities, lifestyles, races, ethnicities, creeds and religions and asks only that rules of civility, kindness and compassion be honored by all, for all.

Huntington Learning Center

565 Baltimore Pike Bel Air Plaza Bel Air, MD 21014 410.420.3020 1.800.CAN.LEARN www.huntingtonlearning.com

Maryland State Department of Education

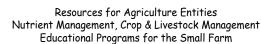
Homeless Education Coordinator 200 W. Baltimore Street Baltimore, MD 21201 410.767.0945 www.marylandpublicschools.org/MSDE

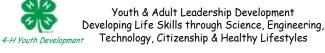
Provides information to parents about the rights of homeless children to an education.



Harford County Office P.O. Box 663 Forest Hill, Maryland www.harford.umd.edu 410-638-3255









Cultivating Success in Your Backyard Home & Garden Consultant Plant & Insect Questions Answered

Your front door to the University in solving practical problems where you live and work.

We are as near as your phone or computer, or stop by 2335 Rock Spring Road in Forest Hill.

Let us be your 'solutions in your community.'

University of Maryland Extension programs are open to all citizens without regard to race, color, gender, religion, national origin, sexual orientation, age, marital or parental status or disability.

Master Gardeners of Harford County

2335 Rock Spring Road, P.O. Box 663 Forest Hill, MD 21050 410.638.3255

Mission: 'Educate Maryland residents about safe, effective, and sustainable horticultural practices that build healthy gardens, landscapes, and communities.' Maryland Master Gardeners are volunteers trained by the University of Maryland who provide horticultural education services to individuals, groups and communities. Over 1000 Master Gardeners contribute tens of thousands of volunteer hours each year serving citizens of Maryland. Training to become a Harford County Master Gardener is held once a year. Contact the office for more information.

The John Archer School

100 Thomas Run Road Bel Air, MD 21015 410.638.3810 Fax – 410.638.3840 www.hcps.org

The only public special education school serving students with disabilities in Harford County.

University of Maryland Extension – Harford County Office

2335 Rock Spring Road, P.O. Box 663 Forest Hill, MD 21050 410.638.3255 www.harford.umd.edu

Our mission is "Educating People to Help Themselves" with practical, research-based knowledge. Whether it is information on horticulture, agriculture, nutrient management or joining 4-H, Harford County Extension is here to answer your questions. Maryland Extension offers educational programs and problemsolving assistance dealing with these topics. Our staff will work to provide the answers and assistance you need.

University of Maryland University College

Building 4305, Room 210 Aberdeen Proving Ground, MD 21005 410.272.8269 301.621.9882

Includes lab classes and access to a variety of programs. Please call for information.

Weekend College

HEAT Center 1201 Technology Drive Aberdeen, MD 21001 Contact 410.532.5500 for information or send email to: wec@ndm.edu

A partnership between Harford Community College and the College of Notre Dame. Offers Friday evening and Saturday classes at HCC and the HEAT center.

Employment

Alliance, Inc.

4510 Wharfpoint Court Belcamp, MD 21017 410.994.0600 and

- —OUTPATIENT MENTAL HEALTH CLINIC 4 North Avenue, Suite 306 Bel Air, MD 21014 410.420.7929
- —INTENSIVE OUTPATIENT PROGRAM 125-127 S. Philadelphia Road Aberdeen MD 21001 410.273.1390 www.allianceinc.org

Provides case management, therapy, and psychiatric services to children and adults with emotional, mental, and behavioral disorders. The goal of case management is to successfully integrate the client into the community. Other services include residential program, vocational rehabilitative services, and a factory division (providing jobs for people with disabilities).

Bel Air Workforce Center

2 S. Bond Street Bel Air, MD 21014 410.836.4603 www.mwejobs.com

We are members of the Maryland Workforce Exchange. Created to improve access to information about jobs, training and workforce support throughout Maryland. Workforce Exchange connects agencies, programs and services electronically to assist employers and individuals in making the right decisions for future success.

Community Behavioral Services, Inc.

109 W. Bel Air Avenue Aberdeen, MD 21001 410.297.2271 Fax – 410.297.2273

www.communitybehavioralservices.com

Non-profit mental health organization whose mission is to provide therapeutic services to those with mental illnesses or developmental disabilities. Offers adult psychiatric rehabilitation services, a mental health vocational program, and alternative after-school programs.

Equal Employment Opportunity Commission

131 M Street NE Washington DC 20507 1.800.669.4000 202.663.4900 TTY 202.663.4494 www.eeoc.gov

Investigates charges of discrimiation in the employment based upon age, gender, color, religion, national origin, retaliation, and disability.

Harford Community College – Career Services

410 Thomas Run Road Bel Air, MD 21015 443.412.2301 www.harford.edu

Provides individual career and educational counseling. Academic advising and vocational testing available.

Maryland State Department of Education – Division of Rehabilitative Services (DORS)

2 S. Bond Street Bel Air, MD 21014 410.836.4590 TTY – 410.836.4583 Fax – 410.836.4584 www.dors.state.md.us/dors

Mission is to promote leadership and support in promoting the employment, economic self-sufficiency, and independence of individuals with disabilities. Offers vocational evaluation, skills training, academic preparation, job placement assistance, and independent living programs.



Maryland State Harford County Government Job Line

410.638.HIRE www.harfordcountymd.gov Go to "Job Opportunities"

Maryland State Harford County Unemployment Office

2 S. Bond Street Bel Air, MD 21014 410.836.4649 (24-hour job network) www.careernet.state.md.us

Office registers laid-off workers for unemployment insurance, offers reduced work-hour programs. Services include the Harford County Job Service office, which is in partnership with Susquehanna Workforce Center.

Rucha, Inc.

105 W. Bel Air Avenue P.O. Box 114 Aberdeen, MD 21001 410.272.0009 Fax – 410.272.9363 Email – ruchainc@ruchainc.org www.ruchainc.org

Faith-based organization providing housing and emergency referrals, assistance with clothing, food, and utility bills, and offering educational opportunities, job training, and personal development skills.

Susquehanna Workforce Network

- —ADMINISTRATIVE OFFICE 410 Girard Street Havre de Grace, MD 21078
- —BEL AIR
 2 S. Bond Street
 Bel Air, MD 21014
 410.836.4603
- —ABERDEEN
 34 N. Philadelphia
 Boulevard, 3rd Floor
 Aberdeen, MD 21001
 410.272.5400
- —ELKTON 1275 W. Pulaski Highway Elkton, MD 21921 410.996.0550

www.swnetwork.org

Offers job listings, resume posting on the internet, information on job fairs, workshops, career assessment, employment counseling, skills enhancement, and training services for Harford and Cecil County residents.

Tabitha's House

112-D Connolly Road Fallston, MD 21047 410.877.9730 Fax – 410.877.9731

Tabitha's House has been in existence since 1998 and assisting people with food, clothing, household items, school supplies, holiday assistance and referrals. Our services are offered at no charge to Harford County residents. We also offer a thrift store with prices based for low-income people. Donations are accepted: Tues. 10am–3pm, Thurs. 10am–6pm and Sat.10am–2pm.

Upper Chesapeake Health Jobline

1.800.791.9070 www.uchs.org

Vocational Foundations Training Program (V.F.T.)

Harford Community College 401 Thomas Run Road Bel Air, MD 21015 443.412.2332 www.harford.edu

Provides a vocational training program for youths and adults with disabilities. This program is designed to teach job search skills and review basic academic skills ending in service-related employment. For eligibility requirements, call the Division of Rehabilitation Services at 410.836.4590.

SECTION 11Faith-Based Resources

Bel Air United Methodist Church

21 Linwood Avenue Bel Air, MD 21014 410.838.5181 Fax – 410.893.8363 www.baumc.com

Offers financial assistance to county residents on Mondays only from 10:30am–1pm.

Calvary Baptist Church

206 Courtland Place Bel Air, MD 21014 410.838.6080 Fax – 410.879.3318 www.calvarybelair.com

Offers financial assistance Monday – Thursday from 10am–3pm. Must fill out an application first (on Tuesdays and Thursdays between 9am–3pm). Provides gas vouchers on Tuesdays and Thursdays between 9am–3pm. Must call first.

Faith Activated Community Empowering Intervention Training (FACE-IT)

319 South Main Street Bel Air, MD 21014 410.638.3333

odcp@harfordcountymd.gov

To educate our youth and the faith community about the issues of use, abuse and addiction in Harford County. To encourage local faith and youth based organizations to form partnerships to provide advocacy opportunities and informal format for interdenominational meetings to see community mobilization and prevention efforts. To increase cooperation between community organizations, government agencies and all faith-based organizations.

Harvest of Love Mission

37 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.8995

www.wofom.org/harvest of love.html

Distributes emergency food, clothing, furniture, cleaning supplies, and small appliances to moderate- and low-income residents of Harford and Cecil counties. Also provides some holiday meals.

Inner County Outreach

529 Edmund Street Aberdeen, MD 21001 410.272.3278

Provides a variety of services for adults, children, and families, with a focus on Aberdeen and surrounding areas.

Pastoral Counseling Services of Maryland

- —FIRST PRESBYTERIAN CHURCH 224 N. Main Street Bel Air, MD 21014
- —ST. MARY'S EPISCOPAL CHURCH 1 St. Mary's Church Road Abingdon, MD 21009



—ST. JOHN'S EPISCOPAL CHURCH 114 North Union Avenue Havre de Grace, MD 21009 —MAIN OFFICE

5047 N. Charles Street Baltimore, MD 21771 410.433.8861 x501 1.800.427.4027 www.pcsm.org

Non-profit, community-based organization dedicated to strengthening emotional and spiritual health by providing counseling and psychotherapy services to individuals, couples, families, children, and adolescents.

Rucha, Inc.

105 W. Bel Air Avenue P.O. Box 114 Aberdeen, MD 21001 410.272.0009 Fax – 410.272.9363 Email – ruchainc@ruchainc.org www.ruchainc.org

Faith-based organization providing housing and emergency referrals, assistance with clothing, food, and utility bills, and offering educational opportunities, job training, and personal development skills.

Salvation Army

300 Rear Seneca Avenue P.O. Box 309 Havre de Grace, MD 21078 410.939.3535 Fax – 410.939.5641

Food – 9–11am & 1–2:30pm and 9am–3:30pm. After hours call local Harford County Police Department for lodging.

Motel placements, meals, counseling and eviction prevention for men, women, women with children, men with children and two-parent families.

St. Francis De Sales Catholic Church

1450 Abingdon Road Abingdon, MD 21009 410.676.5119 Fax – 410.676.7520 www.stfrancisabingdon.org

Offers financial assistance and a food pantry on Thursdays from 6–7:30pm and Saturdays 9–10:30am.

St. George's Episcopal Church

1522 Perryman Road Perryman, MD 21130 410.272.6622

St. George's Episcopal Church's Parish House is open every 2nd Wednesday of the month from 1pm–3pm. Free food is distributed. St. George's Food Pantry provides non-perishable foods such as meats, vegetables, canned fruit, and other assorted items. Fresh produce is available in season. A one time registration with picture identification is required. Contact St. George's Episcopal Church at 410.272.6622 for more information.

St. Joan of Arc Church

222 S. Law Street Aberdeen, MD 21001 410.272.4535 www.stjoanarc.org

Through its St. Vincent de Paul Society, volunteers provide emergency aid to individuals or families in need, providing assistance with counseling, food, utility assistance, clothing, and rent. Works with the FISH (Friends In Self-Help) chapter in Aberdeen to provide similar services.

St. Mary's Episcopal Church

1 St. Mary's Church Road Abingdon, MD 21001 410.569.0180 www.pcsm.org

Non-profit, community-based organization dedicated to strengthening emotional and spiritual health by providing counseling and psychotherapy services to individuals, couples, families, children, and adolescents.

St. Matthew Lutheran Church

1200 Churchville Road Bel Air, MD 21014 410.838.3178 Fax – 410.838.2974 www.smlc.org

Offers a food bank once a month. Call ahead.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road Joppa, MD 21085 410.679.4000 www.trinityjoppa.org

Food pantry open every Thursday from 3:30–5pm; Saturdays 10am–noon.

Urban Impact, Inc.

1605 Waltman Road Edgewood, MD 21040 410.612.0022

Provides a variety of services for children, adults, and families, with a focus on Edgewood and surrounding areas.

SECTION 12 Financial Resources

Bel Air United Methodist Church

21 Linwood Avenue Bel Air, MD 21014 410.879.2797 410.838.5181 Fax – 410.893.8363 www.baumc.com

Offers financial assistance to county residents on Mondays only from 10:30am–1pm.

Better Business Bureau of Greater Maryland

1414 Key Highway, Suite 100 Baltimore, MD 21230 410.347.3990 Fax – 410.347.3936 www.baltimore.bbb.org

Processes and mediates written complaints against business firms; investigates fraud and provides information on business firms and charitable solicitations.

Calvary Baptist Church

206 Courtland Place Bel Air, MD 21014 410.838.6080 Fax – 410.879.3318 www.calvarybelair.com

Offers assistance for rent and BGE evictions. Must call first. Calls are taken from 8:30–10am Mondays only.

Comptroller of Maryland

300 E. Joppa Road, Plaza Level 1A Towson, MD 21286 410.321.2306 www.marylandtaxes.com



Consumer Credit Counseling Service of Maryland and Delaware

757 Frederick Road Baltimore, MD 21228 1.800.642.2227 Fax – 410.869.8828 www.cccs-inc.org

Accredited non-profit community service organization dedicated to helping individuals and families resolve financial problems. Promotes the wise use of credit through confidential budget counseling, debt management repayment program, and community education.

Consumer Protection Division

Office of the Attorney General 200 St. Paul Place
Baltimore, MD 21202
410.528.8662 – Consumer hotline
1.887.261.8807 – Medical billing complaints hotline
1.877.261.8807 – Health plan decision appeals hotline (toll-free)
1.888.743.0023
TTD – 410.576.6372
Email – consumer@oag.state.md.us www.oag.state.md.us/consumer/

Attorney General's Office processes written complaints dealing with purchases, billing, errors, and contracts. Informational brochure to assist customers.

Crisis Assistance Services

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Limited funding sources are available each fiscal year to help individuals and families with children who are experiencing certain types of crisis situations. May be able to help with homelessness, eviction/mortgage foreclosure, utility turn-off, natural disasters, stranded away from home or job, prescription medications, and residents recently released from the Harford County detention center.

FISH (Friends In Self-Help)

P.O. Box 522 Bel Air, MD 21014 410.836.6440 —HAVRE DE GRACE/AE

—HAVRE DE GRACE/ABERDEEN 428 Battery Drive

Havre de Grace MD 21078 410.836.6440

- —JOPPA/EDGEWOOD P.O. Box 105 Joppa MD 21085 410.836.6442
- WEST HARFORD FISH (Bel Air & surrounding areas Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, Delta, etc.)
 P.O. Box 552
 Bel Air MD 21014
 410.836.6441

Three chapters of HC FISH consist of concerned citizens who volunteer their time and talents to minister to emergency needs of fellow citizens. These needs may be for food delivery (when no transportation is available), prescriptions, rent aid, utility cutoffs, transportation to doctor appointments when drivers are available,1–2 nights lodging and other various crisis. FISH depends solely on the generosity of local churches and civic groups and concerned individuals.

Harford Community Action Agency

1321 Woodbridge Station Way, Suite B Edgewood, MD 21040 Food Pantry – 410.612.9899 All other programs – 410.612.9909

Provides help to Harford County residents in financial difficulty. Services include: Bel Air Emergency Food Pantry, Harford County Fuel Fund (utility assistance), Maryland Energy Assistance Program, Food pantry hours are Monday thru Thursday 8:30am–12pm and 1–4pm.

Independence for Women (and Men)

Workshop Coalition for Harford County 401 Thomas Run Road Bel Air, MD 21015 410.836.4376 443.412.2176

The program is designed to empower midlife and older women, as well as men and women of all ages, to make informed decisions about their finances. Jointly sponsored by the AARP, Harford Community College, and MD Cooperative Extension Service, the eight-week workshop is planned for each spring and/or fall and serves all levels of income.

MAIF (Maryland Automobile Insurance Fund)

1750 Forest Drive Annapolis, MD 21401 410.269.1680 1.800.492.7114 www.maif.net/emaif/

For citizens denied auto insurance by private companies.

Maryland Small Business Development Center

Harford Community College 401 Thomas Run Road Bel Air, MD 21015 443.412.2237 Fax – 443.412.2353 Email – sbdc@harford.edu www.harford.edu/sbdc

Resource and referral service for small businesses (retail, service) in Harford County; part of state network-comprehensive management assistance for small businesses.

Renter's Tax Credit

Maryland Department of Assessment and Taxation Taxpayer Service Division 301 W. Preston Street Baltimore, MD 21201 1.888.246.5941 TTY: 1.800.735.2258 www.dat.state.md.us

Must be age 60 and over or a surviving spouse, disabled, or meet certain income deadlines to qualify.

Salvation Army

300 Rear Seneca Avenue P.O. Box 309 Havre de Grace, MD 21078 410.939.3535\Department for lodging.

Motel placements, meals, counseling and eviction prevention for men, women, women with children, men with children and two-parent families.

St. Francis De Sales Catholic Church

1450 Abingdon Road Abingdon, MD 21009 410.676.5119 Fax – 410.676.7520 www.stfrancisabingdon.org

Offers financial assistance and a food pantry on Thursdays from 6–7pm and Saturdays 9–10am.

St. Joan of Arc Church

222 S. Law Street Aberdeen, MD 21001 410.272.4535 www.stjoanarc.org

Through its St. Vincent de Paul Society, volunteers provide emergency aid to individuals or families in need, providing assistance with counseling, food, utility assistance, clothing, and rent. Works with the FISH (Friends In Self-Help) chapter in Aberdeen to provide similar services.

St. Matthew Lutheran Church

1200 Churchville Road Bel Air, MD 21014 410.838.3178 Fax – 410.838.2974 www.smlc.org

Offers a food bank once a month and assistance with eviction prevention and BGE turnoff (every six months). Call ahead.

Temporary Cash Assistance (TCA)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

A component of the Family Investment Program, TCA provides cash assistance to low-income families with minor children. Families can receive benefits for 60 months over a lifetime.

Temporary Disability Assistance Program (TDAP)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Program that helps disabled adults who do not qualify for other basic assistance benefits. Participants receive limited cash assistance. They may also qualify for food stamps, medical assistance, and housing assistance.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road Joppa, MD 21085 410.679.4000 www.trinityjoppa.org

Food closet open every Thursday from 3:30–5pm.

US Department of Labor

Office of Worker's Compensation Program's 1.866.487.2365 www.dol.gov

Credit Reporting Agencies

Equifax, Inc.

P.Ö. Box 740241 Atlanta, GA 30348 1.800.685.1111 www.equifax.com

Experian

www.experian.com

TransUnion

2 Baldwin Place P.O. Box 2000 Chester, PA 19022 1.800.888.4213 www.transunion.com

SECTION 13 Food

Bel Air Emergency Food Pantry

1321 Woodbridge Station Way, Suite B Edgewood, MD 21040 Food Pantry – 410.612.9899 All other programs – 410.612.9909

Provides help to Harford County residents in financial difficulty. Services include: Bel Air Emergency Food Pantry, Harford County Fuel Fund (utility assistance), Maryland Energy Assistance Program, Food pantry hours are Monday thru Thursday 8:30am—12pm and 1—4pm, Friday 8:30am—12pm.

Bel Air United Methodist Church

21 Linwood Avenue Bel Air, MD 21014 410.879.2797 410.838.5181 Fax – 410.893.8363 www.baumc.com

Offers financial assistance to county residents on Mondays only from 10:30am–1pm.

Calvary Baptist Church

206 Courtland Place Bel Air, MD 21014 410.838.6080 Fax – 410.879.3318 www.calvarybelair.com

Offers assistance for rent, BGE & evictions. Must call first. We take calls from 8:30–10am Mondays only.

FISH (Friends In Self-Help)

P.O. Box 522 Bel Air, MD 21014 410.836.6441 (Bel Air and Surrounding Areas)

- —HAVRE DE GRACE/ABERDEEN 428 Battery Drive Havre de Grace, MD 21078 410.836.6440
- —JOPPA/EDGEWOOD P.O. Box 105 Joppa, MD 21085 410.836.6442
- WEST HARFORD FISH (Bel Air & surrounding areas Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, Delta, etc.)
 P.O. Box 552
 Bel Air, MD 21014
 410.836.6441

Three chapters of HC FISH consist of concerned citizens who volunteer their time and talents to minister to emergency needs of fellow citizens. These needs may be for food delivery (when no transportation is available), prescriptions, rent aid, utility cutoffs, transportation to doctor appointments when drivers are available,1–2 nights lodging and other various crisis. FISH depends solely on the generosity of local churches and civic groups and concerned individuals

Food Stamp Program

2 S Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Helps low-income individuals and families purchase food.

Grace United Methodist

110 West Bel Air Avenue Aberdeen, MD 21001 410.272.0909

Offers emergency food assistance Monday through Friday from 9am– 1pm. Please bring Photo I.D.

Grove Presbyterian Church

50 E. Bel Air Avenue Aberdeen, MD 21001 410.272.0896

Soup kitchen is open Thursdays from 11:30am–1pm. Food pantry is available Wednesdays from 7–8pm. Thrift shop is open on Mondays and Wednesdays from 10am until noon.

Harvest of Love Mission

37 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.8995

www.wofom.org/harvest of love.html

Distributes emergency food, clothing, furniture, cleaning supplies, and small appliances to moderate- and low-income residents of Harford and Cecil counties. Also provides some holiday meals.

Lutheran Mission Society

531 Legion Drive Havre de Grace, MD 21078 410.939.0879 www.lutheranmissionsociety.org

Open Monday–Saturday 8:30am–4pm. Clothing, food, house wares and prescription eyeglass vouchers are among available items.

Mason-Dixon Community Services

708 Highland Road P.O. Box 34 Street, MD 21154 410.452.9025 Fax – 410.452.0077 www.mason-dixon.org

Offers food assistance, energy assistance, counseling and information referrals, and programs for children including homebased Head Start, summer camp, and a mentoring program for residents of northern Harford County. They also offer many services for all of Harford County, including a Holiday Adoption Program (for Thanksgiving and Christmas), a winter coat drive, Toys for Tots program, and Fresh Start Boxes. In addition, they offer a soup kitchen on the third Friday of every month. There is a food locker once a month where women can go to receive food and nutrition information. Open 9am–12noon.

Meals on Wheels

45 N. Main Street, Suite D Bel Air, MD 21014 410.838.0013 Fax – 410.879.5814 www.mealsonwheelsmd.org

Delivers nutritious meals to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Two meals are delivered daily Monday–Friday. Weekend meals are available for clients who meet special criteria.

New Covenant Church of God (House of Manna)

2530 Conowingo Road Bel Air, MD 21015 410.420.1299 www.newcovenantcog.org

Food pantry on Thursdays from 9am-9pm.

Oak Grove Baptist Church

2106 East Churchville Road Bel Air, MD 21015-4908 410.879.5337 www.oakgrovebaptist.com

Operates a food pantry and clothing closet; Thursday 10am-2pm and 3rd Saturday of the month from 10am-2pm.

Prince of Peace Church

2600 Willoughby Beach Road Edgewood, MD 21040 11:30am–1pm – 410.679.5912

Rucha, Inc.

105 W. Bel Air Avenue P.O. Box 114 Aberdeen, MD 21001 410.272.0009 Fax – 410.272.9363 Email – ruchainc@ruchainc.org www.ruchainc.org

Faith-based organization providing housing and emergency referrals, assistance with clothing, food, and utility bills, and offering educational opportunities, job training, and personal development skills.

Salvation Army

300 Weber Street
P.O. Box 309
Havre de Grace, MD 21078
410.939.3535
Fax – 410.939.5641
Food – By appointment only. After hours call local Harford County
Police Department for lodging.

Motel placements, meals, counseling and eviction prevention for men, women, women with children, men with children and two-parent families.

Senior Citizen Meal Programs

Harford County Office On Aging 145 N. Hickory Avenue Bel Air, MD 21014 410.638.3025 Fax – 410.893.3025 www.harfordcountymd.gov/ services/aging/meals.cfm

Noontime meal provided Monday thru Friday at each of Harford County's senior activity centers. Reservations should be made by calling a senior center near you.

The Sharing Table

410.652.9572 Email – sharingtableinfo@gmail.com www.thesharingtable.org

St. Francis De Sales Catholic Church

1450 Abingdon Road Abingdon, MD 21009 410.676.5119 Fax – 410.676.7520 www.stfrancisabingdon.org

Offers financial assistance and a food pantry on Thursdays from 6–7pm and Saturdays 9–10am.

St. Joan of Arc Church

222 S. Law Street Aberdeen, MD 21001 410.272.4535 www.stjoanarc.org

Through its St. Vincent de Paul Society, volunteers provide emergency aid to individuals or families in need, providing assistance with counseling, food, utility assistance, clothing, and rent. Works with the FISH (Friends In Self-Help) chapter in Aberdeen to provide similar services.

St. Johns Episcopal Church

114 Union Avenue Havre de Grace, MD 21078 410.939.2107

Grace Place is open every Tuesday from 11:15am–12:30pm. A free lunch is served and each person is sent home with a bag of groceries.



SECTION 14 FURNITURE / HOUSEHOLD ITEMS

St. Mary's Catholic Church

1021 St. Mary's Road Pylesville, MD 21132 410.452.5166

Food pantry is open on the 3rd Saturday of the month from 10am–12pm.

St. Matthew Lutheran Church

1200 Churchville Road Bel Air, MD 21014 410.838.3178 Fax – 410.838.2974 www.smlc.org

Offers a food pantry once a month.

Summer Meals for Kids Program

Community Action Agency 1321 B Woodbridge Station Way Edgewood, MD 21040 410.612.9909

Program sponsored by the Board of Education and Community Action Agency that provides breakfast and lunch to children for four to six weeks during the summer. The program also offers arts and crafts and reading activities before and after lunch. Available to children who qualify for free or reduced meals during the school year.

Tabitha's House

112-D Connolly Road Fallston, MD 21047 410.877.9730 Fax – 410.877.9731

Tabitha's House has been in existence since 1998 and assisting people with food, clothing, household items, school supplies, holiday assistance and referrals. Our services are offered at no charge to Harford County residents. We also offer a thrift store with prices based for low-income people. Donations are accepted: Tues. 10am–3pm, Thurs. 10am–6pm and Sat. 10am–2pm.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road Joppa, MD 21085 410.679.4000 www.trinityjoppa.org

Food pantry open every Thursday from 3:30–5pm; Saturday 10am–noon.

WIC (Women, Infants, and Children)

410.273.5656 (appointments must be made through this number)

- 34 N. Philadelphia Boulevard Aberdeen, MD 21001
- 1321 Woodbridge Station Way

410.619.1776 www.fns.usda.gov/wic/ www.harfordcountymd.gov/health/

Federally-funded program that provides healthy foods to eligible pregnant women, new mothers, infants, and children up to age five. Offers vouchers to purchase nutritious foods, nutrition counseling, and help with breastfeeding.

SECTION 14 Furniture / Household Items

Alpha's Glory Crisis Pregnancy Center

106 N. Philadelphia Boulevard
Aberdeen, MD 21001
410.272.4711
Fax – 410.272.6442
www.alphasglorycpc.org

Provides info about pregnancy/adoption/ abortion alternatives, material assistance (baby clothing, furniture, diapers, maternity clothing), spiritual and emotional support, abortion recovery, parenting classes, and free pregnancy tests. 10am–3pm.

Goodwill Industries, Inc.

711 Bel Air Road Bel Air, MD 21014 410.879.8001 www.goodwill.org

Sells used clothing, furniture, and household items.

Harvest of Love Mission

37 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.8995

Distributes food, clothing, furniture, cleaning supplies, and small appliances to moderate-and low-income residents of Harford and Cecil counties. Also provides holiday meals.



Tabitha's House

112-D Connolly Road Fallston, MD 21047 410.877.9730 Fax – 410.877.9731

Tabitha's House has been in existence since 1998 and assisting people with food, clothing, household items, school supplies, holiday assistance and referrals. Our services are offered at no charge to Harford County residents. We also offer a thrift store with prices based for low-income people. Donations are accepted: Tues. 10am–3pm, Thurs. 10am–6pm and Sat.10am–2pm.

SECTION 15 General Information

Aberdeen Chamber of Commerce

117 S. Philadelphia Boulevard Aberdeen, MD 21001 410.272.2580 Fax – 410.272.9357 www.aberdeencc.com

Works for the advancement of civic, commercial, industrial and agricultural interest for the city of Aberdeen and surrounding communities; the promotion of the general welfare of the county and its subdivisions; the stimulation of public sentiment to those ends; and provides and promotes economic and social programs and events.

City of Aberdeen

60 N. Parke Street Aberdeen, MD 21001 410.272.1600 Fax – 410.273.7402 www.aberdeen-md.org Open 8:30am–5pm. After hours emergency / police – 410.272.2121

City of Havre de Grace

711 Pennington Avenue Havre de Grace, MD 21078 410.939.1800 www.havredegracemd.com After hours emergency / police – 410.939.2121

Federal Information Center

1.800.333.4630 Information regarding services, programs, regulations, and opportunities within the federal government.

Local Philanthropy At Its Best

Created by and for the people of Harford County, the Community Foundation of Harford County brings people, business, organizations, and government together to make our county a better place, today and for future generations.

The Community Foundation of Harford County helps individuals, families and businesses create legacies to benefit the causes about which they care. We offer a variety of giving options that are easy to set up and manage, and that provide tax benefits. Charitable gifts are used to make Harford County stronger through grant-making to local nonprofits and through scholarships.











We are about people helping people...

How can we help you to help others?

Become part of the Community Foundation today!

Connecting People Who Care with Causes That Matter P.O. Box 612 • Bel Air, MD • 21014 443-371-6062 • cfharfordcounty@comcast.net www.cfharfordcounty.org

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Harford Community College

401 Thomas Run Road Bel Air, MD 21015 410.836.4000 www.harford.edu

Offers credit and non-credit courses for academic degrees and for personal interest and development. Will provide financial aid information and general educational counseling. Has Speakers Bureau available, free-of-charge, to civic groups, non-profit organizations, and schools.

Harford County Chamber of Commerce

108 S. Bond Street Bel Air, MD 21014 410.838.2020 1.800.682.8536 Fax – 410.893.4715 Email – info@harfordchamber.org www.harfordchamber.org

A non-profit organization dedicated to improving and promoting businesses and civic welfare in the community.

Harford County Council

18 Office Street Bel Air, MD 21014 410.638.3343 410.879.2000 www.harfordcountymd.gov/council

The Harford County Council is the legislative branch of government. All council members are now elected in district. Six council members must reside in the councilmanic district that they represent. The seventh member of the council is the Council President and may reside anywhere in the county. The council president will still be elected countywide.

- Council Administration and Members 410.638.3343
- Council Attorney 410.879.7630
- Harford Cable Network 410.638.3899
- People's Council Office 410.879.3343
- Zoning Hearing examiner 410.638.3349

Harford County Department of Community Services

319 S. Main Street Bel Air, MD 21014 410.638.3389 410.638.3391 Fax – 410.803.0433 www.harfordcountymd.gov/services

Develops, implements and coordinates programs which meet the wide and varying human services needs of Harford County citizens. The Department also meets the needs of the community by developing and maintaining close working relationships with other county, state and private agencies. Divisions within the department include:

- Community Development 410.638.3389
- Commission for Women 410.638.3150
- Disabilities Commission 410.638.3373 (Voice/TTY)
- Drug Control Policy 410.638.3333
- Grant-In-Aid Program 410.638.3389
- Harford Transit Link 410.612.1621
- Homeless Services 410.638.3389



Recycle for a Cleaner Environment.
Recycle to Save Natural Resources.
Recycle for the Future.

Make the responsible choice.

If you have curbside trash collection, you also have recycling collection.

Harford County Office of Recycling

to get started, call

410-638-3417

Preserving Harford's Past; Promoting Harford's Future.

David R. Craig, Harford County Executive

SECTION 15 GENERAL INFORMATION

- Human Relations 410.638.3150
- Kids C.A.N. Mentoring Program – 410.638.3381
- Local Management Board – 410.683.3166
- Mediation Program 410.638.4807
- Office on Aging 410.638.3025
- Volunteer Harford 410.638.4444

Harford County Department of Parks and Recreation

702 N. Tollgate Road (Administration) Bel Air, MD 21014 410.638.3570

www.harfordcountymd.gov

- Amusement Park Ticket Information Line – 410.638.4148
- Parks and Facilities 410.638.3571
- Therapeutic Recreation 410.638.4899 or 410.638.4999 (TTY)
- Recreation and Sports / Parks and Facilities – 410.638.3571 or 410.638.3572
- Anita C. Light Estuary Center 700 Otter Point Road, Abingdon, MD 21009. Phone – 410.612.1688
- Swan Harbor Farm 401 Oakington Road, Havre de Grace, MD 21078. Phone – 410.939.6767

Harford County Government

Administration – 200 S. Main Street Bel Air, MD 21014 www.harfordcountymd.gov 410.638.3210 Fax – 410.638.1387

Call or visit website for individual department listings.

Harford County Public Library

Administration – 1221-A Brass Mill Road Belcamp, MD 21017 www.hcplonline.info

Detailed information about civic, service, social and recreation programs. Volunteer opportunities available at all branches; the library utilizes persons with people, book and computer skills.

- Aberdeen Branch 21 Franklin Street, Aberdeen, MD 21001.
 Phone – 410.273.5608
- Abingdon Branch 2510 Tollgate Road, Abingdon, MD 21009.
 Phone – 410.638.3990
- Bel Air Branch 100 Pennsylvania Avenue, Bel Air, MD 21014.
 Phone – 410.638.3151

- Darlington Branch 1134 Main Street, Darlington, MD 21134.
 Phone – 410.638.3750
- Edgewood Branch 2205 Hanson Road, Edgewood, MD 21040. Phone – 410.612.1600
- Fallston Branch 1461 Fallston Road, Fallston, MD 21014.
 Phone – 410.638.3003
- Havre de Grace Branch 120 N.
 Union Avenue, Havre de Grace, MD 21078. Phone – 410.939.6700
- Jarrettsville Branch 3722
 Norrisville Road, Jarrettsville, MD 21084. Phone – 410.692.7887
- Joppa Branch 655 Towne Center Drive, Joppa, MD 21085. Phone – 410.612.1660
- Norrisville Branch 5327
 Norrisville Road, Whitehall, MD 21161. Phone – 410.692.7850
- Whiteford Branch 2407
 Whiteford Road, Whiteford, MD 21160. Phone – 410.638.3608

Havre de Grace Chamber of Commerce

450 Pennington Avenue Havre de Grace, MD 21078 410.939.3303 Fax – 410.939.3490 www.hdgchamber.com

Civic organization devoted to promoting commerce, prosperity, and the business community.

Historical Society of Harford County

143 N. Main Street Bel Air, MD 21014 410.838.7691 Email – harchis@msn.com www.harfordhistory.net

Mission is to collect, preserve, present, promote, and interpret the rich and diverse history of the County area, in its regional context, from its prehistoric origins to the present. The Society uses its facilities, library, archives, artifacts, systematic historical research, and creative educational opportunities to ensure that the County's past is accessible to the public today and in the future.



A Great Place to Live, Work & Play

Small Town Ambiance & Close Knit Communities
Historic Neighborhoods • Good Schools
Attractive Parks • Multi-Faceted Recreation Programs
Exciting Special Events • Main St. Shopping District
& the County's Largest Shopping Centers

Stop in at our Visitors Center

BELAIR
The Heart of Harford

37 North Main Street 410.879.2012 www.belairmd.org

Humane Society of Harford County

2208 Connelly Road Fallston, MD 21047 410.836.1090 Fax – 410.877.3788 Email – adopt@harfordshelter.org www.harfordshelter.org

Offers a variety of programs and adoption services for animals.

League of Women Voters of Harford County

P.O. Box 291 Bel Air, MD 21014 410.272.1815 Email – info@harford.lwvmd.org www.harford.lwvmd.org

The League of Women Voters of Harford County is a respected grassroots organization that is strictly nonpartisan. The League is dedicated to providing well-researched and unbiased information so that all voters may become better informed. Services include voter registration and education. Free monthly e-newsletter.

Maryland Department of Health and Hygiene – Division of Vital Records

120 S. Hays Street Bel Air, MD 21014 410.838.1500 Fax – 410.638.4952 www.dhmh.state.md.us

For copies of birth, death, marriage, and divorce certificates. Monday–Friday 8am–12noon.

Maryland Department of Natural Resources

2 S. Bond Street Bel Air, MD 21014 410.836.4550 www.dnr.state.md.us

Agency overseeing the natural resources and environmental concerns of the state.

Maryland General Assembly

90 State Circle Annapolis, MD 21401 1.800.492.7122 www.mlis.state.md.us

Center of government for the state of Maryland.

NAACP (National Association for the Advancement of Colored People)

P.O. Box 525 Aberdeen, MD 21001 410.272.2131 www.naacp.org

Interracial civil rights organization made up of various ethnic groups dedicated to the preservation of equal rights for all Americans and unity to preserve the Constitution of the United States. Call for further information.

Town of Bel Air – Administrative Offices

39 N. Hickory Avenue Bel Air, MD 21014 410.638.4561 www.belair.bel-air.md.us After hours emergency / police – 410.638.4500

Voter Registration

Harford County Board of Elections 133 Industry Lane Forest Hill, MD 21050 410.638.3565

Contact the Supervisor of Elections for telephone numbers of the Democratic and Republican Central Committee officers. Also contact office on instructions to register on how to vote.

SECTION 16 Housing

Baltimore Neighborhoods, Inc. (BNI)

Tenant and Landlord Hotline – Rental Laws Hotline – 410.243.6007 or 1.800.487.6007 – within MD only Mon. thru Fri.: 9am–1pm and 2–4pm

A private, nonprofit statewide organization with an office in Baltimore City. BNI is involved in educating the public about federal, state and local laws that prohibit housing discrimination and in enforcing those laws. The Baltimore office also provides information, advice and assistance for tenants and landlords.

Habitat for Humanity Susquehanna

205 Hays Street Bel Air, MD 21014 410.638.4434 Fax – 410.420.8843 www.harfordhabitat.org

Housing organization that provides homeownership opportunities to low- to moderate-income families in Harford County. Applicants must put in volunteer hours constructing Habitat homes, providing office assistance, and/or taking self-development classes. Applicants are responsible for the down payment and the mortgage payments on the home. FIXIT UP Repair Program also available.

Harford County Housing Agency

15 South Main Street, Suite 106 Bel Air, MD 21014 410.638.3045 www.harfordhousing.org

The Housing Agency is here to make a difference in the lives of families and the community. The Housing Agency offers economic opportunities to families of all income ranges. Programs include rental assistance, renter protection through Livability Code enforcement, first-time homebuyer, housing preservation, foreclosure prevention, economic mobility, family self-sufficiency, and financial literacy.

Home Partnership, Inc.

626 Towne Center Drive, Suite 301 Joppa, MD 21085 410.679.3200 Fax – 410.679.3208

Pre-purchase and post-purchase, default/ delinquency, budget and credit counseling available to residents of Harford County. Offers homebuyer education courses, newly constructed and rehabilitated housing for sale, and a variety of grants to eligible homeowners.

Housing Assistance for Families with Disabilities

Harford County Housing Agency 15 S. Main Street, Suite 106 Bel Air, MD 21014 410.638.3045 410.879.7148 Fax – 410.893.9816

Offers tenant-based rental assistance and supportive services to income-eligible families with HIV/AIDS, or are elderly or disabled. Supportive services are provided by the Harford County Health Department to assist with short-term rent, utilities, security deposit, and moving expenses. First contact the Health Department at 410.638.8419 or 410.638.8496.

Rental Allowance Program

Harford County Housing Agency 15 S. Main Street, Suite 106 Bel Air, MD 21014 410.638.3045 410.879.3136 Fax - 410.893.9816 www.harfordcountymd.gov/housing

Statewide housing subsidy program that provides short-term (up to twelve months) rental assistance for low-income individuals or families who are homeless or have critical housing needs.

Section 8

Harford County Housing Agency 15 S. Main Street, Suite 106 Bel Air, MD 21014 410.638.3045 410.879.3136 Fax - 410.893.9816 www.harfordcountymd.gov/housing/

Provides housing vouchers to low-income individuals and families. Priority goes to the elderly, disabled, and victims of abuse.

Subsidized Housing

These apartment communities accept Section 8 vouchers or have their own Section 8 programs.

- Aberdeen Senior Housing 901 Barnett Lane Aberdeen, MD 21001-1722 410.273.0435
- Abingdon Senior Housing 3001 St Clair Drive Abingdon, MD 21009-3225 410.569.3630
- Affinity Old Post Apartments 101 Hanover Street Aberdeen, MD 21001 410.272.1630
- Burton Manor 601 Cornell Street Aberdeen, MD 21001-3150 410.272.7250
- The Graw 100 Revolutions Street Havre de Grace, MD 21078-3332 410.939.2736

- Harborside Village Apartments 600 Harborside Drive

Joppatowne, MD 21085-4467 410.679.1130

- Harford Senior Housing

300 Sunflower Drive Bel Air, MD 21014-5257 410.879.4450

- Harford Senior Housing II

300 Sunflower Drive Bel Air, MD 21014-5257 410.879.4450

North Post Commons

4 Taft Street Aberdeen, MD 21001-2526 410.272.1111

- Perrywood Garden Apartments

301 Mayberry Drive, Suite 104 Aberdeen, MD 21001-4125 410.272.6046

- St. John's Towers

505 Congress Avenue Havre de Grace, MD 21078-3044 410.939.5040

- Village of Lakeview

833 Fishermans Lane Edgewood, MD 21040-1948 410.679.5888

- Windsor Valley **Apartments, Section I**

525 Meadowood Drive Edgewood, MD 21040-2318 410.676.6797

- Windsor Valley **Apartments, Section II**

525 Meadowood Drive Edgewood, MD 21040-2318 301.664.9043

- Windsor Valley **Apartments, Section III**

525 Meadowood Drive Edgewood, MD 21040-2318 410.679.6233

SECTION 17 Immigrant Resources

Asian/Pacific Islander Domestic **Violence Resource Project (DVRP)**

P.O. Box 14268 Washington, DC 20044 202.464.4477 Fax - 202.986.9332 www.dvrp.org

Works with women in past or present abusive relationships to ensure that they are informed about their rights and available resources. Advocates provide peer support; safety planning; interpretation and translation; court accompaniment; emergency transportation; financial empowerment and life skills development; assistance in applying for public benefits; referrals for legal, shelter, and social services; and other support services as needed. Advocates speak Cantonese, Hindi, Farsi, Nepali, Urdu, Hmong, Japanese, Mandarin, Tagalog, Korean, Punjabi, Thai, and Vietnamese.

Ayuda, Inc.

1707 Kalorama Road, N.W. Washington, DC 20009 202.387.4848 Fax - 202.387.0324www.ayudainc.org

Non-profit, community-based legal and social service agency serving the low-income Latino and foreign-born immigrant population in the Washington DC metropolitan area. Services include legal advocacy; assistance to survivors and victims of domestic violence; policy and advocacy at the national and local levels; collaboration and referrals to assure client access to culturally appropriate services; community education; and training and technical assistance to enable organization and practitioners to better serve immigrant communities. Languages spoken include English, Spanish, French, Italian, Swedish, and Polish.



Boat People SOS

6066 Leesburg Pike, Suite 100 Falls Church, VA 22041-2334 703.538.2190 Fax – 703.538.2191 Email – info@bpsos.org www.bpsos.org

Mission is to provide relief, assistance, and support to Vietnamese refugees and immigrants. Services include domestic violence programs, health and mental health programs, services for children, teenagers, and families, legal services, and translation services.

Community Association for Non-English Speakers (C.A.N.E.S.)

401 Thomas Run Road Edgewood Hall, Harford Community College Bel Air, MD 21015 443.412.2297

Coordinates services to the non-English speaking (primarily Spanish) members of the community. Members include various government, private, and faith-based agencies.

Immigration Legal Services

430 S. Broadway Baltimore, MD 21231 410.534.8016

www.cc-md.org/immigrants/legal-services.html

Provides low cost legal assistance to Maryland's immigrants, refugees, and their families. Assists with family-based and employment-based immigrant and non-immigrant applications, extensions and changes of non-immigrant status, applications for work authorization, representation of persons in deportation proceedings, representation of persons seeking asylum in the United States, and provides assistance to persons applying for residence and citizenship in the United States. The fee for a consult is \$60.00. Please call for an appointment.

Immigration Outreach Service Center

5401 Loch Raven Boulevard Baltimore, MD 21239 410.323.8564 Fax – 410.323.8598 www.ioscbalt.org

Offers assistance for immigrants seeking political asylum, legal representation, and health care services. Assists immigrants in dealing with the effects of trauma and torture





Same Mission — New Name

LASOS, Inc.

31 W. Courtland Street Bel Air, MD 21014 410.836.0333 www.lasos.org

LASOS, Inc (Linking All So Others Succeed), in Harford County, Maryland, is a non profit organization that assists non English Speaking residents with the resources they need during the integration period. LASOS provides translation and adult literacy services, a bilingual youth mentoring program and English as a Second language classes. LASOS, Inc.'s vision is to provide all resources needed by non English Speaking residents to support integration into the American society. In turn, the residents will be empowered to contribute and communicate more effectively in their families, work places, and communities. The mission of this organization is to provide translation and adult literacy services, bilingual youth programs, English as a second language and provide a network of service providers.

Lutheran Immigration and Refugee Services

700 Light Street Baltimore, MD 21230 410.230.2700 Fax – 410.230.2890 Email – lirs@lirs.org www.lirs.org

Offers a wide variety of programs and services for immigrants and refugees, including legal services, refugee resettlement services, children's services, and foster care services for unaccompanied refugee minors.

Multi-Ethnic Domestic Violence Project

305 W. Chesapeake Avenue, Suite 201 Towson, MD 21204 and 410.321.8761 – multi-lingual voicemail Fax – 410.321.0462 Email – admin@wlcmd.org www.wlcmd.org

A project of the Women's Law Center of Maryland, this program focuses on the special needs of foreign-born victims of domestic violence. Services include assistance with filing for Protective Orders, legal accompaniment, translator services, referrals, and assistance with immigration issues.

SECTION 18 Legal Resources

American Civil Liberties Union

3600 Clipper Mill Road, Suite 350 Baltimore, MD 21211 410.889.8555 Fax – 410.366.7838 www.aclu-md.org

Dedicated to the freedom to speak, print and assemble, separation of church and state, the right to privacy, voting rights, and due process of the law.

Civil Justice, Inc.

520 W. Fayette Street Baltimore, MD 21201 410.706.0174 Fax – 410.706.3196 www.civiljusticenetwork.org

Provides free attorney referrals to low and moderate-income clients in Maryland and Washington, DC. Clients are referred to a solo or small firm lawyer in the network who has agreed to provide legal services at reduced fees in most cases. The client and attorney then decide on fee arrangements and representation. Some forms of representation require upfront fees or a retainer. Members are qualified to represent clients in a broad range of practice areas.

Equal Employment Opportunity Commission

131 M Street NE Washington DC 20507 202.663.4900 Fax – 703.997.4890 www.eeoc.gov

Investigates charges of discrimination in the employment based upon age, gender, color, religion, national origin, retaliation, and disability.

Family Services Association

Grove Presbyterian Church 50 E. Bel Air Avenue Aberdeen, MD 21001 410.272.7425 Elkton Location – 410.398.4060

Offers a safe and neutral location for separated and divorced parents to exchange their children for the purpose of visitation and to provide supervised visitation when the safety of the child is in question.

Harford County Bar Foundation Legal Referral Service

18 Office Street Bel Air, MD 21014 410.836.0123

Email - harfordcountybarfoundation@verizon.net

The Harford County Bar Foundation is a non-profit community resource providing educational and referral services to the residents of Harford County. It provides placement of income-qualified individuals and their families with qualified attorneys who provide pro bono legal services. It also places qualified individuals with Harford County attorneys who will represent them on a reduced fee basis. The areas of law legal services provided include: domestic relations, domestic violence, child support, criminal defense, housing (including tenant/landlord), bankruptcy, and unemployment benefits.

Harford County Community Mediation Program (Dept. of Community Services)

319 S. Main Street Bel Air, MD 21014 410.638.4807 www.harfordcountymd.gov/ services/mediation/

Created by the Harford County Government to provide an affordable, informal, expedient alternative dispute resolution service for the citizens of Harford County. Will not mediate divorces, custody disputes, or domestic violence cases.

Harford County Department of Community Services Office of Human Relations

220 S. Main Street Bel Air, MD 21204 410.638.4739 410.879.2000 Ext. 4739 – Baltimore number www.harfordcountymd.gov/ services/HumanRelations

Investigates cases of alleged discrimination in employment, housing, public accommodations, credit, administration of justice, and related areas. Also deals with alleged sexual harassment. Call for an appointment.



House of Ruth Legal Clinic

2201 Argonne Drive
Baltimore, MD 21218
410.544.8463
1.888.880.7884
410.889.0840 (administrative office)
Fax – 410.243.3014
www.hruth.org

Staff attorneys provide both civil and criminal legal representation to help women obtain protective orders, peace orders, divorce decrees, custody, and child support.

Immigration Legal Services

430 S. Broadway Baltimore, MD 21231 410.534.8016 www.catholiccharities-md.org/Community/ immigrationLegalServices.html

Provides low- and no-cost legal assistance to Maryland's immigrants, refugees, and their families. Assists with immigration,

deportation, asylum, and citizenship matters.

Immigration Outreach Service Center

5401 Loch Raven Boulevard Baltimore, MD 21239 410.323.8564 Fax – 410.323.8598

Offers assistance for immigrants seeking political asylum, legal representation, and health care services. Assists immigrants in dealing with the effects of trauma and torture.

Legal Aid Bureau

103 S. Hickory Avenue Bel Air, MD 21014 410.836.8202 www.mdlab.org

A private, non-profit law firm that provides legal services for low-income individuals and families. Does not handle criminal or fee-generating cases. Services include advice and referral, negotiation, litigation, pro se training and client education, and pro bono coordination.

Legal Aid Bureau Maryland Senior Legal Hotline

1.800.896.4213 ext 7750

Provides free legal advice and referrals for seniors age 60 and over.

Legal Aid Bureau Sixty Plus Legal Program

103 S. Hickory Avenue Bel Air, MD 21014 410.896.4213 ext 7760 www.mdlab.org

Assists with low-cost wills, power of attorney, advance directives and simple deed changes for income-qualified seniors.

Maryland Crime Victims' Resource Center, Inc.

(formerly Stephanie Roper Foundation) 14750 Main Street, 1B Upper Marlboro, MD 20772 410.234.9885 (Baltimore office) 301.952.0063 1.877.842.8461 Fax – 301.952.2319 www.mdcrimevictims.org

Mission is to ensure that victims of violent crimes in Maryland receive justice and that these victims are treated with dignity and compassion. Provides comprehensive services to victims of all crimes, including criminal justice education, support services, legal services, faith services, and advocacy services.

Maryland Criminal Injuries Compensation Board

Suite 206, Plaza Office Center 6776 Reisterstown Road Baltimore, MD 21215 410.585.3010 1.888.679.9347 Fax – 410.764.3815 www.dpscs.state.md.us/cicb

Provides financial assistance for innocent victims of crime. The Board may compensate victims who suffer from physical injury by helping with medical expenses and by providing payment for part of their lost wages. In cases of homicide, the Board may assist with funeral expenses and lost support for the victim's dependants.

Maryland Division of Parole and Probation

2 South Bond Street Bel Air, MD 21014 410.836.4650 410.836.4651 410.836.4668 www.dpscs.state.md.us

Maryland People's Law Library

www.peoples-law.org

A legal information and self-help website supported by Maryland's non-profit legal service providers in partnership with the courts, and is offered as a service to the public. They provide legal and self-help information on Maryland and federal law affecting low- and moderate-income Marylanders and their families.

Maryland Volunteer Lawyers Service

1 North Charles Street, Suite 222 Baltimore, MD 21201 410.547.6537 410.539.6800 – administration 1.800.510.0050 Fax – 410.837.0431 www.mvlslaw.org/

Provides free or reduced fee representation to low-income individuals who have civil legal problems in Maryland, except in Montgomery, Anne Arundel, or Prince George's counties.

NAACP (National Association for the Advancement of Colored People)

P.O. Box 525 Aberdeen, MD 21001 410.272.2131

National Headquarters
4805 Mt. Hope Drive
Baltimore, MD 21215
410.580.5777
TOLL FREE – 877.NAACP.98
www.naacp.org

Interracial civil rights organization made up of various ethnic groups dedicated to the preservation of equal rights for all Americans and unity to preserve the Constitution of the United States. Call for further information.

The National Center for Victims of Crime

2000 M Street NW, Suite 480 Washington, DC 20036 202.467.8700 Fax – 202.467.8701 www.ncvc.org

Mission is to forge a national commitment to help victims of crime rebuild their lives. Provides direct services and resources to victims, advocates for passage of laws and public policies that create resources and secure rights and protections for crime victims, and delivers training and technical assistance to victim service organizations, counselors, attorneys, criminal justice agencies, and allied professionals.



The National Center for Victims of Crime – Stalking Resource Center

2000 M Street NW, Suite 480 Washington, DC 20036 202.467.8700 Fax – 202.467.8701 www.ncvc.org/src

Goal is to raise public awareness about stalking, and to encourage the development and implementation of multidisciplinary responses to stalking in local communities. Program serves Violence Against Women Office grantees, criminal and civil justice system practitioners, community-based agencies, media representatives, stalking victims, and the general public.

National Labor Relations Board

The Appraisers Store Building 103 S. Gay Street, 8th Floor Baltimore, MD 21202-4061 410.962.2822 Fax – 410.962.2198 www.nlrb.gov

Handles complaints from citizens who feel their union is not fairly representing them or is discrimination against them. Hours of operation are 8:15am-4:45pm.

National Organization for Victim Assistance

Courthouse Square 510 King Street, Suite 424 Alexandria, VA 22314 703.535.NOVA Fax – 703.535.5500 www.trynova.org

Promotes rights and services for victims of crime and crisis everywhere. Provides national advocacy, direct services to victims, assistance to professional colleagues, and membership activities and services.

Pro Se Forms Assistance Project

Harford County Circuit Court, 2nd Floor 20 W. Courtland Street Bel Air, MD 21014 410.638.4916

Non-profit program designed to enable people to file their own uncontested domestic cases without an attorney. Cases include divorce, custody, visitation, modification of custody or visitation, modification of child support, contempt for failure to provide visitation, and contempt for failure to pay child support. Open 9am–4pm, no appointment needed.

Public Defender's Office

2 S. Bond Street Bel Air, MD 21014 410.836.4880 1.877.430.5187 Fax – 410.836.4904 www.opd.state.md.us/ Locations/harford.htm

Provides legal representation to people unable to afford an attorney. Handles any criminal case carrying a possible jail sentence or a fine greater than \$500.00 for those who are income eligible. Must apply at least ten business days before date of trial.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207 Bel Air, MD 21014 410.836.8430 (24-hour helpline) 410.836.8431 – administration 410.879.3486 – Baltimore line Fax – 410.838.9484 www.sarc-maryland.org

Provides confidential domestic violence and sexual assault services in Harford County. Services include a safehouse for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

State's Attorney's Office

Circuit Court, 1st Floor 20 W Courtland Street Bel Air, MD 21014 410.638.3500

Fax – 410.838.2023 (circuit court fax) Fax – 410.638.3195 (district court fax) www.harfordcountymd.gov/StatesAttorney

Primarily responsible for the investigation and prosecution of criminal cases at the trial level. In this regard the State's Attorneys work with the police in the development of cases, presentations to the Grand Jury, and trial of cases in the Circuit, District or Juvenile Court. The Family Support Division works with the Bureau of Support Enforcement to establish paternity, set, and collect child support. Has specialized units to deal with domestic violence and child abuse and victims-witness concerns.

Women's Law Center of Maryland

305 W. Chesapeake Avenue, Suite 201 Towson, MD 21204 410.321.8761 Employment law Hotline – 1.887.422.9500 Tuesdays 9:30am–1pm. Family law hotline – 1.800.845.8550 Mon.– Fri. 9:30–4:30 Legal forms helpline – 1.800.818.9888 – Wednesdays 9–12:30noon and 4–7pm Wednesdays 4pm–7pm and Thursdays 9am–4pm Fax – 410.321.0462 Email – admin@wlcmd.orh www.wlcmd.org

Offers a variety of legal services for women including a family law hotline, legal form helpline, advocacy and representation for Protective Orders, the Multi-Ethnic Domestic Violence Project.

SECTION 19 Medical / Health

Aberdeen Lions Club

c/o Holiday Inn Chesapeake 1007 Beards Hill Road Aberdeen, MD 21001 410.272.5000 www.aberdeenlionsclub.org

Community service organization with a primary focus on sight conversation.

Alzheimer's Association

Greater Maryland Chapter 1850 York Road, Suite D Timonium MD 21093 410.561.9099 1.800.443.2273 Helpline – 800.272.3900 Fax – 410.561.3433 www.alz.org/maryland

The Alzheimer's Association, the world leader in Alzheimer research, care and support, is dedicated to finding prevention methods, treatments and an eventual cure for Alzheimer's and providing essential services for those affected. The Alzheimer's Association provides a broad range of programs and services for people living with the disease, families, caregivers, residential care professionals and professional health care providers.



Our Specialists take care of you from head to toe.





JOIN OUR MOVEMENT

No matter how old you are or how old you feel, it's never too late to join our movement. Keep the heart pumping and the blood circulating. It's a matter close to our heart.

Our nationally recognized program includes the region's finest cardiologists and vascular surgeons using cutting edge technology to perform the latest procedures.

All the care you need to live a healthy life, is right around the corner in Harford County.

Harford Memorial Hospital Havre de Grace, MD **Upper Chesapeake Medical Center** Bel Air, MD

Physician Referral 800-515-0044



A MIEMSS Designated Cardiac Interventional Center

uchs.org/cvi

American Cancer Society

Information line: 1.800.227.2345

Information and counseling Monday through Friday.

American Cancer Society - MD Division

8219 Town Center Drive P.O. Box 43025 Baltimore, MD 21236 410.931.6850 www.cancer.org

Offers a variety of programs and services to cancer patients and their families. Programs include:

- Can Surmount 1.888.227.6333. Patient Resource Center.
- I Can Cope 1.800.515.0044 or 410.515.0044. Upper Chesapeake HealthLink offers a free, six-session educational and support program for cancer patients and their families. Please call to see when the next session will be offered.
- Look Good, Feel Better –

 1.800.515.0044 or 410.515.0044.

 Free program to help women in cancer treatment enhance their appearance and increase self-esteem and overall well-being. Quick and easy makeup tricks and the use of wigs and other head coverings will help participants look and feel better.
- Mid-Atlantic Division Volunteer Opportunities – 1.888.670.0427.
 Many volunteer opportunities to assist cancer patients with everyday activities. Please call if interested.
- Reach to Recovery 1.888.227.6333.
 A rehabilitation program for women who have had breast cancer. Designed to help women meet the emotional, physical, and cosmetic needs related to their disease and/or its treatment. Also provides information and support to loved ones and friends.
- Road to Recovery 1.888.227.6333. Assists patients and family members in trips to and from treatment.

American Diabetes Association

1.800.DIABETES www.diabetes.org

American Lung Association of Maryland, Inc.

Executive Plaza I, Suite 600 11350 McCormick Road Hunt Valley, MD 21031 410.560.2120 1.800.642.1184 Fax – 410.560.0829 www.marylandlung.org

Provides a wide array of services and programs that contribute to the fight against lung disease and to the improvement of the quality of life of the lung disease patient.

American Red Cross

Blood donations 1.800.448.3256 www.redcross-cmd.org

Call to schedule an appointment to give blood.

Arthritis Foundation

9505 Reisterstown Road, Suite 1 North Owings Mills, MD 21117 410.654.6570 1.800.365.3811 Fax – 410.654.9270 www.arthritis.org

Offers a variety of programs, including a six-week exercise program for arthritis patients sponsored by Upper Chesapeake Health and the Arthritis Foundation; a six-week arthritis self-help group designed to teach patients to better manage their arthritis; and a support group for patients, their family, and friends to learn more about arthritis and share with others encouragement, helpful hints, and support.

Asthma and Allergy Foundation of America

17 Warren Road, Suite 13A Baltimore, MD 21208 410.484.2054 Fax – 410.484.2043 www.aafa-md.org

Monthly meetings September through April.

Bel Air Lions Club

P.O. Box 167
Bel Air, MD 21014
www.belairlions.org
Contact person – Al Whitlock
Or email – Sight@belairlions.org

Provides financial support for low-income residents to obtain eyeglasses and hearing devices.

Better Caring Agency

2719 Pulaski Highway, Suite 6 Edgewood, MD 21040 410.671.9066

Better Caring, Inc. is a nursing service that provides RN's LPN's and CNA's and companions for adult private home care and facility care. We specialize in nurses who are highly trained and screened to provide the most efficient and competent care to clients. We provide hourly, overnight, weekends and live-in.

Chesapeake Birth Companions - Birth and Postpartum Doulas

443.254.3138
Baltimore-Harford-Cecil-Annapolis
Regions-Washington D.C.
Sue – 443.421.1640
Dawn – 410.608.5991
www.chesapeakebirthcompanions.com

Offers experienced, compassionate birth and postpartum doulas. Doulas provide continuous, caring support during the birth of your child.

Cholesterol Testing

Upper Chesapeake Medical Center 500 Upper Chesapeake Drive Bel Air, MD 21014 1.800.515.0044 410.515.0044 www.uchs.org

Free cholesterol tests are held regularly by appointment. Call Upper Chesapeake HealthLink.

Cochlear Implant Information Center

1.800.458.4999 www.cochlear.com

Call for information regarding a device for the profoundly deaf.

Financial Assistance with Hospital Bills

Upper Chesapeake Medical Center 500 Upper Chesapeake Drive Bel Air, MD 21014 443.843.5996 Fax – 443.843.7984

UCMC has a financial assistance program to help with medical bills. The bill must be received before it is turned over to a collection agency. Financial assistance can range from 10 percent to 100 percent of the bill.



Want to scale back?



Contact **HealthLink at 1-800-515-0044** for dates and times for our **free Information Sessions**. You can meet with one of our bariatric surgeons and have your questions about weight loss surgery answered.



uhcs.org/bariatrics







BREAST CARE CENTER

Call ScheduleFirst at 1-800-301-4799 www.uchs.org

FISH (Friends In Self-Help)

P.O. Box 522 Bel Air, MD 21014 410.836.6440

- —HAVRE DE GRACE/ABERDEEN 428 Battery Drive Havre de Grace, MD 21078 410.836.6440
- —JOPPA/EDGEWOOD P.O. Box 105 Joppa, MD 21085 410.836.6442
- WEST HARFORD FISH (Bel Air & surrounding areas Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, Delta, etc.)
 P.O. Box 552
 Bel Air, MD 21014
 410.836.6441

Three chapters of HC FISH consist of concerned citizens who volunteer their time and talents to minister to emergency needs of fellow citizens. These needs may be for food delivery (when no transportation is available), prescriptions, rent aid, utility cutoffs, transportation to doctor appointments when drivers are available, 1–2 nights lodging and other various crisis. FISH depends solely on the generosity of local churches and civic groups and concerned individuals.

Franklin Square Hospital Financial Assistance Program

9000 Franklin Square Drive Baltimore, MD 21237 410.933.2424

Harford County is within hospital's service area.

GBMC Community Resource Center

6701 N. Charles Street, Suite 1542 Baltimore, MD 21204 443.849.3301 www.gbmc.org

Provides psychosocial support, education, and information about health and related concerns. Many support groups and educational classes available. Call for details and scheduling information.

Harford County Cooperative Dental Program

Harford County Health Department 443.922.7670

Program that provides needed dental care for income-qualified residents of Harford County through a network of participating dentists.

Harford County Health Department - HIV/AIDS Services

1 N. Main Street, Suite 2 Bel Air, MD 21014 410.638.3060 Fax – 410.638.4927 www.harfordcountymd.gov/health/

Provides HIV/AIDS patient services, HIV testing, prevention education, information, and referrals. Patient services include case management, seropositive clinic, and support groups.

Harford County Health Department – Office of Cancer Prevention Services

1321 Woodbridge Station Way Edgewood, MD 21040 410.612.1780

This office offers no-cost mammograms, pap tests and breast exams to Harford County women age 40-64 who are uninsured or under insured with health insurance and meet program requirements. Additionally, the office offers no cost colonoscopies to Harford County residents age 50-64 that are uninsured or under insured with health insurance and meet program requirements. Lastly, the office provides education and prevention presentations on breast, cervical, colorectal and skin cancer to organizations, groups, churches, clubs, schools, etc. at no cost to the organization. Contact for services and eligibility should be made by calling the office.

Harford County Health Department - Primary Care Clinic

1837 Pulaski Highway Edgewood, MD 21040 410.612.1652

Offers primary care health coverage for an ongoing condition (i.e., high blood pressure, diabetes, heart disease, etc.). A person must be on MD Pharmacy Assistance to qualify. Will pay for lab work, x-rays, and eye and foot exams for diabetics, but does not cover emergency room visits, specialists, or hospital stays.

Harford County Parkinson's Disease Support and Educational Group

410.955.8795 Email – rdunlop@jhmi.edu www.hopkinspdmd.org

Open to all individuals living with Parkinson's disease and their families. Monthly meetings provide the opportunity to learn about the disease and resources which will assist with disease management. Free literature is available.

Harford Memorial Hospital

501 S. Union Avenue Havre de Grace, MD 21078 443.843.5000 www.uchs.org

An acute care, community hospital that provides comprehensive medical/surgical care, emergency care, critical care, behavioral health services, and outpatient services. A member of Upper Chesapeake Health.

HealthLink

1.800.515.0044

HealthLink is the community outreach department of Upper Chesapeake Health. They offer health screenings; health education programs; children's programs; a HealthLink van; flu vaccination clinics; a community resource library; Dining with Docs (a dinner and lecture followed by a question and answer session with an Upper Chesapeake physician on a selected health topic); and a free primary health clinic for county residents.

HealthLink Community Resource Library

Upper Chesapeake Medical Center 443.643.2923 www.uchs.org

Free medical and health information lending library for adults and children. Offers a comprehensive collection of health-related books and magazines, medical journals, reference materials, health education videos, and computer resources to access health-related information online. All Harford County residents are eligible to receive a free library card.

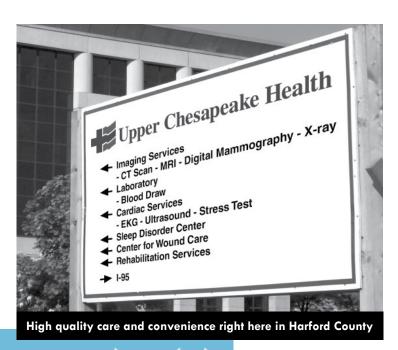
HIV/AIDS Maryland Hotline 1.800.638.6252

HIV/AIDS National Hotline 1.800.342.AIDS





OUTPATIENT SERVICES



Harford Memorial Hospital and Upper Chesapeake Medical Center offer high quality healthcare and some of the region's most advanced outpatient services so you can enjoy the superior wellness resources a healthy lifestyle needs, at a moment's notice. Call for an appointment: 443-843-7000.

Imaging Services
Laboratory
Cardiac Services
Sleep Disorder Center
Center for Wound Care
Rehabilitation Services



www.uchs.org

Hospice of Baltimore – Harford County Center

4C North Avenue, Suite 422 Bel Air, MD 21014 410.638.5103 www.hospiceofbaltimore.org

Provides compassionate, interdisciplinary care tailored to the needs of terminally ill patients and their families. A full range of hospice services is provided by a team of professional staff and trained volunteers, most often in the home setting. Inpatient care is also available. Medicare and Medicaid certified.

Leukemia and Lymphoma Society

8600 LaSalle Road Chester Building, Suite 314 Towson, MD 21286 410.825.2500 www.leukemia-lymphoma.org

Maryland Cancer Information Line

1.800.477.9774

Referral line for low-cost mammograms and PAP smears. Must be between the ages of 40–64 and income-eligible with no health insurance. Open Monday through Friday, 8:30am–5pm.

Maryland Children's Health Program (MCHP)

1.800.456.8900 www.dhmh.state.md.us/mma/mchp/

Provides full benefits for children up to age 19 and to pregnant women who meet income guidelines. Those who are eligible include: children up to age 19 who do not qualify for medical assistance, pregnant women of any age, those whose countable income is at or below 200 percent of the Federal Poverty level, and the uninsured (although in some cases having insurance may not prevent someone from qualifying). Applications are available at DSS, Health Department, WIC offices, schools, hospitals, and online.

Maryland Foundation of Dentistry for the Handicapped

6410 Dobbin Road, Suite F Columbia, MD 21045 410.964.1944 1.877.337.7746 Fax – 410.964.9978 www.nfdh.org/pdf/MD.PDF

Provides comprehensive dental care at no charge to people of all ages who, because of a serious disability or impaired health lack adequate income to pay for needed dental care.

Maryland Lupus Foundation

7400 York Road, Suite 308 Baltimore, MD 21204 410.337.9000 Fax – 410.337.7406 www.lupusmd.org

Provides information and referrals about lupus.

Maryland Pharmacy Program

P.O. Box 386 Baltimore, MD 21203 1.800.226.2142 www.dhmh.state.md.us/mma/mpap

Offers two programs (the Maryland Pharmacy Assistance Program and the Maryland Discount Pharmacy Program) that provide assistance with prescription drugs for low-income people who don't qualify for medical assistance.

Maryland Poison Information

1.800.492.2414

24-hour hotline providing telephone assistance to individuals of suspected poisons. Will advise emergency first aid, and provides written poison prevention materials and referrals to treatment facilities.

Medbank of Maryland

P.O. Box 42678
Baltimore, MD 2128
410.821.9262
Fax – 410.821.9265
www.medbankmd.org

Non-profit organization providing access to prescription drugs to chronically ill, low-income, uninsured or underinsured Maryland residents. Both healthcare provider and patient must submit a referral form. Also assists providers and patients in completing paperwork required to enroll patients in pharmaceutical company patient assistance programs.

Medicaid Long-Term Care Program

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Medical assistance is available to cover a portion of the cost of a long-term care facility for elderly, blind, or disabled persons whose available income is insufficient to meet the entire cost of care, as long as their resources are within the resource limit.

Medicaid Program (Medical Assistance)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Joint program of the Department of Human Resources and the Department of Health and Mental Hygiene providing comprehensive medical and other healthrelated care for qualified individuals.

Medical Assistance Transportation

Harford County Health Department 120 S. Hays Street Bel Air, MD 21014 410.638.1671 www.harfordcountymd.gov/health/

Provides appropriate transportation for Harford County medical assistance recipients to and from medical appointments covered by the Medical Assistance Program. Rides must be scheduled at least one day prior to appointment.

Medical Eye Bank of Maryland

815 Park Avenue Baltimore, MD 21201 410.752.2020 410.752.3800 Fax – 410.545.4457 www.tbionline.org

Part of the national association of eye banks; deals with eye tissue transplants.

Mesothelioma Web

www.mesotheliomaweb.org

Provides facts about palliative care, nutrition, and chemotherapy, as well as information on clinical trials.

Multiple Sclerosis Self-Help Group

Fax – 410.676.0006

Serving people with MS. Support group meets on the third Monday of the month to provide support and information on MS research. An active group with professional speakers and social activities for those with MS, their families and friends. Please call for more information.

Muscular Dystrophy Association

8501 LaSalle Road, Suite 106 Towson, MD 21286 410.494.7106 www.mdausa.org

GUIDE | 2011-2012

RU in the Know?



Negative

Find Out!

While You Wait

Free confidential or anonymous HIV testing.

Call – 410-638-3060

Harford County Health Department

www.harfordcountyhealth.com





JOIN OUR MOVEMENT

No matter what side of young you find yourself, you're never too old to join our movement... when pain slows you down, our team knows best how to keep all of your moveable parts moving.

Upper Chesapeake Orthopedics offers the region's finest team of orthopedic surgeons, nationally-ranked physical therapy services and all of the leading-edge technology you need to keep moving.

And, it's all right around the corner at three convenient locations in Harford County.

Harford Memorial Hospital

Havre de Grace, MD

Medical Center

Campus -**Physicians Pavilion II** Bel Air, MD

Upper Chesapeake Upper Chesapeake Physician Referral Center for Sports

Medicine and Rehabilitation Y in Abingdon, MD

800-515-0044



Exceptional Experience... Unparalleled Care uchs.org/ortho

National Coalition Against Domestic Violence Cosmetic and Reconstructive Support Program

One Broadway, Suite B210 Denver, CO 80203 303.839.1852 Fax – 303.831.9251 www.ncadv.org

Only direct service program that the NCADV offers to domestic violence victims. Works in partnership with three medical associations to assist survivors of domestic violence who cannot afford the cosmetic and reconstructive surgery and dentistry needed to repair the injuries they have received from a spouse or an intimate partner. Facial plastic surgeons, cosmetic dentists, and dermatological surgeons from across the country volunteer their services to assist survivors in removing the physical scars from abuse. Programs include:

FACE TO FACE: The National Domestic Violence Project

310 S. Henry Street Alexandria, VA 22314 703.299.9291 www.aafprs.org

American Academy of Facial Plastic and Reconstructive Surgery Foundation assists individuals of domestic violence to break the cycle of violence, enhance self-esteem and rebuild their lives. AAFPRS offers consultation and facial plastic and reconstructive surgery to eligible individuals.

• Give Back A Smile (GBAS) Program

1.800.773.GBAS (4227) 1.800.543.9220 www.aacd.com

The Give Back A Smile™ program is dedicated to providing cosmetic dental care at no cost to all survivors of domestic violence. We do this by raising awareness of domestic violence, providing volunteer members of the AACD the opportunity to give back to the community, and giving survivors hope for a better tomorrow

Skin Care Outreach Empowers Survivors (S.C.O.R.E.S.) Program

1.888.892.6702 www.aboutskinsurgery.com

Program of the American Society for Dermatologic Surgery offering dermatologic surgery to survivors to repair skin injuries such as scars, burns, or tattoos on the body (other than the head, neck, or face) caused by an intimate partner.

Pleural Mesothelioma

1.800.656.6031

Email – webmaster@pleuralmesothelioma.com www.pleuralmesothelioma.com

Up to date and comprehensive information about Pleural Mesothelioma on the web today. With information ranging from a complete list of symptoms, to treatment options, and steps to take after a diagnosis.

Real Choices Program

Harford County Health Department 1837 A Pulaski Highway Edgewood, MD 21040 410.612.1652 Fax – 410.879.6823 www.harfordcountymd.gov/health

The Real Choices Program is a resource to help Medicare-eligible individuals who are 18 years of age and older who face the risk of nursing home placement or institutional care. Its goal is to assure that people with disabilities are given a choice between receiving the services they need in their homes and being cared for in an institution. It is a cooperative effort involving many public and non-profit organizations throughout Harford County.

Senator Bob Hooper House

2007 Klein Plaza Drive Forest Hill, MD 21050 410.809.2191 www.uchospice.org

A member of Upper Chesapeake Health, this residential hospice house provides compassion and care for end of life needs.

Smoking Cessation Classes

Harford County Health Department 120 S. Hays Street Bel Air, MD 21014 410.638.8477 www.harfordcountymd.gov/health/

A free five-week program sponsored by the health department. Nicotine patches are available if income

Temporary Disability Assistance Program (TDAP)

eligibility guidelines are met.

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Program that helps disabled adults who do not qualify for other basic

assistance benefits. Participants receive limited cash assistance. They may also qualify for food stamps, medical assistance, and housing assistance.

University of Maryland Dental School

650 West Baltimore Street Baltimore, MD 21201 410.706.7102 www.dental.umaryland.edu/ patientinfo/index.html

Provides reduced-cost dental care with dental and dental hygiene students providing the majority of care. Fees are approximately 30 percent – 50 percent less than a dental office.

Upper Chesapeake Health

www.uchs.org

A Harford County-based, not-for-profit healthcare organization providing health services and programs to community residents throughout all stages of their lives. Upper Chesapeake owns and operates:

- Harford Memorial Hospital
 443.843.5000
- Upper Chesapeake Medical Center – 443.643.1000
- Upper Chesapeake HealthLink
 1.800.515.0044
- Upper Chesapeake Health Foundation 443.643.3460

Upper Chesapeake HealthLink Support Groups

1.800.515.0044 www.uchs.org/calendar Call for dates, times, and locations.

Upper Chesapeake Medical Center

500 Upper Chesapeake Drive Bel Air, MD 21014 443.643.1000 www.uchs.org

An acute care, community hospital that provides comprehensive medical/surgical care, emergency care, coronary/intensive care, women and children's services, and outpatient services. A member of Upper Chesapeake Health.

Women's Breast and Cervical Cancer Screening Program

Harford County Health Department 1321Woodbridge Station Way Edgewood, MD 21040 410.612.1780

This program covers breast and cancer screening for women between 40 and 64 who are Maryland residents, uninsured or under insured, and meet income guidelines.

Women's Wellness Program

Harford County Health Department 120 S. Hays Street Bel Air, MD 21014 410.638.8470 www.harfordcountymd.gov/health

Offers a family planning clinic that provides comprehensive medical services for women who need birth control (including STD testing), a colposcopy clinic for women who have had an abnormal pap smear, and free pregnancy testing. There is a sliding scale fee and the health department does submit claims to insurance companies if the patient has insurance.

Eating Disorders

The Center for Eating Disorders at Sheppard Pratt

410.938.5252 www.eatingdisorder.org

The Center for Eating Disorders offers one of the nation's most comprehensive programs for the treatment of anorexia nervosa, bulimia and binge eating disorders. The Center includes inpatient, outpatient, support group and community outreach components.

Johns Hopkins Hospital

600 North Wolfe Street Baltimore, MD 21287 410.955.3863 www.hopkinsmedicine.org/ Psychiatry/Clinical/ed.html

The Johns Hopkins Eating Disorders Program, located in The Johns Hopkins Hospital in Baltimore, Maryland, offers three levels of care for patients with eating disorders, all of which incorporate the results of the latest research on these conditions.

National Eating Disorders Hotline 1.800.332.6415



SECTION 20 Mental Health

After Loss

1.800.423.8811

Grievance Hotline

Alliance, Inc.

-ABERDEEN
31 Howard Street
Aberdeen, MD 21001
410.273.2085 and
-BEL AIR
4 North Avenue, Suite 306
Bel Air, MD 21014
410.420.7292
www.allianceinc.org

Provides case management, therapy, and psychiatric services to children and adults with emotional, mental, and behavioral disorders. The goal of case management is to successfully integrate the client into the community. Other services include a residential program, vocational rehabilitative services, and a factory division (providing jobs for people with disabilities).

Caring Hands, Inc.

41 N. Philadelphia Boulevard Aberdeen, MD 21001 410.575.7125

Provides permanent residential services for adults with mental and/or physical disabilities. Also provides short-term housing and care through the Respite Care Program. Serves both adults and children. Must be referred by the Developmental Disabilities Administration. The Residential Program welcomes volunteers interested in becoming an advocate for those living in the residential program. Other volunteer opportunities available. Flexible hours.

Community Behavioral Services, Inc.

109 W. Bel Air Avenue Aberdeen, MD 21001 410.297.2271 Fax – 410.297.2273

www.communitybehavioralservices.com

Non-profit mental health organization whose mission is to provide therapeutic services to those with mental illnesses or developmental disabilities. Offers adult psychiatric rehabilitation services, a mental health vocational program, and alternative after-school programs

Compassionate Friends

1.877.969.0010

Grievance Hotline

Depression and Related Affective Disorders Association (DRADA)

410.583.2919 1.888.288.1104

Family and Children's Services of Central Maryland

44 E. Gordon Street Bel Air, MD 21014 410.838.9000

Offers mental health services including individual, group and family counseling. Specializes in trauma, sexual assault and domestic violence.

Harford Hospice Bereavement Support Group

Christ Our King Presbyterian Church 10 Lexington Road Bel Air, MD 21014 Contact – 410.931.0990 (Harford Hospice)

Support group open to all individuals dealing with grief and loss. Meets the 4th Thursday of the month from 7–9pm.

Harford Memorial Hospital

501 S. Union Avenue Havre de Grace, MD 21078 443.843.5000 www.uchs.org

An acute care, community hospital that provides comprehensive medical/surgical care, emergency care, critical care, behavioral health services, and outpatient services. A member of Upper Chesapeake Health.

Homecoming Counseling for Veterans

1.877.323.5800 or 410.825.1011

Provides free counseling services for Veterans in Harford County.

Key Point Health Services, Inc.

135 N. Parke Street Aberdeen, MD 21001 443.625.1600 www.keypoint.org

Offers outpatient mental health services, residential care, and psychiatric rehabilitation. Services include individual, group, and family counseling, housing assistance, case management, and community outreach programs.

Maryland Association of Gambling Addiction Counselors, Inc.

410.838.2724

Information, referral and treatment for gambling addiction.

Maryland Coalition for Families

19 Newport Drive, Suite 203 Forest Hill, MD 21250 410.420.9880

Provides information, referral, outreach, and case management to families with disabilities.

Maryland Crisis Hotline (24 hrs)

1.800.422.0009

Crisis hotline for youth and adults available 24 hours a day.

Mental Health Association of Maryland

711 W 40th Street, Suite 406 Baltimore, MD 21211 410.235.1178 Fax – 410.235.1180 www.mhamd.org Provides a wide array of information about mental health and mental illness. Provides information about mental health services in Maryland.

Mobile Crisis Program (Harford County)

42 N. Main Street, 2nd Floor Bel Air, MD 21014 410.638.5248 Fax – 410.638.8600

The mobile crisis program provides crisis intervention and emergency mental health care for Harford County residents. Urgent psychiatric evaluations and referrals are available. Hours for operation are Monday – Friday 8am–12Midnight, Saturday – Sunday 8am–4pm. The mobile crisis program also participates on the Critical Incident Stress Management/Disaster Team (CISM team). The team is available to respond to community incidents to provide support for traumatic events (such as bank robberies, difficult deaths, etc.).

My Sister's Place Lodge

111 W. Mulberry Street Baltimore, MD 21201 410.528.9002 Fax – 410.528.9004 www.cc-md.org

My Sister's Place Lodge is a transitional housing program in Baltimore City which provides case management and other support services to formerly homeless, mentally ill women to help them return to self-sufficiency and permanent housing.

National Alliance on Mental Illness (NAMI)

Harford County Chapter Meets third Wed. of each month at Bel Air United Methodist Church 410.879.0111 410.836.7144

Information, resources and support for families of persons with a mental illness.

Key Point HEALTH SERVICES

Serving the Greater Baltimore Area for over 30 Years

Services Offered:

Outpatient mental health treatment for children, adolescents, adults, and seniors

- Residential Care
- Rehabilitation Day Program
 - In-Home Counseling
- Individual, group & family therapy
- Medication therapy
- Board certified psychiatrists
- Licensed experienced therapists
- Open weekdays & some evenings



Aberdeen 443-625-1600

135 North Parke St., Aberdeen, MD 21001

Catonsville 410-788-0300

500 N. Rolling Rd., Catonsville, MD 21228

Dundalk 443-216-4800

1012 N. Point Rd., Baltimore, MD 21224

www.KeyPoint.org

Key Point Health Services, Inc. is a non-profit organization. For more information call the clinic nearest you.

Network of Care

http:Harford.md.networkofcare.org/mh www.networkofcare.org

Website of local, state and national mental health services.

Office of Mental Health

Core Service Agency of Harford County 206 S. Hays Street, Suite 201 Bel Air, MD 21014 410.803.8726 1.800.888.1965 (24 hr) Fax – 410.803.8732 www.harfordmentalhealth.org

The Core Service Agency of Harford County (CSA) is responsible for the development, planning and management of the local mental health system in Harford County. The purpose of the Core Service Agency of Harford County is to ensure culturally competent, efficient, coordinated and effective mental health services to the Harford County community. Services include: information and referral, advocacy, emergency assistance for prescriptions, housing (eviction prevention) and laboratory assistance, child and adolescent respite referral, adult residential referral, and complaint resolution. Hours of operation are Monday-Friday from 8:30am-4:30pm.

Pastoral Counseling Services of Maryland

- —FIRST PRESBYTERIAN CHURCH 224 N. Main Street Bel Air, MD 21014
- —ST. MARY'S EPISCOPAL CHURCH 1 St. Mary's Church Road Abingdon, MD 21009
- —ST. JOHN'S EPISCOPAL CHURCH 114 North Union Avenue Havre de Grace, MD 21009
- —MAIN OFFICE 5047 N. Charles Street Baltimore, MD 21771 410.433.8861 x501 1.800.427.4027 www.pcsm.org

Non-profit, community-based organization dedicated to strengthening emotional and spiritual health by providing counseling and psychotherapy services to individuals, couples, families, children, and adolescents.

The Pro Bono Counseling Project

131 West Quadrangle 2 Hamill Road Baltimore, MD 21210 1.877.323.5800 410.323.5800

Links uninsured, low-income individuals and families throughout Maryland with licensed mental health professionals at no cost.

Project HOME

2 S. Bond Street Bel Air, MD 21014 410.836.4758 Fax – 410.8364945 www.dhr.state.md.us/harford.htm

Provides help for mentally ill adults who need supportive housing arrangements in order to reside in the community.

Psych Associates

42 N. Main Street, Suite 100 Bel Air, MD 21014 410.569.4900 Fax – 410.569.4903

Provides comprehensive mental health services to citizens of all ages. Individual and group psychotherapy offered.

Sheppard Pratt National Center – No Hang Ups

410.938.3993

Sheppard Pratt National Center for Human Development tape library.

SPIN- Support Peer Independence Now

19 Franklin Street Aberdeen, MD 21001 443.327.7810 Tue., Wed. and Sat. 12pm–4pm Thur. and Fri. 10am–4pm

Peer support wellness and recovery center.

Therapeutic Living for Families

1837 ½ Pulaski Hwy Edgewood, MD 21040 410.366.1151 443.250.9989

Offers outpatient mental health services and psychiatric rehabilitation. Services include individual, group and family counseling.

Ticket to Work Supported Employment

Maryland Mental Health Employment Network Office on Mental Health 206 S. Hays Street, Suite 201 Bel Air, MD 21014 410.803.8726

Provides assistance for people with a mental illness who receive Social Security to obtain employment.

Upper Bay Counseling and Support Services, Inc.

626 Revolution Street Havre de Grace, MD 21078 410.939.8744 1.866.939.8744 Fax – 410.939.8748 www.UpperBay.org

Provides confidential mental health services to individuals experiencing emotional difficulties, problems with relationship issues, children, abuse issues, drug/alcohol dependence combined with a mental health problem, and serious and persistent mental illness. Services include outpatient services, assessment and evaluation, individual, family, and group counseling, medication evaluation and management, and school-based services.

Value Options

1.800.888.1965

Offers referrals and authorization for public mental health services in Maryland.

Villa Maria

1301 Continental Drive, Suite 103 Abingdon, MD 21009 410.676.4002 Fax – 410.676.7365 www.catholiccharities-md.org/ Children/villahealthclinics.htm

Provides behavioral health services to individuals, children, and families with the overall goal of enhancing skills required to be successful at school or work, build more successful relationships, and exercise better problem-solving skills at home, school, or work. Services include Safe Start Early Intervention Program, individual, family, and group therapy, parenting skills, case management, psychiatric evaluations, medication management, school-based behavioral services, and referrals.



SECTION 21 Military / Veterans' Resources

American Red Cross - Central Maryland Chapter

4800 Mt. Hope Drive Baltimore, MD 21215 1.800.787.0091 410.624.2000 Fax – 410.764.4914 www.redcross-cmd.org

Provides 24-hour crisis assistance. Offers presentations on disaster preparedness, and courses in First Aid, CPR, Water Safety, and Informal Caregivers and Babysitting. Helps military families secure emergency leave and emergency loans. Call for additional information.

Army Community Services

410.278.4372 410.278.7572

Telephone information and referral for all types of problems and questions for active and retired military personnel and their family members.

Army Substance Abuse Program Division

Bldg A-2477 APG, MD 21005 410.278.5319 Fax – 410.278.4004

Provides confidential evaluation, counseling assistance, and referrals for army employees, retirees, and family members of active duty and civilian employees.

Department of Veterans Affairs

2 S. Bond Street Bel Air, MD 21014 410.836.4900 1.800.446.4926 (main office) www.mdva.state.md.us

Assists veterans and their families with benefits, claims, replacing papers, and any additional questions about VA benefits.

Open the first and third Wednesday of the month from 8am-3:30pm.

EX-POSE (Ex-Partners of Service-members for Equality)

Alexandria, VA 22312-0191 703.941.5844 www.ex-pose.org 410.278.1499 (JAG Office, Aberdeen Proving Ground

P.O. Box 11191

A national non-profit, volunteer organization dedicated to improving the lives of former spouses and widows of former military association.

JAG Office (Aberdeen Proving Ground)

410.278.1499

National Military Family Association

2500 N. Van Dorn Street, Suite 102 Alexandria, VA 22302 703.931.6632 Email – info@militaryfamily.org

A private non-profit association organized to improve the quality of family life of all military personnel.

Perry Point VAMC Programs for Women

Perry Point Medical Center Perry Point, MD 21902 410.624.2411 1.800.949.1006 www.vamhcs.med.va.gov/ perry/perry.htm

Perry Point Women's Program and its community outreach clinics are committed to serving the healthcare needs of women veterans. They offer general health assessment and treatment including GYN services (mammography and cervical cancer screenings), STDs, hormone therapy, cardiopulmonary disorders (including hypertension), colorectal cancer, osteoporosis, incontinence, immunizations, psychiatric disorders, addictions, nutritional counseling, and smoking cessation. Also offers pastoral and individual counseling, Women in Recovery support group, and sexual trauma treatment.

Retired Officer's Wives Club

410.592.8376

Sexual Trauma Treatment

103 Chesapeake Blvd, Suite A Elkton, MD 21921 410.392.4485 Fax – 410.569.8013 Outpatient treatment is provided to all eligible veterans by a team of professionals who have specialized knowledge and experience in understanding the physical and emotional aftermath of sexual trauma. Eligible veterans are those men and women who have been sexually assaulted or harassed while in the military or who have a history of sexual assault rape, or incest. Call for information on all programs.

US Office of Personnel Management

1900 E Street NW Washington, DC, 20415 202.606.1800 202.606.2532 (TTY) www.opm.gov

Government employment information including veterans' programs.

SECTION 22 Parenting Classes

Alpha's Glory Crisis Pregnancy Center

219 W. Bel Air Avenue Aberdeen, MD 21001 410.272.4711 Fax – 410.272.6442 www.agcpc.org

Provides information about pregnancy/ adoption/abortion alternatives, material assistance (baby clothing, furniture, diapers, maternity clothing), spiritual and emotional support, abortion recovery, parenting classes, and free pregnancy tests.

Catholic Charities Family Center and Early Head Start

34 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.5650 Fax – 410.272.6082 and 1980 Brookside Drive Edgewood, MD 21040 410.612.1760 Fax – 410.612.1763

Mission is family preservation through the provision of core supportive services, including on-site childcare for children up to age three, access to GED and



computer literacy classes, parenting education, life skills training, and pregnancy prevention techniques. Targets young parents and their children.

Department of Social Services

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm Must be receiving services from DSS or CPS to qualify for parenting classes.

The Family Tree

50 E. Bel Air Avenue, Room 203 Aberdeen, MD 21002 410.272.7425 1.800.243.7337 (family stressline) Fax – 410.272.7427 www.familytreemd.org

Provides solutions to strengthen families and break the cycle of abuse and neglect. Offers parenting classes, home-based services, workshops, a 24-hour family stressline, and Parents Anonymous classes.

Upper Chesapeake Health – Upper Chesapeake Family Birthplace

500 Upper Chesapeake Drive Bel Air, MD 21014 www.uchs.org/familybirthplace www.uchs.org/calendar

Offers full-term birth services and prepared childbirth classes, prenatal classes for adolescents, family birthplace tours, sibling classes, prenatal breastfeeding classes, breastfeeding support groups, newborn baby care including CPR and infant safety, parent groups on various topics, babysitting safety classes, and other services.

Villa Maria Safe Start Program

410.676.4002 www.cc-md.org/children/villacommunity-resources.html

Provides early screening, intervention and referral for children at risk of abuse and neglect. Must be in one of the following Harford County Programs, MD Rural Development Corp., Head Start Aberdeen Family Support Day Center, Infants and Toddlers, Early Head Start, DSS, Family Tree, Child Find.

SECTION 23 Police / Law Enforcement

Aberdeen Police Department

60 N. Parke Street Aberdeen, MD 21001 410.272.2121 Fax – 410.272.6632

Bel Air Police Department

39 N. Hickory Avenue Bel Air, MD 21014 410.638.4500 Fax – 410.838.2721 www.belair.bel-air.md.us/police.asp

FBI

35 Fulford Avenue, Suite 200 Bel Air, MD 21014 www.fbi.gov 410.879.5240

Harford County Circuit Court

20 W. Courtland Street Bel Air, MD 21014 410.638.3000 410.638.3426 www.courts.state.md.us/clerks/harford/

Harford County Detention Center

1030 North Rock Spring Avenue Bel Air, MD 21014 410.638.3140 Fax – 410.638.4896 www.harfordsheriff.org/CORRSVC.HTM

Harford County District Court

2 S. Bond Street Bel Air, MD 21014 410.838.2300 1.800.943.6344

Harford County District Court Commissioner

P.O. Box 1245 1030 North Rock Spring Avenue Bel Air, MD 21014 410.638.4770 410.638.4771 Fax – 410.638.0740



L. Jesse Bane Harford County Sheriff

Harford County Sheriff's Office

Harford County Sheriff's Office provides citizens with several technological ways to receive pertinent communications regarding public safety information from local law enforcement. So allow us to help you, get to know your neighborhood.



Crime In The Area? Find Out Anytime!

CrimeReports® makes it simple and easy for the Sheriff's Office to share timely and important local crime data with you, citizens, d various community organizations. Click the

activists and various community organizations. Click the CrimeReports® icon on the homepages of our website. It's that easy to be informed.



Join Our Email List

Keep up to date with community news and safety reports specific to your interests by joining the Harford County Sheriff's Office community email list. Simply log onto our website and look for the "Stay informed" sign up box. It's that simple to learn about your new community.



www.harfordsheriff.org

410-838-6600



SECTION 24 PREGNANCY, FAMILY PLANNING, AND CHILDBIRTH

Harford County Sheriff's Office

45 S. Main Street
Bel Air, MD 21014
410.838.6600 (main number)
Fax – 410.879.2782
www.harfordsheriff.org/
—NORTHERN PRECINCT
3726 Norrisville Road
Jarrettsville, MD 21084
410.692.7880

—SOUTHERN PRECINCT 1010 Gateway Road Edgewood, MD 21040 410.612.1717

Havre de Grace Police Department

715 Pennington Avenue Havre de Grace, MD 21078 410.939.2121 Fax – 410.939.2641 www.havredegracemd.com/ CityGovernment/PoliceDepartment/ DefaultMain.htm

Maryland Department of Juvenile Justice – Harford County Center

2 S. Bond Street Bel Air, MD 21014 410.638.4680 Fax – 410.638.4841 www.djs.state.md.us

The Department of Juvenile Services ensures the safety of the community and the well-being and safety of the youths under DJS care, holds juvenile offenders accountable to victims and communities, and assists youths in developing competency and character to aid them in becoming successful members of society.

Maryland Division of Parole and Probation

2 South Bond Street Bel Air, MD 21014 410.836.4650 410.836.4651 410.836.4668 www.dpscs.state.md.us

Maryland State Police (Benson Barracks)

1401 Belair Road Bel Air, MD 21014 410.879.2101 410.838.4101 www.mdsp.maryland.gov

Public Defender's Office

2 S Bond Street Bel Air, MD 21014 410.836.4880 1.877.430.5187 Fax – 410.836.4904 www.opd.state.md.us/ Locations/harford.htm

Provides legal representation to people unable to afford an attorney. Handles any criminal case carrying a possible jail sentence or a fine greater than \$500.00 for those who are income eligible. Must apply at least ten business days before date of trial.

State's Attorney's Office

Circuit Court, 1st Floor 20 W. Courtland Street Bel Air, MD 21014 410.638.3500

Fax – 410.838.2023 (circuit court fax) Fax – 410.638.3195 (district court fax) www.harfordcountymd.gov/StatesAttorney

Primarily responsible for the investigation and prosecution of criminal cases at the trial level. In this regard the State's Attorneys work with the police in the development of cases, presentations to the Grand Jury, and trial of cases in the Circuit, District or Juvenile Court. The Family Support Division works with the Bureau of Support Enforcement to establish paternity, set, and collect child support. Has specialized units to deal with domestic violence and child abuse and victims-witness concerns.

SECTION 24 Pregnancy, Family Planning, and Childbirth

Alpha's Glory Crisis Pregnancy Center

219 W. Bel Air Avenue Aberdeen, MD 21001 410.272.4711 Fax – 410.272.6442 www.agcpc.org

Provides info about pregnancy/adoption/ abortion alternatives, material assistance (baby clothing, furniture, diapers, maternity clothing), spiritual and emotional support, abortion recovery, parenting classes, and free pregnancy tests.

Birthright Pregnancy Aid Center

38 East Gordon Street Bel Air, MD 21014 410.838.0443 1.800.550.4900 www.birthrightofbelair.org

Birthright is a free confidential pregnancy help center. No politics, no judgment, no conditions or selling. We've been helping people in Harford and the surrounding counties for over 38 years. Birthright of Bel Air is staffed by trained volunteers prepared to offer personal help to all those involved in an untimely pregnancy, regardless of their circumstances. Together we will assess the situation and explore alternatives and resources available. Make Birthright your first call for help.

Chesapeake Birth Companions – Birth and Postpartum Doulas

Baltimore-Harford-Cecil-Annapolis Regions Washington, D.C Sue – 443.421.1640 Dawn – 410.608.5991 www.chesapeakebirthcompanions.com

Offers experienced, compassionate birth and postpartum doulas. Doulas provide continuous, caring support during the birth of your child.

The Family Tree

50 E. Bel Air Avenue, Room 203 Aberdeen, MD 21001 410.272.7425 1.800.243.7337 (family stressline) Fax – 410.272.7427 www.familytreemd.org

Provides solutions to strengthen families and break the cycle of abuse and neglect. Offers parenting classes, home-based services, workshops, a 24-hour family stressline, and Parents Anonymous classes.

Gabriel Network

P.O. Box 2116 Bowie, MD 20718 1.800.264.3565 www.sparrow-house.com

A loving and secure living environment for young unmarried pregnant women.



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Harford County Health Department – Health Clinic

- —BEL AIR 120 S. Hays Street Bel Air, MD 21014 410.838.1500 or
- —ABERDEEN 34 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.5626 or
- —EDGEWOOD 1321 Woodbridge Station Way Edgewood, MD 21040 410.612.1779

www.harfordcountymd.gov/health

Provides prenatal care, home visits, and child healthcare services.

Maryland Children's Health Program (MCHP)

1.800.456.8900 www.dhmh.state.md.us/mma/mchp/

Provides full benefits for children up to age 19 and to pregnant women who meet income guidelines. Those who are eligible include: children up to age 19 who do not qualify for medical assistance, pregnant women of any age, those whose countable income is at or below 200 percent of the Federal Poverty level, and the uninsured (although in some cases having insurance may not prevent someone from qualifying). Applications are available at DSS, Health Department, WIC offices, schools, hospitals, and online.

Medicaid Program (Medical Assistance)

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Joint program of the Department of Human Resources and the Department of Health and Mental Hygiene providing comprehensive medical and other healthrelated care for qualified individuals.

Nancy Freeman Operation Special Delivery

Email – readyforbirth@aol.com www.operationspecialdelivery.com

Provides volunteer labor doulas to women who cannot afford to hire a doula and will be alone during childbirth because their husband or partner is on military deployment.

Planned Parenthood of Maryland

1714 Joan Avenue Baltimore, MD 21234 410.665.9775 www.plannedparenthoodmd.org

Offers comprehensive gynecological exams, birth control, pregnancy tests, diagnosis and treatment of sexually transmitted diseases and urinary tract infections, and STD testing and treatment for males.

Professional Childbirth Consultation, Guidance and Support

717.456.7727 www.mysite.verizon.net/thedeltadoula

Offers continuous physical, emotional and informational support before, during and after childbirth.

Upper Chesapeake Health – Upper Chesapeake Family Birthplace

500 Upper Chesapeake Drive Bel Air, MD 21014 www.uchs.org/familybirthplace www.uchs.org/calendar

Offers prepared childbirth classes, prenatal classes for adolescents, family birthplace tours, sibling classes, prenatal breastfeeding classes, breastfeeding support groups, newborn baby care including CPR and infant safety, parent groups on various topics, babysitting safety classes, and other services.

WIC (Women, Infants, and Children)

410.273.5656 (appointments must be made through this number)

- 34 N. Philadelphia Boulevard Aberdeen, MD 21001
- 1321 Woodbridge Station Way Edgewood, MD 21040 www.fns.usda.gov/wic/ www.harfordcountymd.gov/health/

Federally-funded program that provides healthy foods to eligible pregnant women, new mothers, infants, and children up to age five. Offers vouchers to purchase nutritious foods, nutrition counseling, and help with breastfeeding.

SECTION 25Recreation / Civic Groups

4-H and Youth of Harford County

2335 Rock Spring Road P.O. Box 663 Forest Hill, MD 21050 410.638.3255 www.harford.umd.edu

University of Maryland Extension's 4-H youth development program provides a supportive setting for youth, ages 5–18, to mature into competent, caring, and responsible contributing adults. Many 4-H programs are community-based, with leadership provided by adult and teen volunteers. Each Maryland county and Baltimore City has programs that are designed to meet the needs of kids, teens and the volunteers who work with them. 4-H is a joint effort of county/city and state governments, the University of Maryland and the U.S. Dept. of Agriculture, and the National Institute of Food and Agriculture. Contact the Harford County Extension Office for more information.

Aberdeen Lions Club

P.O. Box 111 Aberdeen, MD 21001 Email – aberdeenlions@comcast.net

Community service organization with a primary focus on sight conversation.

Bel Air Lions Club

P.O. Box 167 Bel Air, MD 21014 www.belairlions.org 410.879.2914

Provides financial support for low-income residents to obtain eyeglasses and hearing devices.

Bel Air Toastmasters Club

McFaul Activity Center 525 McPhail Road Bel Air, MD 21014 www.belairtm.freetoasthost.com

Devoted to the improvement of individual communication and leadership skills. Meets on the 2nd and 4th Thursdays of every month at the McFaul Activity Center. Visitors are welcome.

Boy Scouts of America

Baltimore Area Council 701 Wyman Park Drive Baltimore, MD 21211 Phone – 443.573.2500 www.baltimorebsa.org

Boys and Girls Clubs of Harford County

- —ADMINISTRATIVE OFFICES 100 E. Bel Air Avenue Aberdeen, MD 21001 410.272.0010 Fax – 410.272.1117
- —BEL AIR UNIT 525 W MacPhail Road Bel Air, MD 21014 410.838.3354 410.803.1640 Fax – 410.838.0544
- —EDGEWOOD UNIT 2002 Cedar Drive Edgewood, MD 21040 410.676.1020 410.538.3030 Fax – 410.676.4639

• 2603 Philadelphia Rd. in Abingdon

2906 Churchville Rd. in Churchville

RD COUNTY RESOURC

• 1601 E. Churchville Rd. in Bel Air

—HAVRE DE GRACE UNIT
351 Lewis Lane
Havre de Grace, MD 21078
Inside Havre de Grace Middle School
410.939.0822
410.939.7899
www.bgcharford.org

Provides youth development programs and activities after school, on weekends, and during the summer. Offers character and leadership development, education and career development, sports, fitness, and recreation programs.

Girl Scouts of Central Maryland, Inc.

4086 Seton Drive Baltimore, MD 21215 410.358.9711 1.800.492.2521 Fax – 410.359.9918 www.gscm.org

Harford County Department of Parks and Recreation

702 N. Tollgate Road (Administration) Bel Air, MD 21014 410.638.3570

www.harfordcountymd.gov

- Amusement Park Ticket Information Line – 410.638.4148
- Parks and Facilities 410.638.3571
- Therapeutic Recreation 410.638.4899 or 410.638.4999 (TTY)
- Recreation and Sports / Parks and Facilities – 410.638.3571 or 410.638.3572
- Anita C. Light Estuary Center 700 Otter Point Road, Abingdon, MD 21009. Phone – 410.612.1688
- Swan Harbor Farm 401 Oakington Road, Havre de Grace, MD 21078. Phone – 410.939.6767



• 1915 Belair Rd. in Fallston

• 2620 Mountain Rd. in Joppa

• 405 Juniata St. in Havre De Grace

• 3209 Jarrettsville Pike in Monkton

• 3606 Conowingo Rd. in Street

www.royalfarms.com

Harford County Public Library

Administration – 1221-A Brass Mill Road Belcamp, MD 21017 410.638.3151 www.hcplonline.info

Detailed information about civic, service, social and recreation programs. Volunteer opportunities available at all branches; the library utilizes persons with people, book and computer skills.

- ABERDEEN BRANCH
 21 Franklin Street
 Aberdeen, MD 21001
 Phone 410.273.5608
- ABINGDON BRANCH 2510 Tollgate Road Abingdon, MD 21009 Phone – 410.638.3990
- BEL AIR BRANCH 100 Pennsylvania Avenue Bel Air, MD 21014 Phone – 410.638.3151
- DARLINGTON BRANCH 1134 Main Street Darlington, MD 21134 Phone – 410.638.3750
- EDGEWOOD BRANCH 2205 Hanson Road Edgewood, MD 21040 Phone – 410.612.1600
- FALLSTON BRANCH 1461 Fallston Road Fallston, MD 21014 Phone – 410.638.3003
- HAVRE DE GRACE BRANCH 120 N. Union Avenue Havre de Grace, MD 21078 Phone – 410.638.6700
- JARRETTSVILLE BRANCH 3722 Norrisville Road Jarrettsville, MD 21084 410.692.7887
- JOPPA BRANCH 655 Towne Center Drive Joppa, MD 21085 Phone – 410.612.1660
- NORRISVILLE BRANCH 5327 Norrisville Road Whitehall, MD 21161 Phone – 410.692.7850
- WHITEFORD BRANCH 2407 Whiteford Road Whiteford, MD 21160 Phone – 410.638.3608

League of Women Voters of Harford County

P.O. Box 291
Bel Air, MD 21014
410.272.1815
Email – info@harford.lwvmd.org
www.harford.lwvmd.org

The League of Women Voters of Harford County is a respected grassroots organization that is strictly nonpartisan. The League is dedicated to providing well-researched and unbiased information so that all voters may become better informed. Services include voter registration and education. Free monthly e-newsletter.

Master Gardeners of Harford County

2335 Rock Spring Road P.O. Box 663 Forest Hill, MD 21050 410.638.3255

Mission: 'Educate Maryland residents about safe, effective, and sustainable horticultural practices that build healthy gardens, landscapes, and communities.' Maryland Master Gardeners are volunteers trained by the University of Maryland who provide horticultural education services to individuals, groups and communities. Over 1000 Master Gardeners contribute tens of thousands of volunteer hours each year serving citizens of Maryland. Training to become a Harford County Master Gardener is held once a year. Contact the office for more information.

Northern Chesapeake Archeological Society 410.273.9619

Become a member today! Only \$12/school year

GREAT FUTURES START HERE.





Visit Our Website for More Information

WHAT DO WE HAVE TO OFFER?

- After School Care 3pm-8pm
- Summer Day Camp
- The Arts
- Homework Help
- Sports and Fitness

Aberdeen Branch 410-272-8233 **Edgewood Branch** 410-676-1020

Bel Air Branch 410-838-3354

Havre de Grace Branch 410-939-0822

bgcharfordco.org



SECTION 26 Senior Citizens

AARP (American Association of Retired Persons)

410.879.9758 MD State phone number – 1.866.542.8163 www.aarp.org

Four chapters in Harford County – Bel Air, Joppa, Madonna, and Havre de Grace. Legislative affairs are a prime concern, especially in the area of healthcare. Also stressed is the importance and value of community service. Membership includes educational seminars, lectures, trips, and discounts. Call for meeting dates and times.

Adult Day Care Services

- Active Day

 1361 Brass Mill Road
 Belcamp, MD 21017
 410.273.2060
- Family and Children's Services Adult Day Care 309 Thomas Run Road Bel Air, MD 21015 410.838.3222

Almost Family Adult Day Care

1361 Brass Mill Road Belcamp, MD 21017 410.273.2060

Provides therapeutic and medically supervised programs for adult with Alzheimer's, related disorders, and developmental disabilities.

Bel Air Workforce Center

2 S. Bond Street Bel Air, MD 21014 410.836.4603 www.mwejobs.com

We are members of the Maryland Workforce Exchange. Created to improve access to information about jobs, training and workforce support throughout Maryland. Workforce Exchange connects agencies, programs and services electronically to assist employers and individuals in making the right decisions for future success.

The Caring Connection

705 Old Fallston Road, #101 Fallston, MD 21047 410.877.0709

Provides private, in-home care.

Centrol, Inc. Emergency Response Systems 7508 Knollwood Road

Towson MD 21286 877.792.4494 Email – patfrance@centrol-inc.com Fax – 410.828.7730 www.centrol-inc.com

Centrol, Inc. offers emergency response systems at affordable prices. Emergency Call Products include: In-Home Use; Independent Living; Assisted Living; and Skilled Nursing – all helping clients to stay independent longer. Centrol, Inc.'s mission is to: offer emergency call devices that help keep people independent; to produce the highest quality, state-of-the-art, most reliable, and cost-effective emergency response systems in the industry; and to meet or exceed the ongoing needs and satisfaction of customers worldwide.

Family and Children's Services of Central Maryland

44 E. Gordon Street Bel Air, MD 21014 410.838.9000 Fax – 410.838.8953 www.fcsmd.org

Non-profit agency offering counseling services, support groups (for victims of sexual abuse), school outreach programs, an adult daycare center, and a diversion program for teenagers involved in the criminal justice system.

Gilchrist Hospice Care (previously Hospice of Baltimore – Harford County)

11311 McCormick Road, Suite 350 Hunt Vally, MD 21031 1.800.Hospice www.gilchristhospice.org

Harford Community College

Programs for Seniors 401 Thomas Run Road Bel Air, MD 21015 www.harford.edu Offers a variety of programs for seniors, including:

- 55-Alive Program 410.836.4376. Driver improvement classes.
- College Week for Senior Adults 410.836.4376. A one-week, credit-free program for persons age 60 and over.
- Non-credit program 410.836.4376. The college offers a variety of course

offerings including Cardiac Fitness, Health/Fitness Activities for Senior Adults, Therapeutic Aquatic Exercise, College Week for Senior Adults, and Senior Adult Discussion Series.

Harford County Office on Aging (Dept. of Community Services)

145 N. Hickory Avenue Bel Air, MD 21014 410.638.3025 Fax – 410.893.2371 www.harfordcountymd. gov/services/aging

Provides information, referrals, SHIP (Senior Health Insurance Counseling Program), case management services for those needing assisted living or nursing home care, home delivered meals, transportation services, senior programs and activities.

Harford Transit Link (Dept. of Community Services)

410.838.2562 410.612.1621 410.879.2000 TTD – 410.612.1643 www.harfordtransitlink.org

This service is provided by Harford Transit Link for the General Public and approved for operation by the Maryland Public Service Commission. Use Harford Transit Link service to travel to Aberdeen, Havre de Grace, Riverside, Edgewood, and Joppatowne. Harford Transit Link also provides services in accordance with the Americans with Disabilities Act of 1990. Vehicles are wheelchair accessible. For more information, contact the dispatcher at 410.612.1621 or 410.838.2562. Check website or call for specific schedule.

Independence for Women (and Men)

Workshop Coalition for Harford County 401 Thomas Run Road Bel Air, MD 21015 410.836.4376 410.836.4176

The program is designed to empower midlife and older women, as well as men and women of all ages, to make informed decisions about their finances. Jointly sponsored by the AARP, Harford Community College, and MD Cooperative Extension Service, the eight-week workshop is planned for each spring and/or fall and serves all levels of income.

Senior living. Vibrant living.



Independent Living

Memory Care

Come see how Brightview's two Harford County communities bring it all together for you.

What's Bright Living at Brightview? It's everything. The people, the place, the personalized care. The potential for a great day, your way. For independent living, assisted living or memory care, come see how we bring it all together for you.



INDEPENDENT & ASSISTED LIVING

410-638-8100

128 W. Ring Factory Road • Bel Air BrightviewAvondell.com



BEL AIR
ASSISTED LIVING

410-893-2202

300 W. Ring Factory Road • Bel Air BrightviewBelAir.com



Stop by today and experience the Brightview difference!





Park View



◆Independent Living For Those 62 or Better◆

Please call us today for a personal tour of your next home!

We look forward to speaking with you!





410-893-0064 parkviewbelair@sheltergrp.com



Community Features & Amenities

- Near Grocery Stores, Shopping, Medical Facilities and more
- Fitness Room
- Salon Services
- Pet Friendly
- Beautifully landscaped courtyard and patio

Services

- Park View bus for resident outings
- Social and Recreational Activities
- Education and Health Seminars
- 24-hour Emergency Maintenance Services
- Access to Public Transportation





Legal Aid Bureau Maryland Senior Legal Hotline

1.800.896.4213 ext 7750

Provides free legal advice and referrals for seniors age 60 and over.

Legal Aid Bureau Sixty Plus Legal Program

5 N. Main Street, Suite 200 Bel Air, MD 21014 410.896.4213 ext 7760 www.mdlab.org

Assists with low-cost wills, power of attorney, advance directives and simple deed changes for income-qualified seniors.

Maryland Foundation of Dentistry for the Handicapped

6410 Dobbin Road, Suite F Columbia, MD 21045 410.964.1944 1.877.337.7746 Fax – 410.964.9978 www.nfdh.org/pdf/MD.PDF

Provides comprehensive dental care at no charge to people of all ages who, because of a serious disability or impaired health, lack adequate income to pay for needed dental care.

Meals on Wheels

45 N. Main Street, Suite D Bel Air, MD 21014 410.838.0013 Fax – 410.879.5814 www.mealsonwheelsmd.org

Delivers nutritious meals to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Two meals are delivered daily Monday – Friday. Weekend meals are available for clients who meet special criteria.

Medbank of Maryland

P.O. Box 42678 Baltimore, MD 21284 410.821.9262 Fax – 410.821.9265 www.medbankmd.org

Non-profit organization providing access to prescription drugs to chronically ill, lowincome, uninsured or underinsured Maryland residents. Both healthcare provider and patient must submit a referral form. Also assists providers and patients in completing paperwork required to enroll patients in pharmaceutical company patient assistance programs.

Medicaid Long-Term Care Program

2 S. Bond Street, Suite 300 Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945

Medical assistance is available to cover a portion of the cost of a long-term care facility for elderly, blind, or disabled persons whose available income is insufficient to meet the entire cost of care, as long as their resources are within the resource limit.

Medical Assistance Transportation

Harford County Health Department 120 S. Hays Street Bel Air, MD 21014 410.638.1671 www.harfordcountymd.gov/health/

Provides appropriate transportation for Harford County medical assistance recipients to and from medical appointments covered by the Medical Assistance Program. Rides must be scheduled at least one day prior to appointment.

Fairbrooke

Harford County's First Affordable, Elevator-Equipped Senior Housing Community

SENIOR APARTMENTS

Now Accepting Applications

The 122-unit Fairbrooke complex consists of one- and two-bedroom apartments, some with balconies and patios.

Amenities: Special security system with closed circuit TV monitoring * Individual heating and airconditioning controls * An emergency call system, 24 hour assistance * Handicapped accessible * Fully automatic sprinkler system in each unit * An indoor greenhouse for resident's use * Community meeting and party rooms * Central laundry facitilites * On-site parking * Access to regional transportation

Just 20 Minutes North from Intersection of 695 and I-95

Rents Starting At \$595.00 Plus Elisa

700 West Bel Air Avenue Aberdeen, MD 21001

410-272-8880 888-345-4033 Affordability, Convenience, Security...

Exclusively for Seniors



Nurses Available

410.321.4466

www.nursesavailable.com

Provides non-medical and medical care from 1 to 24 hours. Services include, but are not limited to: bathing, dressing, incontinence care, meal preparation, light cleaning, laundry and medication assistance. A Certified Senior Advisor is on staff for a free in-home consultation. Call for a free brochure and rate sheet.

Real Choices Program

Harford County Health Department 34 N. Philadelphia Boulevard Aberdeen, MD 21001 410.273.5626 www.harfordcountymd.gov/health/

The Real Choices Program is a resource to help Medicareeligible individuals who are 18 years of age and older who face the risk of nursing home placement or institutional care. Its goal is to assure that people with disabilities are given a choice between receiving the services they need in their homes and being cared for in an institution. It is a cooperative effort involving many public and nonprofit organizations throughout Harford County.

S.A.L.T. (Seniors and Law Enforcement Together)

1000 Gateway Road Edgewood, MD 21040 410.612.1622 410.612.1623 410.879 1538 (contact person

410.879.1538 (contact person - Clark Bowie)

Offers fraud prevention programs, emergency medical history cards, senior home security, fraud and abuse reminders, emergency 911 cell phones, and donates and installs 911 flashing lights (to make it easier for emergency crews to find a home). Sponsored by Harford County Sheriff's Office, the Office on Aging, and local chapters of the AARP.

Senior Centers

www.Marylandseniorcenters.com/counties/harford

Harford County's senior centers offer a wide variety of recreational, educational, and social programs for seniors.

- ABERDEEN SENIOR CENTER
 7 Franklin Street
 Aberdeen, MD 21001
 410.273.5666
- EDGEWOOD SENIOR CENTER www.Maryland seniorcenters.com/counties/harford 1000 Gateway Road Edgewood, MD 21040 410.612.1622
- FALLSTON (Veronica "Roni" Chenowith Activity Center) 1707 Fallston Road Fallston, MD 21047 410.638.3260
- FOREST HILL/HICKORY 2213 Commerce Drive Forest Hill, MD 21050 410.638.3616



Elder Law: Medicaid Planning, Eligibility, Applications, Guardianships

Estate, Tax, & Trust Planning

Fiduciary Representation

Probate

Educating Our Clients to Make Informed Decisions

Abraham & Bauer, LLC EXPERIENCE BUILDS TRUST

Offices Located in Towson and Bel Air

504 Baltimore Avenue, Lower Level Towson, MD 21204

443-901-1333

www.abrahambauer.com



SECTION 26 SENIOR CITIZENS

- HIGHLAND SENIOR CENTER 708 Highland Road Street, MD 21154 410.638.3605
- MCFAUL ACTIVITIES CENTER 525 W. MacPhail Road Bel Air, MD 21014 410.638.4040

Senior Citizen Meal Programs

Harford County Office On Aging 145 N. Hickory Avenue Bel Air, MD 21014 410.638.3025 Fax – 410.893.3025 www.harfordcountymd.gov/ services/aging/meals.cfm

Noontime meal provided Monday thru Friday at each of Harford County's senior activities center. Reservations should be made by calling a senior center near you.

Stella Maris, Inc. Home Care

2300 Dulaney Valley Road Timonium, MD 21093 410.252.4500 x7294 www.stellamarisinc.org

Skilled home care and hospice services.

Affordable Housing

Burton Manor

601 Cornell Street Aberdeen, MD 21001 410.272.7250

Housing is for senior citizens or people with disabilities only.

The Graw

100 Revolution Street Havre de Grace, MD 21078 410.939.2736

Housing is for senior citizens or people with disabilities only.

Harborside Village Apartments

626 Towne Center Drive Joppa, MD 21085 410.679.1130

Harford Senior Housing

300 Sunflower Drive Bel Air, MD 21014 410.836.7009 410.879.4450 410.879.4451

Housing is for senior citizens only.

Perryman Station – Senior Apartments

1222 Perryman Road Aberdeen, MD 21001 866.576.3096

Affordable 1 and 2 bedroom apartments for seniors 62 and older.

St. John's Towers

505 Congress Avenue Havre de Grace, MD 21078 410.939.5040 Fax – 410.939.6156

Housing is for senior citizens only. Last three years landlord references required.

Supplemental Security Income (SSI)

343A Box Hill Corporation Center Drive Abingdon, MD 21009 1.800.772.1213 www.socialsecurity.gov

Provides monthly income for lowincome people who are over age 65, blind, or disabled.

TAP (Telephone Assurance Program)

Citizens Care Center 415 S. Market Place Havre de Grace, MD 21078 410.939.5500 ext. 243

A daily communication service for those who live alone and who may need prompt help in case of an emergency.

Tax Counseling

Office on Aging 410.638.3425 www.aarp.org/money/taxaide/

Volunteers assist seniors and other income-eligible people in filling out their taxes free of charge.

VNA Home Health of Maryland

7008 Security Boulevard Windsor Mill, MD 21244 1.888.523.5000

VNA Home Health of Maryland is a Medicare Certified Home Care Agency and provides skilled nursing care and physical, occupational, and speech therapy to Harford County residents.

Widowed Persons Service Program of Harford County

P.O. Box 254 Forest Hill, MD 21050 410.838.0979

HARFORD SENIOR HOUSING, INC.

IS ACCEPTING APPLICATIONS

A Senior Friendly Apartment Building With Elevators, Laundry Rooms, Beauty Shop, Library & Town-Go-Round Transportation.

> 300 Sunflower Drive Bel Air, MD 21014



410-879-4450 • 410-836-7009

Mon. - Fri. 8:30-5:00 p.m.

Offers assistance to widowed persons through activities such as group lunches/dinners/potluck meals, in addition to meetings with resource speakers who are available to assist in counseling with Outreach volunteers. Training is offered to Outreach volunteers who serve the newly widowed on a one-on-one basis as long as there is a need. Sponsored by many county businesses plus the Harford County AARP, and the National AARP Widowed Person Service (WPS) program. All are invited to attend, especially those who are newly widowed. Call for more information or to give a referral.

SECTION 27 Shelters / Transitional Housing

ACTS, Inc.

40 E. Burke Avenue Towson, MD 21286 410.825.8773 Fax – 410.583.7416

Transitional housing for domestic violence victims and their children. Services include case management, counseling, children's activities, and parenting programs.

Anna's House

P.O. Box 88 Bel Air, MD 21014 410.803.2130 www.catholiccharities-md.org/ Community/annashouse.html

Transitional housing program for homeless women and their children that offers counseling, career skills training, and employment assistance to help them resume independent lives. Must have referral from DSS.

Clairvaux Farm

21 Veazy Road Earleville, MD 21919 410.275.2936

A 20-acre residential facility offering emergency and transitional housing for men, women, and children.

Faith Communities and Civic Agencies United, Inc. (FCCAU)

1221-C Brass Mill Road Belcamp, MD 21017 410.272.2229 Email – shelter.fccau@verizon.net FCCAU.org

Homeless shelters housing 28 men and women in two Harford County facilities: Riverside and Edgewood. FCCAU is a faith-based and civic organization that provides safe emergency shelter and fellowship to homeless and low-income individuals. Those interested must first apply through the Department of Social Services.

Harford Family House

53 E. Bel Air Avenue, Apt 3 Aberdeen, MD 21001 410.273.6700

Christian ministry that provides transitional, long-term housing and emergency shelter to homeless families with children.

Must be referred through county social workers, clergy, or other agencies.

Homeless Program

Department of Social Services 2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Provides emergency motel and shelter placement for men, women, and children, counseling, case management, and assistance with applying for benefits.

Karis Home

P.O. Box 735 1228 E. Baltimore Street Baltimore, MD 21203 410.342.2533 Fax – 410.342.0325

Offers emergency shelter, meals, and counseling for women and children.

Marian House

949 Gorsuch Avenue Baltimore, MD 21218 410.467.4121 Fax – 410.467.6709 www.marianhouse.org

Transitional housing offering long-term support to homeless women and their children who are referred by drug treatment centers, correctional agencies, psychiatric facilities, emergency shelters,

and domestic violence programs. Services include personal counseling, employment readiness training, GED instruction, drug/alcohol screening, addictions recovery supervision, financial counseling, legal advocacy, training for job advancement, scholarship aid, mentoring opportunities, assistance in obtaining permanent housing, and referrals for community-based services.

My Sister's Place Women's Center

17 West Franklin Street Baltimore, MD 21201 410.727.3523 www.cc-md.org

My Sister's Place Lodge is a transitional housing program in Baltimore City which provides case management and other support services to formerly homeless, mentally ill, poor and homeless women and children to help them return to self-sufficient life.

Salvation Army

300 Rear Seneca Street P.O. Box 309 Havre de Grace, MD 21078 410.939.3535 Fax – 410.939.5641

Provides counseling services (related to financial or other emergency situations), food, utility assistance, emergency shelter in cold weather, and help with rent (court-ordered eviction or foreclosure up to \$250). After hours call the Harford County Sheriff's Office at 410.838.6600.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207 Bel Air, MD 21014 410.836.8430 (24-hour helpline) 410.836.8431 – administration 410.879.3486 – Baltimore line Fax – 410.838.9484 www.sarc-maryland.org

Provides confidential domestic violence and sexual assault services in Harford County. Services include a safehouse for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

Shreffler House

First Presbyterian Church 224 N. Main Street Bel Air, MD 21014 410.877.7692

Short term housing serving one family at a time. Must have a referral through DSS.

Wayfarer's House

107 Delaware Avenue Elkton, MD 21921 410.398.4381

Houses up to 15 women with or without school-age children.

Substance Abuse

Addiction Connections Resource, Inc.

Family Support and Treatment Resources P.O. Box 327 Jarrettsville, MD 21028 443.417.6406 (Doe Ladd, President) Fax – 410.879.5549

Provides information and connection to resources for persons, and their families, suffering from the disease of substance abuse regardless of gender, race, creed, sexual orientation, or financial status. ACR connects with addiction treatment centers, halfway houses, support groups, therapists, and other persons/organizations involved with the initial and extended treatment in an effort to formulate a continuum of care that adequately addresses the holistic needs of the substance abuse population.

Adolescent Addiction Services

Harford County Health Department 120 S. Hays Street, Suite 300 Bel Air, MD 21014 410.877.2340 www.harfordcountymd.gov/health

Services are provided on an outpatient basis to adolescent residents of Harford County and their families who are using, abusing, or dependent upon alcohol and/or other drugs. Adolescent counselors are also at all secondary schools in Harford County and participate in the Maryland student assessment. Services

include alcohol and drug assessments, individual, group, and family counseling, random urinalysis screening, and referrals to inpatient and intensive outpatient programs.

Al-Anon and Al-Alateen Family Group

1.800.344.2666 www.al-anon.alateen.org

Support group for friends and family of alcoholics.

Alcoholics Anonymous

28 Centennial Lane Aberdeen, MD 21001 410.272.4150 1.800.570.4150 www.alcoholicsanonymous.org *Self-help group for alcoholics*.

Alcoholism Services

Harford County Health Department 120 S. Hays Street, Suite 300 Bel Air, MD 21014 410.638.3076 www.harfordcountymd.gov/health

Services include psychosocial assessment, treatment planning, group therapy, urinalysis, alco-sensor testing, DUI/DWI screening, HIV/TB screening and discharge planning, and referrals.

American Council on Alcoholism, Inc. (ACA)

1.800.527.5344 www.aca-usa.org

Provides nationwide referral service for alcoholism. Screening tolls and information is available online. Helpline is available Mon–Fri. 10am–6pm (MST)

Army Substance Abuse Program Division

Bldg A-2477 APG, MD 21005 410.278.4372 Fax – 410.278.4004

Provides confidential evaluation, counseling assistance, and referrals for army employees, retirees, and family members of active duty and civilian employees.

Harford County Cancer & Tobacco Community Coalition

Woodbridge Station 1321 Woodbridge Station Way Edgewood, MD 21040 410.612.1781 410.612.1780

Harford County Health Department – Addictions Services

120 S. Hays Street Bel Air, MD 21014 410.877.2340

www.harfordcountymd.gov/health

Offers a relapse avoidance program, methadone maintenance, outpatient services, and a drug court.

The Homecoming Project, Inc.

P.O. Box 1190 Bel Air, MD 21014 410.399.2904 www.hcpi2006.org

Halfway house for women recovering from alcohol or drug addiction. The goal is to strengthen and empower women for their return as fully functioning members of society. Program offers group therapy, life skills training, and daily meditation.

Joppa Health Services

623 A Pulaski Highway Joppa, MD 21085 410.538.5809 Fax – 410.538.4249

For-profit methadone maintenance.

Maryland Community Services Locator (MDCSL)

www.mdcsl.org

Helps users quickly find a variety of services using a single website, including maps and directions to program sites.

Narcotics Anonymous

Free State Regional Service Center 217 N. Warwick Avenue Baltimore, MD 21223 410.566.4022 1.818.773.9999 Email – fstaem@NA.org www.na.org

Self-help recovery group for people addicted to drugs. Membership open to all drug addicts, regardless of particular drug or combination of drugs used.

National Clearinghouse for Alcohol and Drug Information

U.S. Department of Health and Human Services 1.800.729.6686 ncadi.samhsa.gov

NCADI is a one-stop resource for information about substance abuse prevention, intervention, and treatment policies, programs and practices.

Office of Drug Control Policy (Dept. of Community Services)

Harford County Government 319 S. Main Street Bel Air, MD 21014 410.638.3333 Fax – 410.638.3329 www.harfordcountymd.gov/ services/drugcontrol

Mission is to promote and provide prevention services through strategies utilizing the resources of public/private agencies and citizens. Offers a library of informational brochures and videos for public use at no cost.

Phoenix Recovery Center

107 Edgewood Road Edgewood, MD 21040 410.671.7374 1.800.671.9516

Twenty-six bed facility providing services for those addicted to drugs and alcohol. Services include ambulatory detoxification with extended onsite monitoring, intensive outpatient program with a supervised living environment during non-treatment hours, an outpatient program, family wellness education, and aftercare.

Psych Associates

42 N. Main Street, Suite 100 Bel Air, MD 21014 410.569.4900 Fax – 410.569.4903

Provides comprehensive mental health services to citizens of all ages. Individual and group psychotherapy offered.

Seasons Hospice and Palliative Care

Northern Chesapeake Hospice Division 133 N. Bridge Street, 3rd Floor Elkton, MD 21921 1.800.898.4862 www.seasons.org

Seasons Hospice & Palliative Care is a specialized program of care provided for patients who are facing a terminal illness in their families. The Seasons Hospice team provides expertise on pain and symptom management as well as spiritual and emotional support. We are a community-based organization with an ongoing mission to find creative solutions which add quality to life. Services provided are visits by registered nurses, home health aides, spiritual support, trained volunteers, bereavement counseling and

support for family members, consultation and emergency care 24 hours a day, 365 days a year, coordination of medical equipment, physical therapy, occupational therapy, speech therapy, music therapy, support groups, and other therapies as indicated in the plan of care.

SECTION 29 Support Groups

Brain Tumor Support Group

Perryville, MD 410.459.8157

Brain tumor support group (free) – meets monthly at the Perryville library. It is open to anyone affected by this disease – patients, survivors, friends and loved ones are welcome. Call for more information.

Center for Grief and Loss at Stella Maris Hospice

410.252.4500 x7291

Call for information.

Christian Recovery – Biblical Recovery Meetings

Mt. Zion UMC, Fellowship Hall 1643 Churchville Road Bel Air, MD 410.836.7444 (church office for more information)

First Wednesday of each month; 7pm.

Compassionate Friends

410.838.0569

Self-help group offering friendship and support to any anyone who has experienced the loss of a child, sibling, or immediate family member.

Compulsive Gambling Center, Inc.

410.244.0783 1.800.LOST.BET 924 E. Baltimore Street Baltimore, MD 21202

Statewide 24-hour hotline for compulsive gamblers.

Divorce Care

 BEL AIR UNITED METHODIST CHURCH 924 Linwood Avenue Bel Air, MD 21014 410.838.5181 410.569.4541

Support group for those who are divorced. Call for more information.

 MOUNTAIN CHRISTIAN CHURCH 1824 Mountain Road Joppa, MD 21085 410.877.1824 mountainchristian.org

A 14-week seminar and support group for people who are separated or divorced. Call Mountain Christian Church for details.

Epilepsy Foundation of the Chesapeake Region

Abilities Network 8503 LaSalle Road Towson, MD 21286 410.828.7700 1.800.492.2523 Voice 711 TTY

Fax – 410.828.7708 www.abilitiesnetwork.org

Provides information and referral support groups, and public and professional information. Assists people with epilepsy and related neurological disorders, such as head injuries, learning disabilities, cerebral palsy, etc, in achieving their personal goals. Services are tailored to support each person to live, work, socialize, and to encourage the highest level of participation of each person in his/her community.

Family and Children's Services of Central Maryland

44 E. Gordon Street Bel Air, MD 21014 410.838.9000 Fax – 410.838.8953 www.fcsmd.org

Non-profit agency offering counseling services, support groups (for victims of sexual abuse), school outreach programs, an adult daycare center, and a diversion program for teenagers involved in the criminal justice system.

Food Addicts in Recovery Anonymous

1.781.932.6300 St. Matthew Lutheran Church 1200 E. Churchville Road Bel Air, MD 21014 410.838.3178 www.foodaddicts.org

Twelve-step recovery program to help gain freedom from food addiction. Meets Wednesdays, 7pm.

Food Allergy Support Group

410.836.8835

Email – foodallergysupport@comcast.net mywebpages.comcast.net/ foodallergysupport

Support group for families dealing with food allergies. Provides relevant information, education and support and meets on the first Wednesday of October, February and June at the Bel Air United Methodist Church.

Gamblers Anonymous

1.888.424.3577 www.gamblersanonymous.org

Fellowship of men and women who use the twelve-step model to overcome an addiction to gambling.

Grief Share

410.877.1824 www.mountainchristian.org

A 13-week support/study course for those dealing with the devastation of the death of a loved one. Call Mountain Christian Church for details.

Harford County Parkinson's Disease Support and Educational Group

410.955.8795 Email – rdunlop@jhmi.edu www.hopkinspdmd.org

Open to all individuals living with Parkinson's disease and their families. Monthly meetings provide the opportunity to learn about the disease and resources which will assist with disease management. Free literature is available.

Harford Hospice Bereavement Support Group

Christ Our King Presbyterian Church 10 Lexington Road Bel Air, MD 21014 410.420.6412

Support group open to all individuals dealing with grief and loss. Meets the 4th Thursday of the month from 7–9pm.

Hopewell Cancer Support

P.O. Box 755 10628 Falls Road Lutherville, MD 21093 410.832.2719 Fax – 410.337.0937 www.hopewellcancersupport.org

Weekly and monthly support and networking groups to help cancer patients and their families explore new ways to cope with cancer. Adult and children support groups, exercise and stress reduction classes, and bereavement groups. Welcome / Orientation meetings and brief interview for placement in a support group; pre-registration required. No fees.

Learning Disabilities Association of Harford County (LDAHAC)

708 Highland Road P.O. Box 98 Street, MD 21154 410.836.1415

A parent support group that provides professional information and offers individualized referrals to other professional organizations. Provides speakers on learning disabilities, disability law, and education of the disabled.

MOPS (Mothers of Preschoolers)

410.877.1824

Through Mountain Christian Church – call for details.

Mothers and More

410.420.9479

www.geocities.com/mothersandmoreharf

A national non-profit organization that supports women who are taking time from full-time employment in order to raise their children at home. Mothers and More helps women dealing with transitions between paid employment and at-home motherhood. There are bi-weekly "Moms Only" meetings, weekly playgroups, "Mom 'n Tot" activities, and family events. Call for more information.

Mountain Christian Church

1824 Mountain Road Joppa, MD 21085 410.877.1824 Deaf Ministry – 410.877.7333

Ministers to children with special needs via Sunday school, special events, fellowship events, and "Vacation Bible School" in the evenings. Also ministers to families with special needs via worship services, total communication classes (sign language), and parent support group.

National Multiple Sclerosis Society Maryland Chapter

2219 York Road, Suite 30 Timonium, MD 21093 443.641.1200 Fax – 443.641.1201 Email – info@nmss-md.org www.nationalmssociety.org/ chapters/MDM/index.aspx

Provides education about MS, information and referrals, counseling services, support groups, advocacy, short-term respite, recreational programs, and assistance with durable medical equipment to individuals with MS and their families. Educational programs and information about MS available to the community.

Overeaters Anonymous

First Presbyterian Church 224 N. Main Street Bel Air, MD 21014 410.838.9353 www.oa.org

Twelve-step program for compulsive overeaters.

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

www.pflag.org

Provides support and education to families and friends of gays and lesbians. Provides comfort and assistance to lesbians, gays, bisexuals, and transgendered individuals.

Parents Without Partners

P.O. Box 159 Bel Air, MD 21014 1.800.637.7974 www.parentswithoutpartners.org

Non-profit organization dedicated to the welfare and interests of single parents. Must call and leave a message to be informed of meeting times and locations.



Stroke Network

www.strokenetwork.org

An on-line stroke support group and information group designed to help everyone in the stroke family. Our purpose is to provide on-line support for stroke survivors and caregivers of adult stroke survivors. Stroke survivors, caregivers, and health professional are welcome.

Survivors of Incest Anonymous

P.O. Box 190 Benson, MD 21018 410.893.3322 www.siawso.org

Twelve-step, self-help recovery program, modeled after Alcoholics Anonymous, for survivors of child sexual abuse.

Toughlove International

1.866.828.0178

A non-profit support group for parents troubled by their teenager's or adult child's behavior.

Upper Chesapeake HealthLink Support Groups

1.800.515.0044 www.uchs.org/calendar *Call for dates, times, and locations.*

Visiting Nurse Association – Hospice

133 N. Bridge Street Elkton, MD 21921 1.800.898.4862

Bereavement services provided including adult support groups, bereaved survivors of AIDS support group, children's grief workshops, nursing service, and spiritual counseling.

Widowed Persons Service Program of Harford County

P.O. Box 254 Forest Hill, MD 21050 410.838.0979

Offers assistance to widowed persons through activities such as group lunches/ dinners/potluck meals, in addition to meetings with resource speakers who are available to assist in counseling with Outreach volunteers. Training is offered to Outreach volunteers who serve the newly widowed on a one-on-one basis as long as there is a need. Sponsored by many county businesses plus the Harford County AARP, and the National AARP Widowed Person Service (WPS) program. All are invited to attend, especially those who are newly widowed. Call for more information or to give a referral.

SECTION 30 Transportation

FISH (Friends In Self-Help)

P.O. Box 522
Bel Air, MD 21014
410.836.6441
-HAVRE DE GRACE/ABERDEEN
428 Battery Drive
Havre de Grace, MD 21078
410.836.6440





David R. Craig
Harford County Executive
Elizabeth S. Hendrix
Director, Dept. of Community Services

Harford Transit Link

Harford County Department of Community Services
www.harfordtransitlink.org
410-612-1621



SECTION 31 UTILITY ASSISTANCE

- –JOPPA/EDGEWOOD P.O. Box 105 Joppa, MD 21085 410.836.6442
- -WEST HARFORD FISH (Bel Air & surrounding areas Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, Delta, etc.)
 P.O. Box 552
 Bel Air, MD 21014
 410.836.6441

Three chapters of HC FISH consist of concerned citizens who volunteer their time and talents to minister to emergency needs of fellow citizens. These needs may be for food delivery (when no transportation is available), prescriptions, rent aid, utility cutoffs, transportation to doctor appointments when drivers are available,1–2 nights lodging and other various crisis. FISH depends solely on the generosity of local churches and civic groups and concerned individuals.

Harford Transit Link (Dept. of Community Services)

410.838.2562 410.612.1621 410.879.2000 TTD – 410.612.1643 www.harfordtransitlink.org

This service is provided by Harford Transit Link for the General Public and approved for operation by the Maryland Public Service Commission. Use Harford Transit Link service to travel to Aberdeen, Havre de Grace, Riverside, Edgewood, and Joppatowne. Harford Transit Link also provides services in accordance with the Americans with Disabilities Act of 1990. Vehicles are wheelchair accessible. For more information, contact the dispatcher at 410.612.1621 or 410.838.2562. Check website or call for specific schedule.

Medical Assistance Transportation

Harford County Health Department P.O. Box 797 Bel Air, MD 21014 410.638.1671 www.harfordcountymd.gov/health/

Provides appropriate transportation for Harford County medical assistance recipients to and from medical appointments covered by the Medical Assistance Program. Appointments must be made at least one working day in advance.

Traveler's Aid Program at Samaritan Center

19 W. Franklin Street Baltimore, MD 21201 410.659.4020 (front desk) www.travelersaid.org

Offers assistance with greyhound vouchers for people stranded in the area. Hours are Monday – Friday from 8:30am until 2:30pm.

SECTION 31 Utility Assistance

Crisis Assistance Services

2 S. Bond Street Bel Air, MD 21014 410.836.4700 Fax – 410.836.4945 www.dhr.state.md.us/harford.htm

Limited funding sources are available each fiscal year to help individuals and families with children who are experiencing certain types of crisis situations. May be able to help with homelessness, eviction/mortgage foreclosure, utility turn-off, natural disasters, stranded away from home or job, prescription medications, and residents recently released from the Harford County detention center.

Electric Universal Service Program

 MD Department of Human Resources Harford Co. Community Action Agency 1321 Woodbridge Station Way, Suite B Edgewood, MD 21040 410.612.9899
 www.dbr.state.md.us

Assists low-income customers with their electric bills, whether an active customer or are currently without energy. Eligible electric customers may receive help with energy efficiency measures to reduce future electric bills.

FISH (Friends In Self-Help)

P.O. Box 522
Bel Air, MD 21014
410.836.6441
-HAVRE DE GRACE/ABERDEEN
428 Battery Drive
Havre de Grace, MD 21078
410.836.6440

–JOPPA/EDGEWOOD
P.O. Box 105
Joppa, MD 21085
410.836.6442
–WEST HARFORD FISH (Bel Air & surrounding areas – Jarrettsville, Fallston, Churchville, Street, Whiteford, Pylesville, Abingdon, Darlington, Delta, etc.)
P.O. Box 552
Bel Air MD 21014

410.836.6441

Three chapters of HC FISH consist of concerned citizens who volunteer their time and talents to minister to emergency needs of fellow citizens. These needs may be for food delivery (when no transportation is available), prescriptions, rent aid, utility cutoffs, transportation to doctor appointments when drivers are available,1–2 nights lodging and other various crisis. FISH depends solely on the generosity of local churches and civic groups and concerned individuals.

Fuel Fund of Harford County

Community Action Agency 1321 B Woodbridge Station Way Edgewood, MD 21040 410.612.9899

Provides assistance to Harford County residents with paying utility bills under a certain amount. Can help people who don't qualify for MEAP. Will pay one-third of bill, electric company pays one-third, and the customer remaining one-third.

Maryland Energy Assistance Program (MEAP)

Community Action Agency 1321 B Woodbridge Station Way Edgewood, MD 21040 410.612.9899

Assists with energy costs for lowincome families. A grant is sent to energy supplier once a year.

Maryland Housing Rehabilitation Program

Harford County Housing Agency 15 S. Main Street Bel Air, MD 21014 410.638.3045 410.879.3136 Fax – 410.893.9816 www.harfordcountymd.gov/housing/

Provides funds to limited-income homeowners to improve the basic livability of a home. May provide for structural repairs and installation of energy efficiency measures. Funds are available for single-family owner-occupied units and rental properties of one to four units.

Mason-Dixon Community Services

708 Highland Road P.O. Box 34 Street, MD 21154 410.452.9025 Fax – 410.452.0077 www.mason-dixon.org

Offers food assistance, energy assistance, counseling and information referrals, and programs for children including home-based Head Start, summer camp, and a mentoring program for residents of northern Harford County. They also offer many services for all of Harford County, including a Holiday Adoption Program (for Thanksgiving and Christmas), a winter coat drive, Toys for Tots program, and Fresh Start Boxes. In addition, they offer a soup kitchen on the third Friday of every month. There is a food locker once a month where women can go to receive food and nutrition information.

Rucha, Inc.

105 W. Bel Air Avenue P.O. Box 114 Aberdeen, MD 21001 410.272.0009 Fax – 410.272.9363 Email – ruchainc@ruchainc.org www.ruchainc.org

Faith-based organization providing housing and emergency referrals, assistance with clothing, food, and utility bills, and offering educational opportunities, job training, and personal development skills.

Salvation Army

300 Rear Seneca Avenue P.O. Box 309 Havre de Grace, MD 21078 410.939.3535 Fax – 410.939.5641

Provides counseling services (related to financial or other emergency situations), food, utility assistance, emergency shelter in cold weather, and help with rent (court-ordered eviction or foreclosure up to \$250).

Tel-Life – MD Department of **Human Resources**

Maryland Department of Human Resources Tel-life Unit 311 W. Saratoga Street Baltimore, MD 21202 1.800.525.0145 www.dhr.state.md.us.fia programs/tellife.php

Tel-life program assists low-income Marylanders obtain low-cost local telephone service through Verizon. Helps individuals keep local phone rates affordable. Those who receive TCA, SSI, FS, MA, MEAP, TDAP, EUSP or PAA can apply for the program.

Trinity Evangelical Lutheran Church

1100 Philadelphia Road Joppa, MD 21085 410.679.4000 www.trinityjoppa.org

Food closet open every Thursday from 1–3pm.

Weatherization Program

Maryland Energy Conservation, Inc. 1.866.879.2283 410.612.1649 (Edgewood)

Program that helps reduce the use of energy. Services are free to eligible households and may help reduce the amount of energy used by 10–40 percent. Services include air leakage and furnace testing plus advice on the most cost-efficient energy conservation measures.

SECTION 32 Victim Resources

Division of Parole and Probation Office of Victim Services

2 S. Bond Street Bel Air, MD 21014 410.836.4679 www.dpscs.state.md.us

Provides direct and coordinated services to crime victims whose offenders are under community supervision. Offers information and referral, victim notification, needs and risk assessment, restitution assistance, victim impact statements, and case status information. Also provides assistance to domestic violence victims.

FACE TO FACE: The National Domestic Violence Project

1.800.842.4546 www.aafprs.org

Program of the Educational and Research Foundation for the American Academy of Facial Plastic and Reconstructive Surgery (AAFRPS). Offers facial plastic and reconstructive surgery to domestic violence victims to repair injuries on the face, head, and neck caused by an intimate partner.

Give Back A Smile (GBAS) Program

1.800.773.GBAS (4227) www.givebackasmile.com

Program of the American Academy of Cosmetic Dentistry that offers cosmetic dentistry to domestic violence survivors to repair injuries to the front teeth in the "smile zone" caused by an intimate partner.

Harford County Sheriff's Office Victim Services Unit

45 S. Main Street Bel Air, MD 21014 410.836.5490 www.harfordsheriff.org

Provides information, assistance and support to victims and witnesses of violent crime in Harford County. Services provided by the Victim Services Unit (VSU) include crisis intervention, referrals to the appropriate social services, court and hospital accompaniment, as well as serving as liaison to the Criminal Investigations Division for Crime Victims.

Maryland Crime Victims' Resource Center, Inc.

(formerly Stephanie Roper Foundation) 14750 Main Street, 1B Upper Marlboro, MD 20772 410.234.9885 (Baltimore office) 301.952.0063 1.877.842.8461 Fax – 301.952.2319 www.mdcrimevictims.org

Mission is to ensure that victims of violent crimes in Maryland receive justice and that these victims are treated with dignity and compassion. Provides comprehensive services to victims of all crimes, including criminal justice education, support services, legal services, faith services, and advocacy services.



Maryland Criminal Injuries Compensation Board

Suite 206, Plaza Office Center 6776 Reisterstown Road Baltimore, MD 21215 410.585.3010 1.888.679.9347 Fax – 410.764.3815 www.dpscs.state.md.us/cicb

Provides financial assistance for innocent victims of crime. The Board may compensate victims who suffer from physical injury by helping with medical expenses and by providing payment for part of their lost wages. In cases of homicide, the Board may assist with funeral expenses and lost support for the victim's dependants.

Maryland Department of Juvenile Justice – Harford County Center

2 S. Bond Street Bel Air, MD 21014 410.879.4500 Fax – 410.638.4841 www.djs.state.md.us

The Department of Juvenile Services ensures the safety of the community and the well-being and safety of the youths under DJS care, holds juvenile offenders accountable to victims and communities, and assists youths in developing competency and character to aid them in becoming successful members of society.

The National Center for Victims of Crime

2000 M Street NW, Suite 480 Washington, DC 20036 202.467.8700 1.800.FYI.CALL (helpline) Fax – 202.467.8701 www.ncvc.org

Mission is to forge a national commitment to help victims of crime rebuild their lives. Provides direct services and resources to victims, advocates for passage of laws and public policies that create resources and secure rights and protections for crime victims, and delivers training and technical assistance to victim service organizations, counselors, attorneys, criminal justice agencies, and allied professionals.

National Coalition Against Domestic Violence Cosmetic and Reconstructive Support Program

P.O. Box 18749 Denver, CO 80218 303.839.1852 ext 102 Fax – 303.831.9251 www.ncadv.org

Only direct service program that the NCADV offers to domestic violence victims. Works in partnership with three medical associations to assist survivors of domestic violence who cannot afford the cosmetic and reconstructive surgery and dentistry needed to repair the injuries they have received from a spouse or an intimate partner. Facial plastic surgeons, cosmetic dentists, and dermatological surgeons from across the country volunteer their services to assist survivors in removing the physical scars from abuse. Programs include:

National Crime Victim Bar Association

2000 M Street NW, Suite 480 Washington, DC 20036 Fax – 202.467.8701 Email – victimbar@ncvc.org www.ncvc.org/vb

Provides technical support to attorneys representing crime victims in civil actions, refers crime victims to lawyers in their local area, and works to increase general awareness about the availability of civil remedies for victims of crime.

National Organization for Victim Assistance

Courthouse Square 510 King Street, Suite 424 Alexandria, VA 22314 703.535.NOVA Fax – 703.535.5500 www.trynova.org

Promotes rights and services for victims of crime and crisis everywhere. Provides national advocacy, direct services to victims, assistance to professional colleagues, and membership activities and services.

Sexual Assault / Spouse Abuse Resource Center (SARC)

P.O. Box 1207
Bel Air, MD 21014
410.836.8430 (24-hour helpline)
410.836.8431 – administration
410.879.3486 – Baltimore line
Fax – 410.838.9484
www.sarc-maryland.org

Provides confidential domestic violence and sexual assault services in Harford County. Services include a safehouse for victims of domestic violence and their children, legal services, individual and group counseling for victims and children, an abuser intervention program, crisis intervention, community outreach, education and professional training, and court and hospital accompaniment.

State's Attorney's Office

Circuit Court, 1st Floor 20 W. Courtland Street Bel Air, MD 21014 410.638.3500

Fax – 410.838.2023 (circuit court fax) Fax – 410.638.3195 (district court fax) www.harfordcountymd.gov/StatesAttorney

Primarily responsible for the investigation and prosecution of criminal cases at the trial level. In this regard the State's Attorneys work with the police in the development of cases, presentations to the Grand Jury, and trial of cases in the Circuit, District or Juvenile Court. The Family Support Division works with the Bureau of Support Enforcement to establish paternity, set, and collect child support. Has specialized units to deal with domestic violence and child abuse and victims-witness concerns.

State's Attorney's Office Victim Witness Assistance Unit

20 W Courtland Street, 1st Floor Bel Air, MD 21014 410.638.3243 410.879.3204 Fax – 410.838.2023 www.harfordcountymd.gov/StatesAttorney

Once a criminal case is indicted by the Grand Jury, the Victim Witness Assistance Unit establishes contact with the victim by sending a letter and brochure explaining the rights to which the victim is entitled. Through early contact with the victim, any specialized needs of the victim can be addressed and the trauma of the criminal justice process is minimized.



SECTION 33 VOLUNTEER OPPORTUNITIES

Victim Information and Notification Everyday (VINE Line)

1.866.MD4VINE (1.866.634.8463) www.vinelink.com

Provides court case and custody status information for an offender currently involved in the criminal justice system in Maryland. Victims may register to receive telephone notification for certain court case and custody status events. The Maryland VINE service is available in both English and Spanish.

SECTION 33 Volunteer Opportunities

Volunteer Harford (Dept. of Community Services)

319 S. Main Street Bel Air, MD 12014 410.638.4444

www.volunteerharford.org

Volunteer Harford provides personal service to potential volunteers who wish to share their time and talents; works to match skills and interests with an agency/organization. Volunteer Harford maintains an extensive, up-to-date listing of many volunteer service opportunities available in both Harford and Cecil counties for individuals, groups, and families who want to meet important community needs. Training is generally provided.

SECTION 34 Women's Resources

Anna's House

P.O. Box 88 Bel Air, MD 21014 410.803.2130 www.catholiccharities-md.org/ Community/annashouse.html

Transitional housing program for homeless women and their children that offers counseling, career skills training, and employment assistance to help them resume independent lives. Must have referral from DSS or another social service agency.

Birthright Pregnancy Aid Center

38 East Gordon Street Bel Air, MD 21014 410.838.0443 1.800.550.4900 www.birthrightofbelair.org

Birthright is a free confidential pregnancy help center. No politics, no judgment, no conditions or selling. We've been helping people in Harford and the surrounding counties for over 38 years. Birthright of Bel Air is staffed by trained volunteers prepared to offer personal help to all those involved in an untimely pregnancy, regardless of their circumstances. Together we will assess the situation and explore alternatives and resources available. Make Birthright your first call for help.

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- Creative Graphic Design, Layout and Printing

- Direct Mail Marketing
- Community Outreach & Non-profit Relations
- TV, Radio and Print Ad Campaigns – Branding
- Transit Bus/Outdoor Advertising

Chesapeake Mommies

Email – admin@chesapeakemommies.com www.chesapeakemommies.com

ChesapeakeMommies.com offers a simple way to connect with local moms for friendship, support and fun. Members meet on our forums to share information on everything from where to get the best haircut to tips on transitioning to a "big kid" bed. Each month, they also offer many face-to-face events for members, their children and their families.

Harford County Commission for Women (Dept. of **Community Services)**

319 South Main Street Bel Air, MD 21014 410.638.3389 www.harfordcountymd.gov

The Commission for Women is comprised of 15 volunteer members. The Commission assembles, analyzes and disseminates information to help meet the needs of women; studies conditions that demonstrate inequalities and unmet needs; and recommends procedures and legislation to remedy inequalities. Promotes a positive image of women and helps to provide recognition of their accomplishments. The monthly meetings are open to the public; all are welcome.

League of Women Voters of Harford County

P.O. Box 291 Bel Air, MD 21014 410.272.1815 Email – info@harford.lwvmd.org www.harford.lwvmd.org

The League of Women Voters of Harford County is a respected grassroots organization that is strictly nonpartisan. The League is dedicated to providing wellresearched and unbiased information so that all voters may become better informed. Services include voter registration and education. Free monthly e-newsletter.

MOPS (Mothers of Preschoolers)

410.877.1824

Through Mountain Christian Church – call for details.

Retired Officer's Wives Club

410.592.8376

Sexual Trauma Treatment

103 Chesapeake Boulevard, Suite A Elkton, MD 21921 410.392.4485 410.272.6771 Fax – 410.569.8013

Outpatient treatment is provided to all eligible veterans by a team of professionals who have specialized knowledge and experience in understanding the physical and emotional aftermath of sexual trauma. Eligible veterans are those men and women who have been sexually assaulted or harassed while in the military or who have a history of sexual assault, rape, or incest. Call for information on all programs.

Sisters Striving for Success

593 Windsong Drive Aberdeen, MD 21001 410.273.6367

A non-profit organization providing social, financial, and educational support to the youth in Harford County, guiding them toward academic excellence and improving their overall quality of life. The outreach program provides support to disadvantaged youth to aid them in overcoming difficult and challenging situations.

Women's Breast and Cervical Cancer Screening Program

Harford County Health Department 1321Woodbridge Station Way Edgewood, MD 21040 410.612.1780

This program covers breast and cancer screening for women between 40 and 64 who are Maryland residents, uninsured or under insured, and meet income guidelines.

Women's Law Center of Maryland

305 W. Chesapeake Avenue, Suite 201 Towson, MD 21204 410.321.8761 Email – admin@wlcmd.org Employment law hotline -1.877.422.9500 Tuesdays 9:30–1pm Family law hotline – 1.800.845.8550 Monday - Friday 9:30am-4:30pm Legal forms helpline - 1.800.818.9888 Tuesdays and Fridays – 9am–12:30pm, Wednesdays 9am-12:30pm and 4-7pm and Thursdays 9am-4pm Fax - 410.321.0462 www.wlcmd.org

Offers a variety of legal services for women including a family law hotline, legal form helpline, advocacy and representation for Protective Orders, and the Multi-Ethnic Domestic Violence Project.

Women's Resources Towson University

8000 York Road University Union, Room 313 Towson, MD 21252 410.704.2666

Sponsors discussion groups, speakers, films, and books. Referral file maintained on various services including legal, medical, and mental health. Lounge can be reserved for meetings.

Women's Wellness Program

Harford County Health Department 119 S. Hays Street Bel Air, MD 21014 410.638.8470 www.harfordcountymd.gov/health

Offers a family planning clinic that provides comprehensive medical services for women who need birth control (including STD testing), a colposcopy clinic for women who have had an abnormal pap smear, and free pregnancy testing. There is a sliding scale fee and the health department does submit claims to insurance companies if the patient has insurance.



HAVE AN AGING PARENT?

Visit the Office on Aging.

LOOKING TO VOLUNTEER?

Welcome to Volunteer Harford.

ARE YOU A NONPROFIT LOOKING FOR A GRANT?

Talk to Community Development.

WANT TO IMPROVE THE LIFE OF A CHILD?

Mentor or visit the Local Management Board.

NEED TRANSPORTATION?

Take Harford Transit Link.

ARE YOU A BUSINESS LOOKING TO EXPAND ADVERTISING?

Advertise on the Link.

KNOW SOMEONE WITH A SUBSTANCE ABUSE ISSUE?

Contact the Office of Drug Control Policy.

LOOKING TO SOLVE A DISPUTE?

Call the Mediation program.

Book us on your Smart Phone! Services, programs, community events, training opportunities, and so much more.

What you don't know about Community Services... is probably a lot.



David R. Craig
Harford County Executive
Elizabeth S. Hendrix
Director, Dept. of Community Services

Harford County Department of Community Services www.harfordcountymd.gov/services 410-638-3389



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